

THFM-4137-001 (4 credit hours)

**ADVANCED VOICE 1**

Fall/Winter 2020/2021  
T/TH 11:30-12:45  
Online using Nexus & ZOOM software

Professor: Shannon Vickers  
E-mail: vickers.shannon@gmail.com  
Online Office Hours: W 10:00-12:00  
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**COURSE DESCRIPTION**

This course covers the anatomy and physiology of the voice, which informs a progressive curriculum of embodied vocal skills including breath responsiveness, ease of phonation (vibration), forward placement of tone, resonance, range, freedom of articulation, and awareness of speech action. Other areas covered include vocal health/hygiene, application of voice work connected to thought and action through various texts, and performance support and coaching. Students explore their vocal habits and build a repertoire of vocal technique in studio classes, and gain experience in applying new skills to their acting work in performance.

**This course aims to:**

1. help the actor recognize and identify personal strengths and challenges in his or her vocal and speech choices, as well as to develop a working method that encourages full and free vocal usage.
2. introduce the speaker to a variety of exercises that connect thought and impulse to a free range of vocal expressivity.
3. help the actor apply vocal technique to his/her acting work by connecting specificity of thought with impulse and action.

**In addition to the above objectives, this course specifically aims to enable you to:****VOICE**

- have a cognitive and experiential understanding of how the voice works physiologically
- have the knowledge to care for your voice, including how best to develop and protect it
- express thoughts and emotion without tightening the body
- employ a forward placement of tone and have the ability to both isolate and blend various resonances.

**TEXT AND LANGUAGE SKILLS**

- The ability to delve into and understand the thoughts of a text, and to communicate them with specificity. This includes a knowledge of the structure of language and of various writing styles in prose and poetry.
- Knowledge of all of the tools of vocal communication (pitch, inflection, pause, volume, intensity, rate, duration, phrasing, etc) and a beginning ability to use these tools effectively.
- A growth in personal vocabulary and demonstration of clear language use for personal expression.

**METHODS**

- Daily warm-ups and exercises in voice and speech. You are responsible for knowing and **practicing** all the

exercises learned in class. Good daily practice/review sessions outside of class, and detailed journal notes are essential to help you learn and receive full benefit from the exercises, and to help your body to learn these new patterns and ways of communicating.

- A class journal/notebook is required for daily notations. Make note of: exercises done in class that day, personal observations on progress, discoveries, and outside observations of vocal behaviour. Students are expected to complete the day’s journal entry for homework.

**EVALUATION**

**Fall Term**

<b>Class Participation</b> .....	10%
<i>Includes attendance at scheduled synchronous classes (punctuality and lateness), engagement with the work at hand, class discussion, insight into one’s progress and process and a commitment to challenge oneself, try new things, and take risks as a means of learning new skills. Students will collaborate with the instructor on the assessment process of this component, by self-grading their participation and practice sessions regularly. Students are expected to be in timely and thorough communication with the instructor should internet issues arise.</i>	
<b>Vocal and Linguistic Pastiche (Oct 20 &amp; 22)</b> .....	15%
<b>Poetry (First Pass Nov 5; Final Dec 1 &amp; 3)</b> .....	15%
<b>Reflective Practice Paper (Dec 4)</b> .....	10%
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Fall Total .....	50%

**Winter Term**

<b>Class Participation</b> .....	10%
<i>Includes attendance at scheduled synchronous classes (punctuality and lateness), engagement with the work at hand, class discussion, insight into one’s progress and process and a commitment to challenge oneself, try new things, and take risks as a means of learning new skills. Students will collaborate with the instructor on the assessment process of this component, by self-grading their participation and practice sessions regularly.</i>	
<b>Application to Honours Production (Feb 9)</b> .....	15%
<b>Podcast (April 6)</b> .....	15%
<b>Reflective Practice Paper (April 9)</b> .....	10%
Winter Total.....	50%

**COURSE TOTAL**..... **100%**

**Required Texts**

*Atomic Habits* by James Clear.

