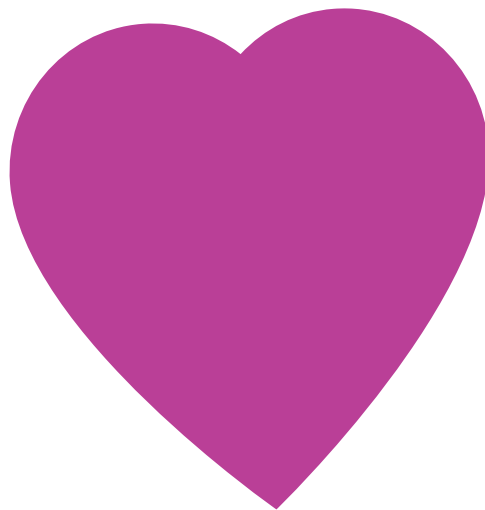
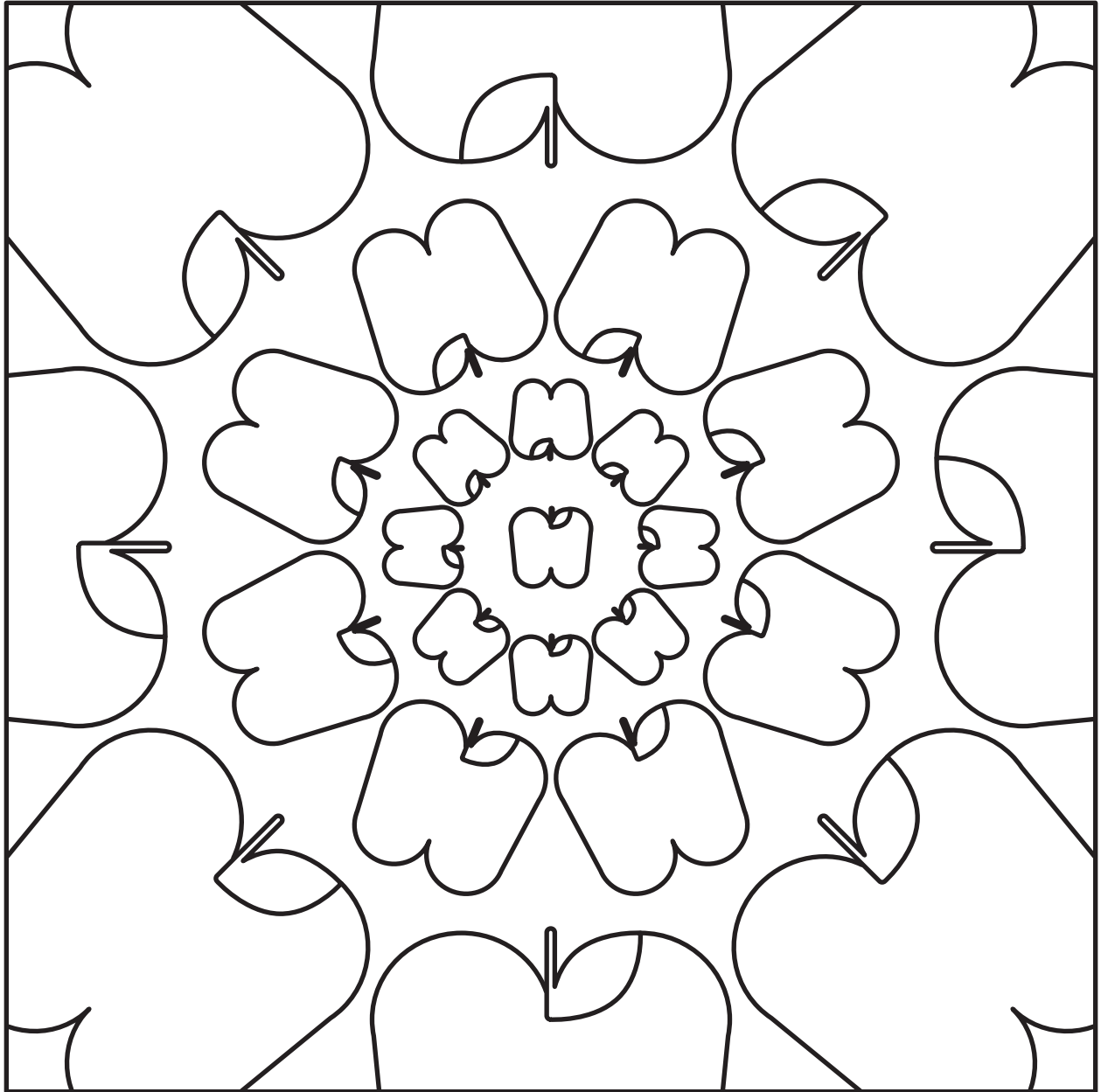


