

**University of Winnipeg**  
**Department of Psychology**  
**PSYC 1000-001 Introductory Psychology**  
**Spring Term 2024**

**Instructor:** Dr Veronica Lai

**Email:** [v.lai@uwinnipeg.ca](mailto:v.lai@uwinnipeg.ca)

**Office Hours:** By appointment only (by email; can be arranged wither in person or over zoom)

**Class arrangement:**

Mondays (pre-recorded video) at Nexus

Wednesdays and Fridays from 10:00 AM to 12:00 PM (in person)

Location: 4M31

**Class Format of lectures:**

Classes will be comprised of lectures which will explain and illustrate important concepts with textbook content. The course will cover most but not necessarily all these topics listed may not be covered. Scheduled classes may have in-class discussions but group discussions may occur in any class. Please check Nexus (<https://nexus.uwinnipeg.ca/d21/home/62038>) regularly. Change of the mode of lecture delivery may be required to switch to zoom pre-recorded class due to the availability of the instructor.

For Spring term 2024, the first day of class is May 6<sup>th</sup>, 2024 and the last class will be held on Aug 2<sup>nd</sup>, 2024.

**Required Textbook:**

Krause, M., Corts, D., Smith, S., & Dolderman, D. (2022). *An Introduction to Psychological Science: 4th Canadian Edition*.

If you use another edition of the textbook there may be differences in material, and the page numbers for assigned readings will not be consistent with what is listed in this syllabus. You may purchase a hard copy (used or new) or the electronic only version at [bkstr.com/winnipegstore/shop/textbooks-and-course-materials](http://bkstr.com/winnipegstore/shop/textbooks-and-course-materials)

**General Course Information/ Course Description:**

This course provides an introduction to the scientific analysis of behaviour and mental activity from the biological, social, and individual perspectives. Basic concepts and principles of individual behaviour are examined, particularly those major topics such as human development, normal and abnormal behaviour, social psychology, learning, perception, and psychological measurement. Unless specified, no recorded or live synchronous lectures will be given during the scheduled lecture times. Students are expected to participate directly or indirectly in the Department's ongoing research program. This course is a prerequisite for all other Psychology courses.

**Course Goals:**

This course will introduce students to a wide range of psychological concepts and principles, while encouraging scientific literacy and encouraging future participation in the study of the behavioural, cognitive, and biological bases of human behaviour. The following are the course learning goals:

1. Recognize important people and describe perspectives in the history of psychological science
2. Understand and explain good psychological science research practices
3. Describe theories and research on sensation/perception, consciousness, language, learning, memory & thinking
4. Identify how neural structures are connected to various psychological processes
5. Appreciate applications of psychological science to everyday life

### Course Learning Objectives:

Students in this course will be introduced to a broad range of concepts, principles, and perspectives within the psychological sciences. Lectures will involve an integration of classic psychological theories with novel concepts and innovative methodologies being used in modern psychological research. An emphasis will be placed on students' ability to recognize and differentiate the various psychological concepts, themes, and perspectives. Students will be encouraged to apply these concepts and perspectives in their lives and cultivate a meaningful understanding of human behaviour and psychology as a science.

### Assessment Components:

	Components	Due Date	Chapters covered	Value of Final Grade
<b>Spring term 2024</b>				
1.	Exam 1	May 22 <sup>nd</sup> , 2024	1, 2, 3	15%
2.	Exam 2	May 31 <sup>st</sup> , 2024	4, 5, 6	15%
3.	Exam 3	Jun 14 <sup>th</sup> , 2024	7, 8	15%
4.	Reflection essay (part 1)	Jun 17 <sup>th</sup> , 2024	1 - 8	5%
5.	Exam 4	Jul 3 <sup>rd</sup> , 2024	9, 10	15%
6.	Exam 5	Jul 19 <sup>th</sup> , 2024	11, 12, 13	15%
7.	Exam 6	Aug 2 <sup>nd</sup> , 2024	14, 15, 16	15%
8.	Reflection essay (part 2)	Aug 5 <sup>th</sup> , 2024	9 - 16	5%
Total:				100%