**Fall Term Advanced Voice 1 THFM-4137 Professor Shannon Vickers**

Week 1 Sep 8, 10	Tu 1	C/O + Syllabus Agreement	
	Th 2	<b>Intro to Vocal &amp; Linguistic Pastiche Presentation</b> <b>Intro to Picture Sharing</b>	
Week 2 Sep 15, 17	Tu 3	Breath, Body & Voice: Basics Intro (1) 4 Stages of Learning Framework	
	Th 4	<b>Picture Sharing</b>	
Week 3 Sep 22, 24	Tu 5	Anatomy & Physiology, Vocal Hygiene, SOVT exercises, larynx model for reference + Prep Pastiche	
	Th 6	Habitual vs Optimum Pitch Prep Pastiche	
Week 4 Sep 29, Oct 1	Tu 7	Breath, Body & Voice: Basics (2) Prep Pastiche	
	Th 8	Breath, Body & Voice: Basics (3) Prep Pastiche	
Week 5 Oct 6, 8	Tu 9	Breath, Body & Voice: Basics (4) Prep Pastiche	
	Th 10	Breath, Body & Voice: Basics (5) Prep Pastiche <b>Intro to Poetry Assignment</b> <b>Intro to Reflective Practice Paper</b>	
Reading Week October 12-16			
Week 6 October 20, 22	Tu 11	<b>Pastiche Presentations (15%)</b>	
	Th 12	<b>Pastiche Presentations (15%)</b>	
Week 7 Oct 27, 29	Tu 13	Debrief of Pastiche Presentations	
	Th 14	Breath, Body & Voice: Basics (6)	
Week 8 Nov 3, 5	Tu 15	Breath, Body & Voice: Basics (7) Prep Poems	
	Th 16	Breath, Body & Voice: Basics (8) Prep Poems	
Week 9 Nov 10, 12	Tu 17	Breath, Body & Voice: Basics (9) Prep Poems	
	Th 18	Breath, Body & Voice: Basics (10) <b>Poem Presentations (First Pass)</b>	
Week 10 Nov 17, 19	Tu 19	Breath, Body & Voice: Basics (11) Prep Poems	
	Th 20	Breath, Body & Voice: Basics (12) Prep Poems	
Week 11 Nov 24, 26	Tu 21	Breath, Body & Voice: Basics (13) Prep Poems	
	Th 22	Breath, Body & Voice: Basics (14) Prep Poems	

Week 12 Dec 1, 3	Tu 23	<b>Poem Presentations (15%)</b>	
	Th 24	<b>Poem Presentations (15%)</b>	
		<b>Reflective Practice Paper 10% Due Dec 4 @ 12 noon</b>	

### Winter Term Advanced Voice 1 THFM 4137 Professor Shannon Vickers

Week 1 Jan 7		<i>(Rehearsals begin for 3<sup>rd</sup> year show)</i>	
	Th 1	Breath, Body & Voice: Intermediate (1) +rehearsals continue	
Week 2 Jan 12, 14	Tu 2	Breath, Body & Voice: Intermediate (2) +r ehearsals continue	
	Th 3	Breath, Body & Voice: Intermediate (3) + rehearsals continue	
Week 3 Jan 19, 21	Tu 4	Breath, Body & Voice: Intermediate (4) + rehearsals continue	
	Th 5	Breath, Body & Voice: Intermediate (5) + rehearsals continue	
Week 4 Jan 26, 28	Tu 6	Breath, Body & Voice: Intermediate (6) Text coaching support + rehearsals continue	
	Th 7	Breath, Body & Voice: Intermediate (7) Text coaching support + rehearsals continue	
Week 5 Feb 2, 4	Tu 8	Breath, Body & Voice: Intermediate (8) Text coaching support + rehearsals continue	
	Th 9	Breath, Body & Voice: Intermediate (9) Breathing & Voicing the Space (tech)	
Week 6 Feb 9, 11	Tu 10	<b>Application to Performance (15%)</b>	
	Th 11	Voice care and maintenance mid-run	
Reading Week Feb 15-19			
Week 7 Feb 23, 25	Tu 12	Debrief 3 <sup>rd</sup> year show	
	Th 13	<b>Intro to Podcast Assignment Intro to Reflective Practice Paper</b>	
Week 8 March 2, 4	Tu 14	Breath, Body & Voice: Intermediate (10) Prep Podcast	
	Th 15	Breath, Body & Voice: Intermediate (11) Prep Podcast	
Week 9 March 9, 11	Tu 16	Breath, Body & Voice: Intermediate (12) Prep Podcast	
	Th 17	Breath, Body & Voice: Intermediate (13) Prep Podcast	
Week 10 March 16, 18	Tu 18	Breath, Body & Voice: Intermediate (14) Prep Podcast	
	Th 19	Breath, Body & Voice: Intermediate (15) Prep Podcast	