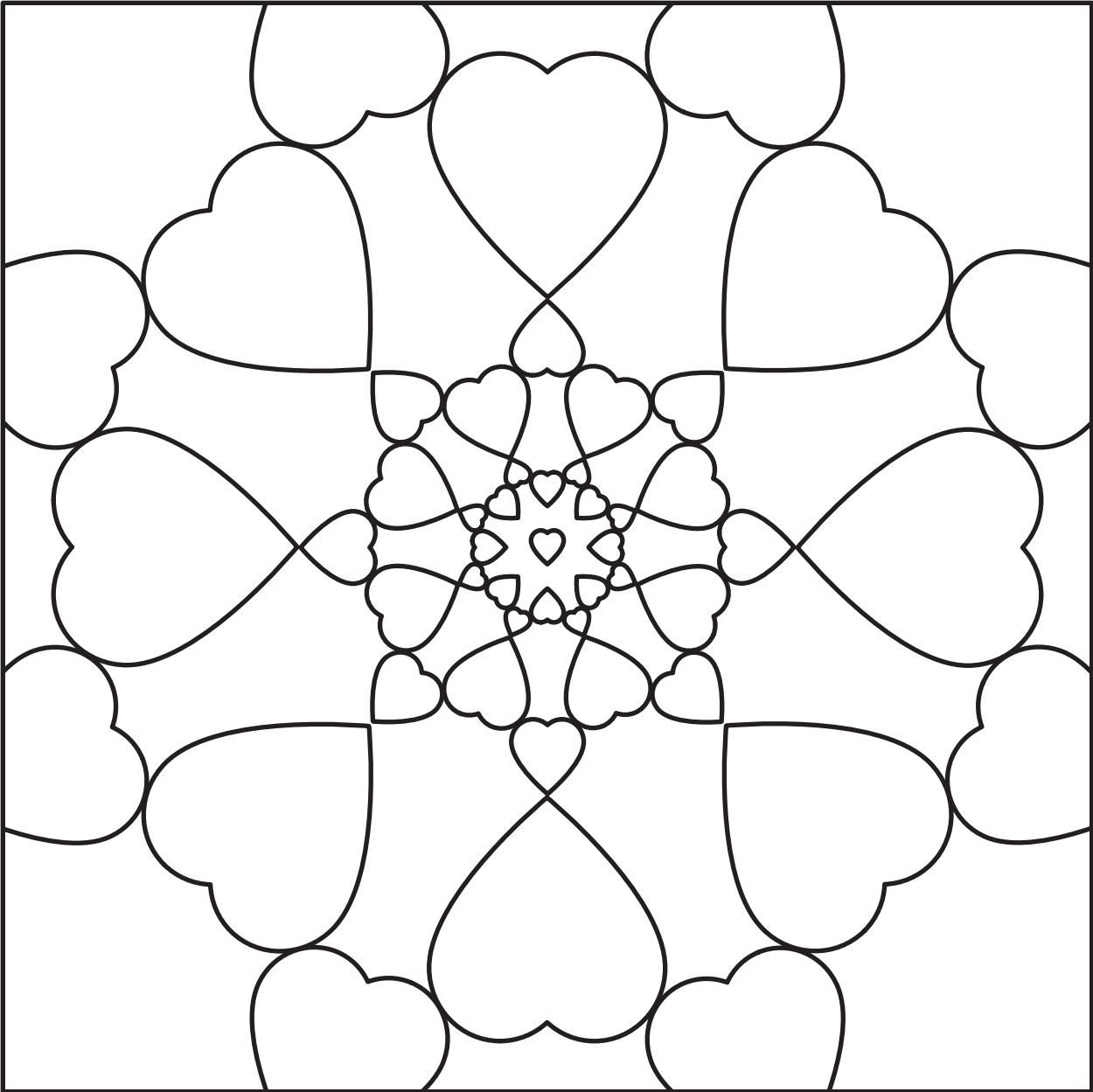
Thrive

Getting to know your wellness,
colouring one page at a time!

