

For details on residency dates,  
teaching staff and reading lists,  
please visit our website at

[www.prairiejubilee.ca](http://www.prairiejubilee.ca)

There are no educational prerequisites  
for application to Prairie Jubilee.  
Applications are evaluated by the  
Instructors.

### Academic credit

This program may be taken for  
credit through The United Centre  
for Theological Studies, University  
of Winnipeg. Students seeking credit  
would also need to meet U of W  
academic prerequisites.

To register, and for information  
about the University of Winnipeg  
credit option, contact the registrar at  
[info@prairiejubilee.ca](mailto:info@prairiejubilee.ca)

For detailed information  
about the curriculum, see  
the University of Winnipeg website at  
[theology.uwinnipeg.ca](http://theology.uwinnipeg.ca)  
Course GTheo 7415



*In association with:*




THE UNIVERSITY OF  
**WINNIPEG**  
The United Centre for Theological Studies



**Jubilee Associates**  
the Canadian Jubilee Programs  
of Spiritual Direction

# Prairie Jubilee

Practical education in  
spiritual formation,  
soul development  
and the art of  
spiritual direction.



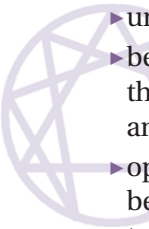
All the real things in life  
are in accord with a very slow  
rhythm like the changing  
of the seasons and the  
coursing of the stars.

# The Prairie Jubilee Program seeks to foster freedom in all individuals. It honours all sacred traditions and seeks to assist participants in realizing their own call to participate in earth's evolving future.

## What is Prairie Jubilee?

The Prairie Jubilee Program is a two year training program in spiritual formation and Spiritual Direction. It follows a mentorship model with home-based practicum requirements.

The program uses the enneagram symbol of transformation as a map of the inner life. It involves:

- 
- ▶ understanding oneself and others
  - ▶ being faithful to one's inner soul life that sees no divide between heart and intellect
  - ▶ opening to the world of spirit while being grounded in the Christian tradition
  - ▶ practicing forms of service, meditation and prayer that can transform our lives.

Integrative elements are consciously woven into each day, and prayer and study provide contemplative dimensions.

## Prairie Jubilee seeks to explore the interrelationship of body, soul & spirit.

Our aim is to deepen our understanding of the nature of personality, it's place of service to our deeper self and to the world, and to be more conscious of the influence of spirit in our lives.

With this as the basis for our spiritual development, we focus on the art of listening, discernment, contemplation and imagination, and seek to broaden our understanding of soulful living as the basis for true right action.

We mentor, support and supervise participants, helping them to engage as catalysts in creating contemplative communities and providing spirit-filled leadership wherever their journeys take them.

Fostering commitment to traditional and contemporary practices of the spiritual life, Jubilee fosters inner change and offers a path of spiritual self-development.

In a busy world Jubilee offers Sabbath and a rich network of companions for the journey.

*Each participant  
is accompanied by a mentor.*

## Year 1 components

- ▶ Two 6-day residencies – one in September and another in April
- ▶ Assigned and supplementary reading
- ▶ Three theme papers and one integration paper
- ▶ Three day silent retreat
- ▶ Regular spiritual direction
- ▶ Facilitation of a monthly home-based Journey Group

## Year 2 components

- ▶ Two 6-day residencies – one in September and another in April
- ▶ Assigned and supplementary reading
- ▶ Three theme papers and one position paper
- ▶ Four day silent retreat
- ▶ Continuation of regular spiritual direction
- ▶ Supervised practicum in providing spiritual direction
- ▶ Participation in a monthly home-based peer-support group

*On completion of the program  
participants will receive  
a Prairie Jubilee Certificate.*

evocative    contemplative    spacious    transformative    embodied