Week 11 March 23, 25	Tu 20	Breath, Body & Voice: Intermediate (16) Prep Podcast	
	Th 21	Breath, Body & Voice: Intermediate (17) Prep Podcast	
Week 12/13 March 30, April 1, 6	Tu 22	Breath, Body & Voice: Intermediate (18) Prep Podcast	
	Th 23	Breath, Body & Voice: Intermediate (19) Prep Podcast	
	Tu 24	<b>Podcasts Submitted/Uploaded April 6 (15%)</b> <b>Reflective Practice Paper (10%)</b> <b>Due Friday, April 9 @12 noon</b>	

### NOTES FOR PERFORMANCE COURSES

- Senior acting students scheduled to perform in a departmental public exercise will be expected to attend rehearsals, either online or in person depending on the Instructor's schedule. Rehearsals for final presentations and public exercises are scheduled well in advance; students must arrange their university and work schedules so as not to conflict with them. Students must attend **ALL** scheduled rehearsals.
- Any student who repeatedly misses rehearsals, arrives late, or fails to rehearse adequately will be asked to withdraw from the course (see Attendance note, above).
- As many of our classes are physical in nature, students are asked to wear comfortable clothing. **Even while working on-line, there will be physical work required. Ideally the student will have space to move while on-line and be dressed to move.** If there are limitations due to the student's remote environment, adjustments should be made with the instructor in advance.
- No eating, chewing gum, or wearing a mask during on-line work.
- In a presentation environment, student actors, like professionals, are expected to provide their own basic makeup supplies where required. **ABSOLUTELY NO SHARING OF MAKEUP** will be allowed due to the potential health risks.
- Senior acting students scheduled to perform in a departmental public exercise are asked not to modify their hair colour or style without first checking with the instructor/director.
- When attending classes, rehearsals or labs in the Theatre building, outdoor footwear **must be removed** before entering **ANY** of the Studios: **0T09** (Concourse Studio), **0T19** (Mime Lab), **1T15** (Theatre), **2T05** (2nd Floor Studio), **2T15** (Movement Studio). We suggest you bring suitable dance shoes or slippers to wear if working in one of these spaces. Your professors will monitor and enforce this regulation in order to preserve the integrity of the special flooring in these rooms. Please respect this rule.

- Students attending rehearsals or labs in the Theatre building are **not allowed** bring props, costumes, or furnishings to support in-person scene presentations for health and hygiene reasons.
- Students attending rehearsals or labs in the Theatre building **MUST NOT move existing furnishings from their current locations.**

### **STUDENT PARTICIPATION POLICY & COURSE CONTENT NOTE**

Theatre is a communal art form in which a number of interdependent artists and crafts people co-operate to create a work of art. This fact is necessarily transferred to the learning situation, and is reflected in many of the Department's courses. Consequently, it is the Department's policy that students are required to: complete homework such as reading, line-learning, script analysis, prop lists, design drawings, etc.; attend classes; attend rehearsals both within and outside of class times; and, in short, to exhibit commitment towards the inevitably shared endeavours of our field of study.

Any student failing to fulfil these requirements is harmful to the progress of dedicated students and may, after due warning, be asked to withdraw from any individual Departmental course.

### **COURSE CONTENT NOTE**

Dramatic literature depicts a wide range of human actions, both elevated and base, public and private, physical and psychological, sexual and non-sexual, etc. Acting students must learn to simulate life truthfully in interaction with other students in the safety of the acting class and the rehearsal hall through exercises, discussions, and directions which address rather than avoid truthful, particularized, personalized action.

Much of an actor's work is based upon actual experiences of life which become translated into fictional circumstances. Because of this, the teaching of acting may involve encouraging the student to examine personal and even intimate areas of life to help him or her access life experiences appropriate to the demands of the work.