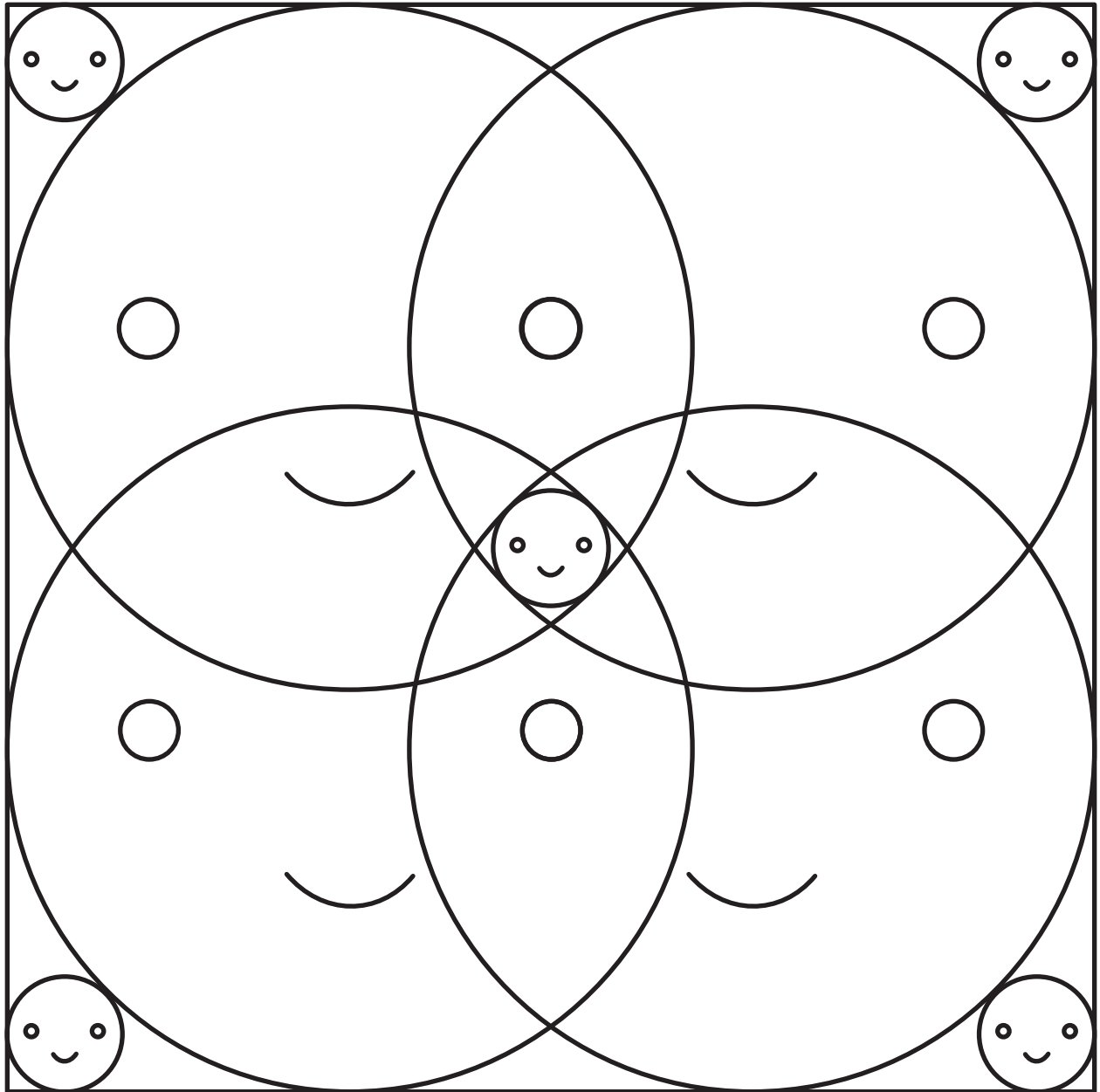




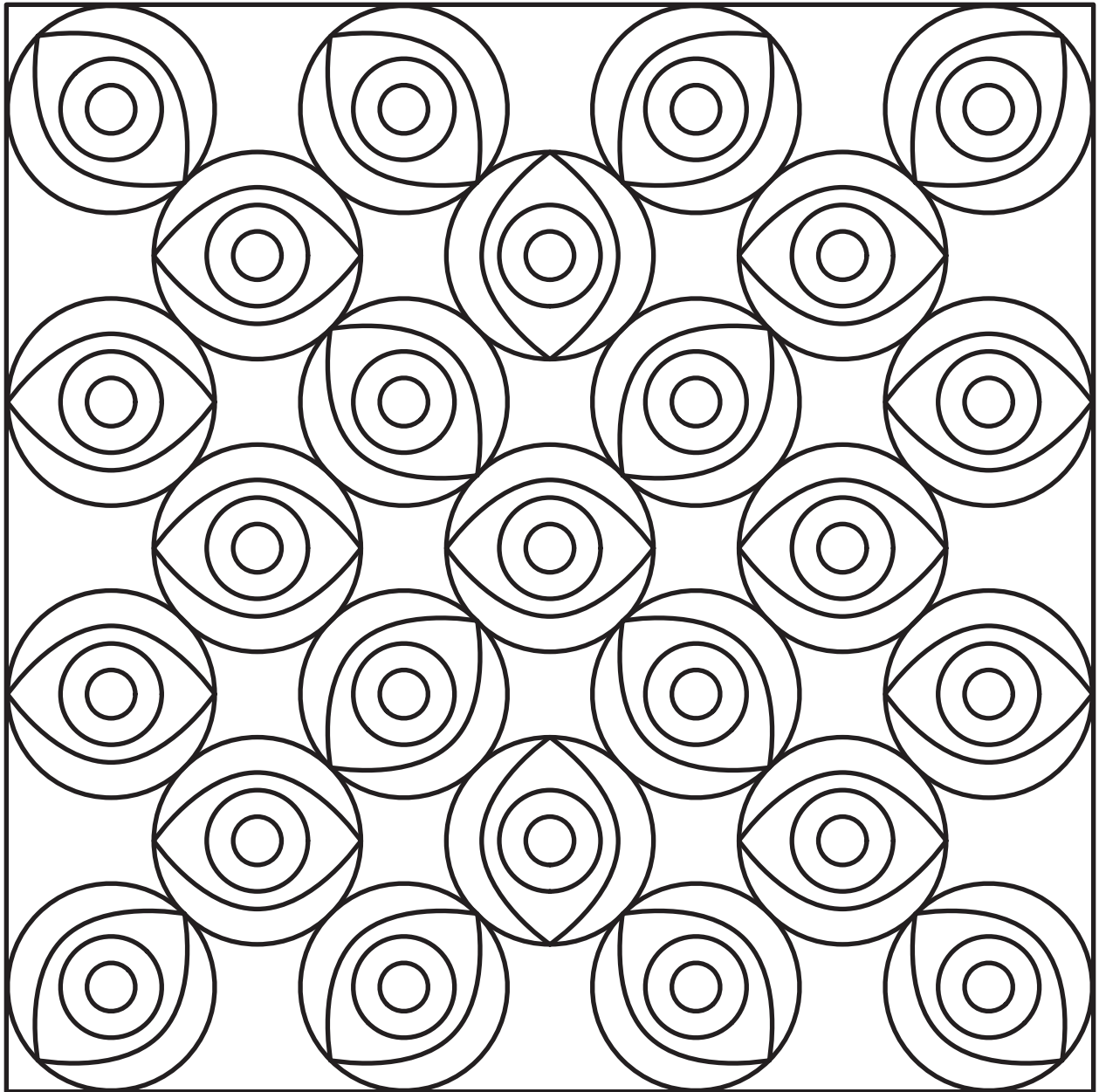
Physical
Wellness



