



RULES & REGULATIONS

GENERAL

1. Users must sign the Recreation Services waiver form and show valid membership identification in order to participate in programs and activities in the recreational facilities. Youth (under the age of 18 years old) must get a parent or legal guardian to sign the Recreation Services parental consent form.
2. Unregistered or unscheduled use of facilities is not permitted.
3. Users participating in physical activity must wear clean athletic shoes and proper gym attire (no open toed shoes, no jeans, no metal cleats).
4. Lending or using another individual's membership identification will result in disciplinary action of those involved.
5. Photography/videography is prohibited without prior approval of the Recreation Services management team.
6. The playing of recorded music is prohibited without prior approval of the Recreation Services management team. Personal use of devices with headphones is permitted.
7. Alcohol is not permitted in the recreational facilities without prior approval of the Recreation Services management team or if sold by Diversity Food Services (must remain in the Duckworth Centre).
8. Participants under the age of 18 years old will be asked to leave the recreational facilities after 9pm.
9. Participants are asked to report all equipment malfunctions, personal injuries and specific concerns to Recreation Services staff and/or management team.
10. All participants are subject to the Recreation Services' Code of Conduct.
<https://www.uwinnipeg.ca/recreation-services/docs/code-of-conduct.pdf>

RECREATION SERVICES MEMBERSHIPS RIGHTS & RESPONSIBILITIES

Each person using the Duckworth Centre and the Axworthy Health and RecPlex has rights and responsibilities. This includes students, staff, faculty, community members, leagues, teams and visitors. It is the responsibility of each league and community organization to communicate these expectations to their participants.

EXPECTED BEHAVIOUR

You are accountable for your behavior and are expected to follow these basic rules:

- Treat everyone with respect.
- Refrain from yelling and use of vulgar language.
- Return all equipment to its proper place when you are finished.
- Do not drop weights or damage equipment.
- Act in a safe and responsible manner in all areas of the facilities.
- Respect others' personal space.
- Aggressive, suggestive, or demeaning comments and questions are not acceptable.

The University of Winnipeg Respectful Work and Learning Environment Policy is in effect in the recreational facilities and must be followed by everyone.

SANCTIONS

Anyone who does not follow the rules and regulations set out by Recreation Services will be subject to sanctions.

The University of Winnipeg is committed to and actively supports equal opportunity, equity, social justice, mutual respect, diversity and the dignity of all people. The University recognizes that every member of the University community has the right to participate, learn and work in an inclusive and respectful work and learning environment that promotes equal opportunities and is free from discrimination and harassment.



DUCKWORTH CENTRE

Dr. David F. Anderson Gymnasium, Track and Racquet/Handball/Squash Court Rules

1. Food and drinks are allowed, but all garbage must be removed and spills must be cleaned up immediately.
2. Table/Chair and equipment use must be approved by Recreation Services staff and/or management.
3. These areas are available for scheduled bookings and Bill Wedlake Fitness Centre member use only.
4. Please follow posted track direction instructions.

Bill Wedlake Fitness Centre

1. Members must be a minimum of 16 years old to enter the Fitness Centre. Exceptions may be approved by the Recreation Services management team.
2. Food & drinks are not allowed with the exception of water/sport drinks.
3. Please use hand towels and spray bottles to wipe down machines after use.
4. All bags, jackets, outdoor shoes are to be stored in lockers.
5. Do not drop weights.
6. Use of collars on barbells is mandatory at all times.
7. During peak hours or when other members are waiting limit time on cardio machines to 30 minutes.
8. Outside Personal Trainers are not allowed.
9. Fitness Centre hours are subject to change. Parts of the Fitness Centre may be reserved for groups/programming and are subject to the approval of Recreation Services Management.
10. It is the renters' responsibility to know their locker expiry date. If not renewed by the expiry date it will be cleared and resold. Cleared items will be held for 30 days. After which all items will be donated.

AXWORTHY HEALTH & RECplex

1. Food & drinks are not allowed on field level or in the community gym with the exception of water.
2. Absolutely no spitting on the turf.
3. Spectators will be asked to observe from the second floor.
4. Please respect your allotted rental time. Please leave the area at the end of your booking to ensure a smooth transition between groups.
5. You will be asked to leave your car keys in exchange for the locker key. Return the locker key when your team has finished using the dressing rooms. A replacement fee of \$25 will be required before receiving your items back if key is lost.
6. All bags, jackets and outdoor shoes are to be stored in the assigned lockers while using the field. Please do not leave belongings in change rooms.

***Additional facility rules and regulations may apply and are subject to change without notice.
The user understands and agrees to comply with particular rules and requirements of each facility.***