Performance classes often require strenuous physical activity. When in-person, classes and rehearsals may also involve physical interaction between students as part of class exercises or character development and occasional physical contact by instructors for purposes such as the demonstration of a technique or to make a posture correction. Students are responsible for wearing clothing appropriate to these activities.

Students who have concerns about dealing with the full range of actions and subject matter involved in drama are urged to discuss these concerns with their course instructor.

### **HEALTH AND ACCESSIBILITY SERVICES**

Life happens to everyone. If you are experiencing a crisis in your life, or if you have a physical or mental health issue, communicate with your Professor or Accessibility Services – let us know so we can provide support or direct you to those who can. The earlier we know, the earlier we can discuss what resources might be available. Students with documented disabilities, or temporary or chronic medical conditions requiring academic accommodations for tests/exams/presentations (e.g., private space or more time) or during lectures/labs (e.g., note-takers) are encouraged to contact Accessibility Services (AS) at 204-786-9771 or [accessibilityservices@uwinnipeg.ca](mailto:accessibilityservices@uwinnipeg.ca) to discuss appropriate options. All information about a student's disability or medical condition remains confidential. If you are registered with Accessibility Services, do not assume that Accessibility Services (AS) has informed your instructor that you have

registered with them. Please see <http://www.uwinnipeg.ca/accessibility>. If you do not register with AS, you cannot be granted special consideration (e.g. extra time to write exams/tests, attendance issues because of physical or mental health conditions, etc.).

The University of Winnipeg promotes a scent-free environment. Please be respectful of the needs of your fellow classmates and your instructor by avoiding the use of scented products while attending on-campus lectures and labs. Exposure to perfumes and other **scented products (such as lotion)** can trigger serious health reactions in persons with asthma, allergies, migraines or chemical sensitivities. We are asking for your cooperation to create a scent-free environment **on campus** by students, faculty and staff.

### **"THE REAL THING" LECTURE SERIES**

During the FW terms, the Department of Theatre and Film presents a series of six lectures held on Wednesdays during the free period (12:30-13:20); in 20-21, these will be presented online (by Zoom or other platform). This series will feature speakers from a range of areas in the performing arts: technical, performance, design, management, film, directing, playwriting, etc. These speakers will specifically address issues related to "the business of the business."

The first Lecture will take place at 12:30 pm Wednesday, September 23<sup>rd</sup>, and features Yolanda Bonnell, a performer and playwright of Ojibwe and South Asian descent, from Fort William First Nation Indian Reserve in Thunder Bay, ON. Now based in Toronto, Yolanda graduated from Humber College's theatre performance program and was named one of NOW Magazine's artists to watch in Summerworks in 2016.

Further guests and dates will be confirmed in September.

Normally, attendance at **EVERY** lecture is mandatory for all Honours students in Theatre (4000-level courses, all areas), as well as students in THFM-3110-001 Screen Acting, THFM-3201 Styles in Design, and THFM-3801 Production II, and any other appropriate 3000-level course being taught in the term.

For the unusual circumstances of 2020-21, attendance is **STRONGLY RECOMMENDED** for all Honours students, 3000-level THFM majors, potential Theatre Honours/Majors and for Film Majors.

Dates and delivery method will be confirmed in September. Please see our department website in the Fall for information.

### **ORIENTATION ASSEMBLY**

Each year in September we hold an *Orientation Assembly* to welcome students to the new term; introduce our new students to faculty and other students; provide information about the department, its various activities and those of its professors; and deliver news about what's coming up. Those considering Honours are strongly recommended to attend. All others are welcome and encouraged to attend.

This September, the Assembly will likely happen via Zoom. Date and delivery method will be confirmed in early September. Please see our department website for information.

**TAFSA**

All students enrolled in at least one theatre or film class are automatically members of TAFSA, the Theatre and Film Students' Association, which plans a number of exciting activities each academic year. Activities organized by TAFSA include regular **Performance Jams**, **Department parties** and **Socials** as well as **DioFest** (a new play festival featuring student written and produced plays), and **24/7** (an event in which students move into our building and several plays are written, rehearsed, produced, and presented – all in a period of 24 hours!).

Please join TAFSA to find out more at their meetings, every second Monday from 12:30-13:20 pm (by Zoom or other platform in 2020-21). This is a great opportunity for students to connect with other like-minded people and a way to get involved in the department events.