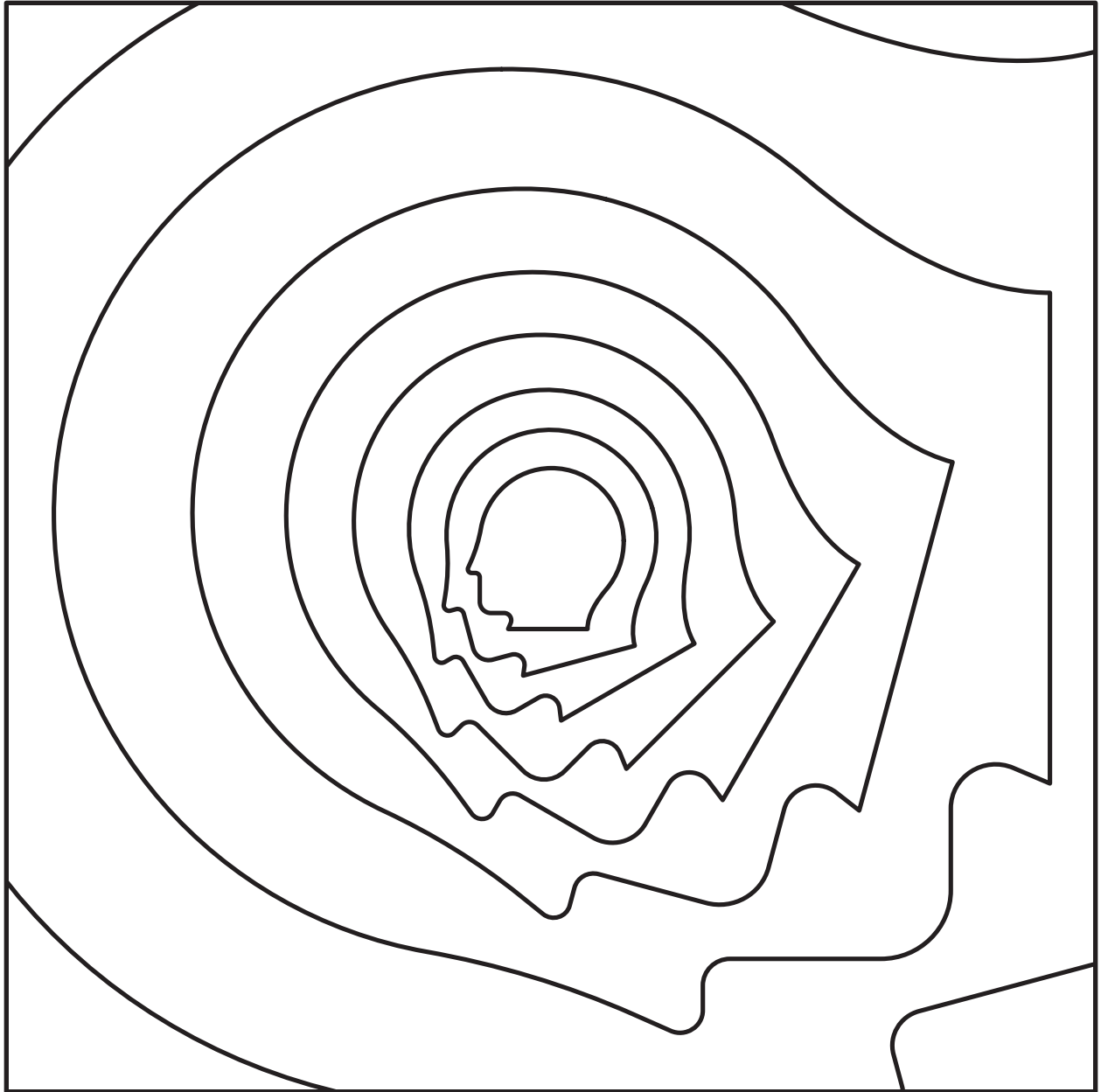
Emotional
Wellness



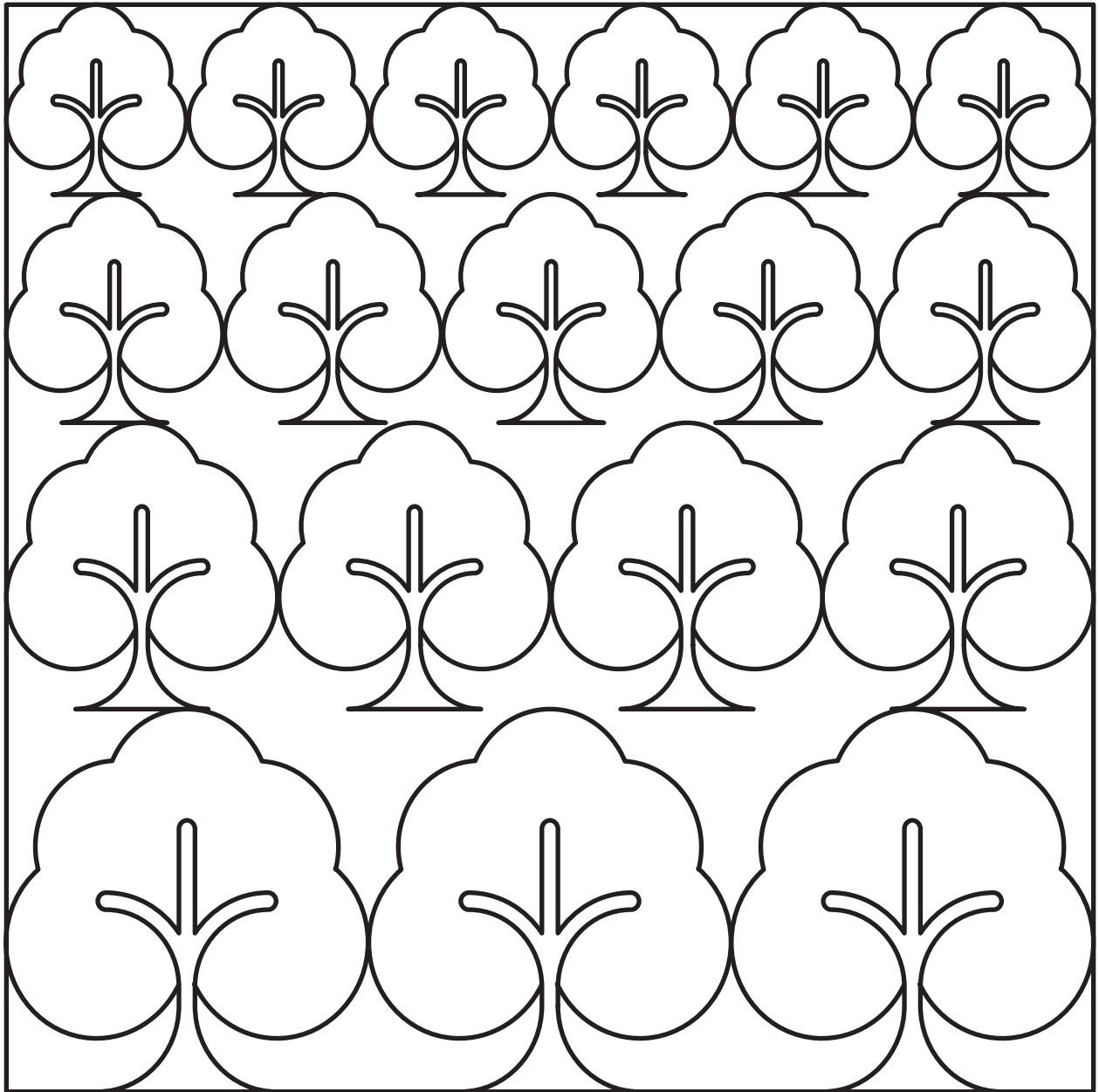
