



## USER RULES & REGULATIONS

### **GENERAL – ALL RECREATIONAL FACILITIES**

1. Users must sign the Recreation Services waiver form in order to participate in programs, services and drop-in activities in the recreation facilities. Youth under the age of 18 must obtain parent/legal guardian consent and submit a completed parental consent form to staff prior to activity.
2. It is the responsibility of each external organization to communicate the rules & regulations of our recreational facilities to their participants.
3. Unregistered or unscheduled use of facilities is not permitted.
4. Lending or using another individual's membership identification will result in loss of facility access for those involved.
5. Photography/videography is prohibited without prior approval of the Recreation Services management team.
6. The playing of recorded music is prohibited without prior approval of the Recreation Services management team. Personal use of devices with headphones is allowed.
7. Pets are not allowed on the premises. Service dogs are allowed.
8. Participants under the age of 18 years old will be asked to leave the recreational facilities after 9pm.
9. Participants are asked to report all equipment malfunctions, personal injuries and specific concerns to Recreation Services staff and/or management team.
10. Recreation Services is not responsible for any lost, stolen or damaged property.
11. Smoking and the use of drugs is not permitted on the University of Winnipeg campus.
12. Alcohol is not permitted in the Axworthy Health and RecPlex and the Duckworth Centre. Any individual or group may be banned from the facility if caught with alcohol. Special events/activities that are approved to use alcohol by the Recreation Services management team and have an appropriate liquor permit may have/serve alcohol at designated areas in the facility.
13. All participants are subject to the Recreation Services' Code of Conduct <https://www.uwinnipeg.ca/recreation-services/docs/code-of-conduct.pdf>.
  - Users are accountable for their behavior and are expected to follow basic rules; treat everyone with respect, refrain from yelling and use of vulgar language, act in a safe and responsible manner in all areas of the facilities, and respect others' personal space.
  - Failure to comply with staff instructions may result in removal from the facility.
  - Aggressive, suggestive, or demeaning comments and questions are not acceptable. Fighting is prohibited.
14. The University of Winnipeg Respectful Working and Learning Environment Policy is in effect in the recreation facilities and must be followed by everyone. Details at <https://www.uwinnipeg.ca/respect/>.

### **DUCKWORTH CENTRE**

#### **BILL WEDLAKE FITNESS CENTRE**

1. Members must be a minimum of 16 years old to enter the Fitness Centre. Exceptions may be approved by the Recreation Services management team.
2. Check in at the Customer Service Desk with valid membership identification before accessing the Fitness Centre. Failure to produce proper identification may result in denial of entry. Check out when leaving.
3. Food is not allowed in the Fitness Centre.
4. Appropriate exercise attire must be worn in the Fitness Centre. Casual clothing is not allowed (no jeans, or any article of clothing with rivets).
5. Wear clean, appropriate athletic shoes. Open-toed shoes, boots, sandals or casual shoes are not allowed.
6. Wipe down machines and equipment after use.



7. All bags, jackets, outdoor shoes are to be stored in lockers and are not permitted in the Fitness Centre.
8. Do not drop weights or damage equipment.
9. Use of collars on barbells is mandatory at all times.
10. Equipment is not to be removed from the Fitness Centre. Weights must be restacked after use.
11. During peak hours or when others are waiting, limit time on cardio machines to 30 minutes.
12. Outside Personal Trainers are not allowed.
13. Fitness Centre hours are subject to change. Areas of the Fitness Centre may be reserved for groups/programming and are subject to the approval of Recreation Services Management.
14. Fitness Centre members must renew or clear items out of lockers by the expiry date. Expired lockers will be cleared; items remaining will be held for 30 days.
15. A replacement fee of \$10 will be applied for any lost membership cards.

#### **DR. DAVID F. ANDERSON GYMNASIUM & DUCKWORTH CENTRE TRACK**

1. Users participating in physical activity must wear proper gym attire including non-marking shoes. (no jeans or khakis)
2. Users participating in physical activity must wear clean athletic shoes as dirt damage the gym floor and also reduce shoe traction.
3. Spike shoes are not allowed.
4. Spectators are permitted to wear clean outdoor shoes in the Gymnasium.
5. Table/Chair and equipment use must be approved by Recreation Services staff and/or management.
6. These spaces are available for scheduled bookings and Bill Wedlake Fitness Centre member use only.
7. Follow posted track direction.

#### **RACQUET/HANDBALL/SQUASH COURTS**

1. Food is not permitted in the courts.
2. Court users must be a minimum of 16 years old with exceptions made for approved programs.
3. Users must wear proper gym attire including non-marking shoes. (no jeans or khakis)
4. Courts are to be used for approved activities only including racquet sports, handball, and, wallyball.
5. These spaces are available for scheduled bookings and Bill Wedlake Fitness Centre member use only.
6. Non-members must purchase a day pass to use the courts and may book a court at the Bill Wedlake Fitness Centre Customer Service Desk with same day purchase of a day pass, or over the phone if purchased online.

#### **AXWORTHY HEALTH & RECPLEX**

1. Food and drinks (including gum), are not allowed on the field level or in the change rooms with the exception of water.
2. No spitting on the field.
3. Participants must wear clean shoes. High heels are not permitted on the turf, even if a tarp is placed over the turf. Plastic molded cleats are permitted on the turf. No metal or screw-in cleats are allowed.
4. Spiked shoes are not allowed on the track.
5. Spectators are not allowed on the field level or on the grey athletic flooring that immediately surrounds the field. Parents/guardians can assist their children in the change rooms but then must exit the field level and proceed to the 2nd floor.
6. The activity spaces are available for scheduled bookings use only.
7. Respect your allotted rental time. Do not enter the activity spaces until your scheduled rental time begins and leave the area at the end of your allotted time.
8. Please use the change rooms to change before/after field use; changing clothes on the field is not permitted.



9. Bags, jackets, and outdoor shoes are to be stored in the assigned lockers while using the field. Alternate storage arrangements must be approved at management's discretion.
10. Teams will be assigned a changeroom and a locker key by facility staff. Keys are to be picked up by one team representative in exchange for car keys. Return the locker key when your team has finished using the change room. Replacement fee for lost locker keys are \$25.
11. Change rooms are scheduled on a rotating basis with other users in the facility. When your team is on the field, another team may be scheduled to use your change room. You will be allowed to enter your change room 15 minutes prior to your rental time and exit within 15 minutes afterwards. Do not switch change rooms/lockers with other teams/users.
12. Dispose of trash or recycle items from bench areas and change rooms when finished.
13. Allergy Alert: the field is composed of rubber, please alert anyone with latex or other applicable allergies that may

***Rules and Regulations are subject to change without notice.***

***The user understands and agrees to comply with particular rules and requirements of each facility.***