**BUILDING SECURITY**

To safeguard the health of the UWinnipeg community — and support public health efforts — during the ongoing COVID-19 situation, the UW campus is closed until further notice. All academic instruction and evaluation will continue through alternate delivery.

The Asper Centre for Theatre and Film (home to the Department of Theatre and Film) is CLOSED as per Campus policy. Access for students attending in-person labs in our building will be arranged as necessary. All studios and labs are locked 24/7.

**NOTE:** It is **MANDATORY** that anyone attending labs or rehearsals in the building carry an ID card/student card to verify they are allowed to be on campus. If a Security Guard checks and you do not have proper accreditation, **you will be evicted.**

These rules are in place to protect our students and our equipment; please respect them.

**RECORDING ON-LINE CLASSES**

The instructor may choose to record a zoom or video class if there are online connectivity issues, absences, or to post to Nexus for later review.

If a lecture is recorded, students will be given notice (via the course outline or on a case-by-case basis) that their personal information may be captured; informed of how long the recording will be retained; and whether the recording will be used for evaluation of any kind. Students will also be given the option to turn off their cameras/microphones and use pseudonyms to remain anonymous (except where class participation is required).

Students with concerns or who wish to seek alternate arrangements may discuss the matter with the instructor.

Access to recordings will be limited to the academic staff, students, and others with a legitimate need. Recordings containing student personal information will not be posted publicly, but only on UW-approved servers.

**No student is allowed to disseminate recordings outside of the class or post recordings publicly. Access to the recordings will be limited to the instructor and the students.**



## **ELECTRONIC COURSE OUTLINE ADDENDA**

Students must check our website at <http://uwinnipeg.ca/theatre-film> and read the menu items called *Fire Safety Instructions in the Asper Centre for Theatre and Film* and *Access Card/Building Use Policy*.

Room bookings at the ACTF are suspended until at least December 31, 2020 and possibly longer. However, when we are able to allow students to book rooms again, links to *Room Booking Instructions* and electronic *Online Room Booking Form* can also be found on our department website. Please read and note all instructions carefully.

## **GENERAL NOTES**

- Students can find answers to frequently ask questions related to remote learning here: <https://www.uwinnipeg.ca/covid-19/remote-learning-faq.html>.
- Students should check their UWinnipeg e-mail addresses daily as this is the most direct way instructors and the University will contact students, particularly during the current remote learning environment.
- This course outline should be considered a guideline only. Time constraints and other unforeseen factors may require that some topics be omitted or covered in less detail than indicated.
- Archival records such as videotapes, sound recordings, and photographs may be made or taken during class or lab times. The University uses such materials primarily for archival, promotional, and teaching purposes. Promotional use may include display at open houses or conferences, or use in advertising, publicity, or brochures. In reading and accepting the terms in this course outline, students acknowledge consent for such use by the University. Should a student not wish to convey such consent, they should withdraw from this course immediately.
- Unless necessary for accessing class, cellular phones should be turned off during classes and examinations. Texting is not permitted in class.
- Any student attending a test or final examination may be required to present proof of identity; photo identification is preferred.

It is the student's responsibility to retain a photocopy or computer disk copy of **ALL** assignments submitted for grading; in the event of loss or theft, a duplicate copy is required.

- When it is necessary to cancel a class due to exceptional circumstances, instructors will make every effort to inform students via uwinnipeg email (and/or using the preferred form of communication, as designated by the instructor), as well as the Departmental Assistant and Chair/Dean. ***Students are reminded that they have a responsibility to regularly check their UWinnipeg e-mail addresses to ensure timely receipt of correspondence from the university and/or their course instructors.***
- **Regulations, Policies, and Academic Integrity:** Students are encouraged to familiarize themselves with the "Regulations and Policies" found in the University Academic Calendar at: <https://uwinnipeg.ca/academics/calendar/docs/regulationsandpolicies.pdf>. Particular attention should be given to subsections **8 ("Student Discipline")**, **9 ("Senate Appeals")**, and **10 ("Grade Appeals")**.

Please note the importance of maintaining academic integrity, and the potential consequences of engaging in plagiarism, cheating, and other forms of academic misconduct. Even “unintentional” plagiarism, as described in the UW Library video tutorial “Avoiding Plagiarism” (<https://www.youtube.com/watch?v=UvFdxRU9a8g>) is a form of academic misconduct.