Social & Cultural
Wellness



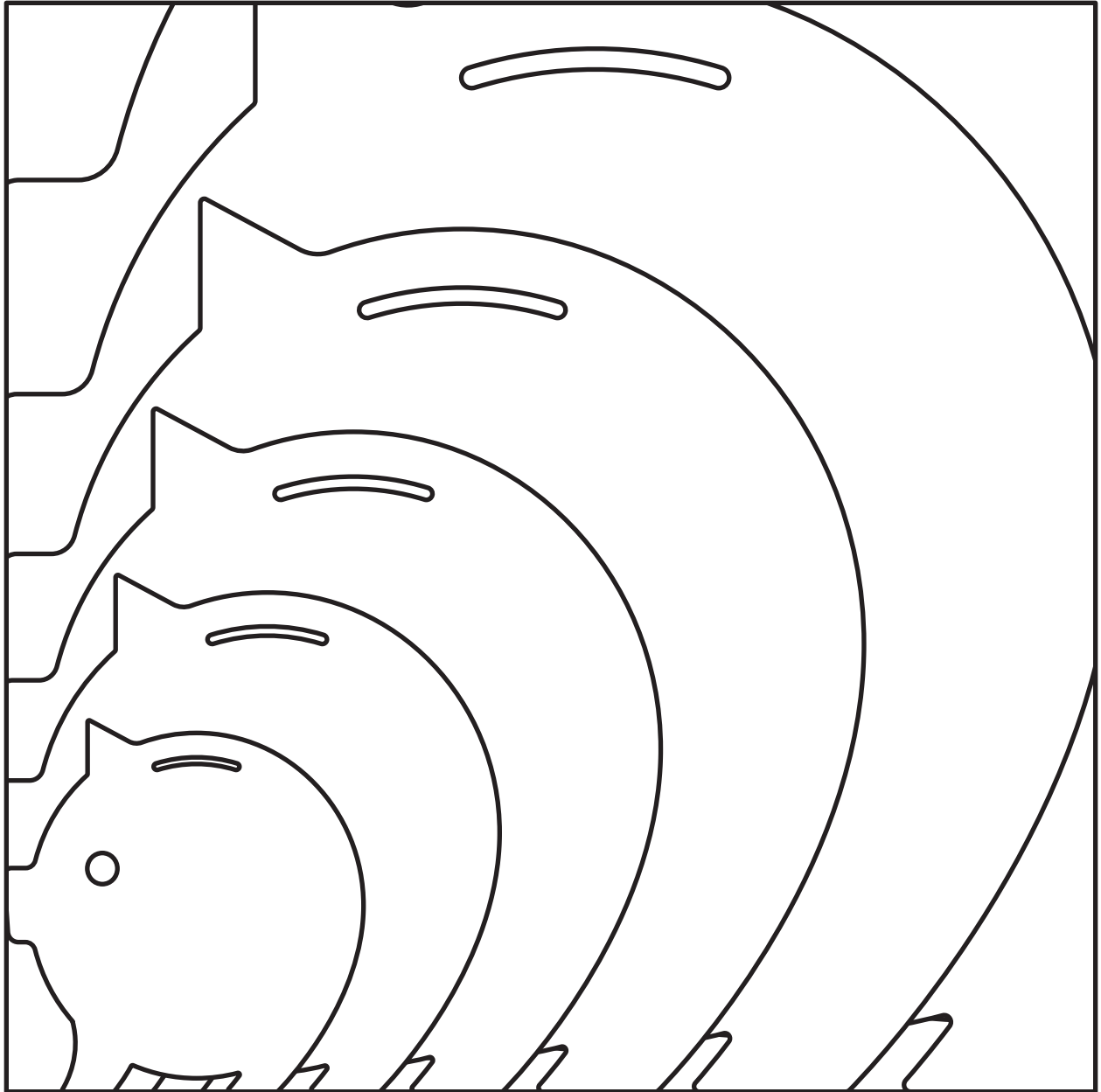
Spiritual
Wellness



Intellectual
Wellness



Environmental
Wellness



Career / Financial
Wellness



How I'm feeling today



A large, empty rectangular box with a black border, intended for a user to write their response to the prompt below.

This is how I Thrive