



# THE UNIVERSITY OF WINNIPEG

## Services and Resources for Students

There are a variety of service options available for students. Some services are provided by University of Winnipeg Student Services and others are offered in the community.

The **UW SAFE App** includes emergency contacts and support resources on and off campus and is available for iPhone and Android devices. To download, visit the app store and type “UW Safe” in the search box. Students and Instructors are encouraged to download the app.

When responding to students in crisis, listening in a non-judgmental way and responding in a calm, compassionate manner is very helpful. It is not necessary to say exactly the “right” thing. What is more important is being a caring presence and then connecting students to the resources they need.

### Weekday and 24/7 Services

Issue	Monday – Friday, 8:30 to 4:30	After Hours (24/7 Services)
<b>Medical</b>		
<b>Medical Emergency</b>	Emergency, 911	Emergency, 911
<b>Online self-assessment of whether Covid-19 testing is needed</b>	Covid-19 Screening Tool <a href="https://sharedhealthmb.ca/covid19/screening-tool/">https://sharedhealthmb.ca/covid19/screening-tool/</a>	Covid-19 Screening Tool <a href="https://sharedhealthmb.ca/covid19/screening-tool/">https://sharedhealthmb.ca/covid19/screening-tool/</a>
<b>Covid-19 medical questions and other health issues</b>	Health Links 204-788-8200	Health Links, 204-788-8200
<b>Student may have Covid-19 or has been exposed</b>	Refer to medical services above and also to Accessibility Services <a href="mailto:accessibility@uwinnipeg.ca">accessibility@uwinnipeg.ca</a>	
<b>Mental Health</b>		
<b>Suicide or mental health emergency where there is immediate risk to self or others</b>	Emergency, 911 Manitoba Suicide Line, 1-877-435-7170 Klinik Crisis Line, 204-786-8686 Mobile Crisis Service, 204-940-1781 Crisis Response Centre, 204-940-1781  UW Student Counselling Services, 204-258-3809 <a href="mailto:studentwellness@uwinnipeg.ca">studentwellness@uwinnipeg.ca</a>	Emergency, 911 Manitoba Suicide Line, 1-877-435-7170 Klinik Crisis Line, 204-786-8686 Mobile Crisis Service, 204-940-1781 Crisis Response Centre, 204-940-1781

<b>Mental Health Concerns related to Covid-19</b>	Anxiety Disorders Association of Manitoba Support Line 204-925-0040 <a href="http://www.adam.mb.ca/blog/adam-s-telephone-support-line">http://www.adam.mb.ca/blog/adam-s-telephone-support-line</a>  UW Student Counselling Services, 204-258-3809, studentwellness@uwinnipeg.ca	AbilitiCBT program <a href="https://www.gov.mb.ca/covid19/bewell/virtualtherapy.html">https://www.gov.mb.ca/covid19/bewell/virtualtherapy.html</a>
<b>Student indicates they could benefit from speaking with a counsellor</b>	UW Student Counselling Services, 204-258-3809, studentwellness@uwinnipeg.ca	Klinik Crisis Line, 204-786-8686 Mobile Crisis Service, 204-940-1781
<b>Sexual Violence</b>		
<b>Sexual Violence</b>	UW Sexual Violence Response Team, 204-230-6660	Klinik Sexual Assault Crisis Line, 204-786-8631
<b>Disruptive or Threatening Student</b>		
<b>Threatening behaviour where there is immediate risk to self or others</b>	Emergency, 911 Security Services, 6666	Emergency, 911 Security Services, 6666
<b>Very disruptive or concerning student</b>	Security Services, 6666  UW Campus Assessment and Support Team (CAST), c.russell@uwinnipeg.ca	Security Services, 6666
<b>Student Services</b>		
<b>Student Need</b>	Monday – Friday, 8:30 to 4:30	
<b>Student needing to meet with a Counsellor</b>	UW Student Counselling Services, 204-258-3809, studentwellness@uwinnipeg.ca	
<b>Student with a disability needing supports</b>	Accessibility Services, accessibility@uwinnipeg.ca	
<b>Indigenous student needing supports</b>	Aboriginal Student Services Centre (ASSC), j.booth@uwinnipeg.ca	
<b>International or immigrant student needing supports</b>	International, Immigrant and Refugee Student Services (IIRSS), iirss@uwinnipeg.ca	
<b>Student needing academic support and appeals</b>	Academic and Career Services, 204-786-9257 advising@uwinnipeg.ca	
<b>Student needing financial supports</b>	Awards and Financial Aid awards@uwinnipeg.ca	