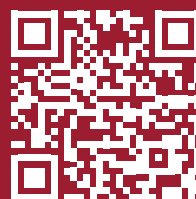




There's More to You!

Many of us hide parts of ourselves behind an invisible mask to shield us from judgement, discrimination, to appear "typical" or "fit-in". This can include struggles with mental health, emotions, personality traits, behaviours, or symptoms. This project provides an opportunity to look beyond the surface, to the whole person behind the mask. If you could live honestly and with vulnerability without the pressures to hide, **what would we see?**

Download the blank silhouette or pick one up at the Wellness Centre (1st floor Duckworth Centre) and let your creativity and true selves show! What colours, textures, shapes, images, and so much more, represent you as you are, unmasked? Submit your project for a chance to win a wellness prize pack (valued around \$100).



Download
image here



Submit your
work here