Similarly, uploading essays and other assignments to essay vendor or trader sites (filesharing sites that are known providers of essays for use by others who submit them to instructors as their own work) is a form of misconduct, as it involves “aiding and abetting” plagiarism. More detailed information can be found here: Academic Misconduct Policy and Procedures: <https://www.uwinnipeg.ca/institutional-analysis/docs/policies/academic-misconduct-policy.pdf> and <https://www.uwinnipeg.ca/institutional-analysis/docs/policies/academic-misconduct-procedures.pdf>.

- **Copyright and Intellectual Property.** Course materials are the property of the instructor who developed them. Examples of such materials are course outlines, assignment descriptions, lecture notes, notes on whiteboards, test questions, and presentation slides—irrespective of format. Students who upload these materials to filesharing sites, or in any other way share these materials with others outside the class without prior permission of the instructor/presenter, are in violation of copyright law and University policy.

Students must also seek prior permission of the instructor/presenter before, for example, photographing, recording, or taking screenshots of slides, presentations, lectures, and notes on the board. Students found to be in violation of an instructor’s intellectual property rights could face serious consequences pursuant to the Academic Misconduct or Non-Academic Misconduct Policy; such consequences could possibly involve legal sanction under the Copyright Policy ([https://copyright.uwinnipeg.ca/docs/copyright\\_policy\\_2017.pdf](https://copyright.uwinnipeg.ca/docs/copyright_policy_2017.pdf)).

- **Research Ethics.** Students conducting research interviews, focus groups, surveys, or any other method of collecting data from any person, including a family member, must obtain research ethics approval before commencing data collection. Exceptions are research activities done in class as a learning exercise. For submission requirements and deadlines, see <http://www.uwinnipeg.ca/research/human-ethics.html>.
- **Privacy.** Students should be familiar with their rights in relation to the collecting of personal data by the University (<https://www.uwinnipeg.ca/privacy/admissions-privacy-notice.html>), especially if Zoom is being used for remote teaching (<https://www.uwinnipeg.ca/privacy/zoom-privacy-notice.html>) and testing/proctoring (<https://www.uwinnipeg.ca/privacy/zoom-test-and-exam-proctoring.html>).
- **Respectful Learning Environment.** All students, faculty and staff have the right to participate, learn and work in an environment that is free of harassment and discrimination. Students are expected to conduct themselves in a respectful manner on campus and in the learning environment irrespective of platform being used.

Behaviour, communication, or acts that are inconsistent with a number of UW policies (e.g., *Respectful Working and Learning Environment Policy* at <https://www.uwinnipeg.ca/respect/respect-policy.html>; *Acceptable Use of Information Technology Policy* at <https://www.uwinnipeg.ca/institutional-analysis/docs/policies/acceptable-use-of-information-technology-policy.pdf>) could be considered “non-academic” misconduct.

More detailed information can be found here:

*Non-Academic Misconduct Policy and Procedures:* <https://www.uwinnipeg.ca/institutional-analysis/docs/student-non-academic-misconduct-policy.pdf>

And <https://www.uwinnipeg.ca/institutional-analysis/docs/student-non-academic-misconduct-procedures.pdf>.

- Students may choose not to attend classes or write examinations on holy days of their religion, but they must notify their instructors at least two weeks in advance. Instructors will then provide opportunity for students to make up work examinations without penalty. A list of religious holidays can be found at <http://uwinnipeg.ca/academics/calendar/docs/important-notes.pdf>

### **VOLUNTARY WITHDRAWAL DATES**

The voluntary withdrawal dates for each term, without academic penalty, are:

- **FALL TERM COURSES:** November 17, 2020 for Fall courses which begin in September 2020 and end in December 2020;
- **FALL/WINTER TERM COURSES:** February 23, 2021 for Fall/Winter courses which begin in September 2020 and end in April 2021;
- **WINTER TERM COURSES:** March 16, 2021 for Winter courses which begin in January 2021 and end in April 2021.

Students are encouraged to speak to the Instructor before withdrawing to explore other options.

**Please note that withdrawing before the VW date does not necessarily result in a fee refund.**