**FINAL DATE to withdraw without academic penalty from courses which begin on May 6, 2024 and end on August 2, 2024 of the 2024 Spring Term: Jul 12<sup>th</sup>, 2024.**

Further information on voluntary withdrawal date, please refer to the Academic Dates, Regulations, and Policies page from the Academic Calendar:

<https://www.uwinnipeg.ca/academics/calendar/dates.html>

### Grading and Evaluation:

Letter grade	Grade range
A+	Instructor's discretion
A	85% and above
A-	80-84%
B+	75-79%
B	70-74%
C+	65-69%
C	60-64%
D	50-59%
F	0-49%

If a final grade that has a fractional component will be rounded up if it is .5 or greater or rounded down if .499... or less. For example, if you have a score of 84.578%, your final score is 85% (which is equivalent to a letter grade of A) and if you have a score of 64.388%, your final score is 64% (which is equivalent to a letter grade if C).

Final course assessment grade calculation formula:

**(Exam 1) x 15% + (Exam 2) x 15% + (Exam 3) x 15% + (Reflection Essay part 1) x 5% + (Exam 4) x 15% + (Exam 5) x 15% + (Exam 6) x 15% + (Reflection Essay part 2) x 5% = 100% course assessment grade**

**Final grades are final.** An error in calculating the final grade is the only reason that a grade will be adjusted. However, please note that all cutoffs of grade range are tentative and may be changed in either direction by (i) the professor, (ii) the Departmental Review Committee, or (iii) the Senate, when circumstances warrant.

### **More information on the component of evaluation:**

#### **Examination**

There are three examinations to test your knowledge of concepts and theories from lectures. Examinations are NOT cumulative. You must take the examinations between the start of class (i.e. 08:30 am) and the end of class (i.e. 09:45 am) or during exam period. The exams are **closed-book** assessments, and you are not allowed to consult your textbook, study notes, or outside sources on the Internet. Any exceptions will be stipulated by the instructor. **Each exam worths 15% of your grade for Spring 2024.** Each exam will be composed similarly for 40 multiple-choice questions only. Exams will include material from lectures and the textbook. More details will be given in class. The exams are **not cumulative**. If you cannot attend any of the examinations, please contact your instructor. Calculators, dictionaries, and handheld devices are NOT permitted during exams.

#### **Guidelines for the Reflection Essay:**

Each reflection essay worths 5% of your grade for Spring Term 2024.

1. Length: The essay should be between 1,200 to 1,500 words, typed in Times New Roman, 12-point font, and double-spaced and upload to Nexus on or before the deadline.
2. Structure:
  - Introduction: Briefly introduce **TWO** psychological concept(s) or perspective(s) you have chosen to reflect upon.
  - Body: Discuss the concept(s) or perspective(s) in detail, drawing from course materials (Ch1-8 for part 1 essay and Ch9-16 for part 2 essay for Spring term 2024). Relate them to personal experiences, real-life situations, or current events.
  - Conclusion: Summarize your reflections and discuss the broader implications of your insights.
3. Content:
  - Choose at least two psychological concepts, principles, or perspectives covered in the course (Ch1-8 for part 1 essay and Ch9-16 for part 2 essay for Spring term 2024).
  - Integrate both classic theories and modern methodologies where relevant.
  - Provide a critical analysis, not just a summary. Discuss the relevance, strengths, and potential limitations of the chosen concepts.
4. **Personal Reflection:**
  - **Reflect on how the chosen TWO concepts have influenced or can be applied to your own life, thoughts, or experiences.**
  - **Discuss any changes in your perspective or behaviours as a result of understanding these concepts.**
5. Citations:
  - Use APA (7th edition) format for any citations.
  - Ensure that you reference course materials, lectures, and any additional sources you consult.
6. Originality:
  - **Your reflection essay should be original and written in your own words.**
  - **Plagiarism will not be tolerated and will result in a failing grade for the assignment.**

7. Grading Criteria: Essays will be graded based on the following:
  - Understanding and Integration of Course Material (40%): Demonstrated grasp of psychological concepts and effective integration of course materials.
  - Depth of Reflection (30%): Quality and depth of personal reflection and application.
  - Organization and Clarity (20%): Logical flow, clear expression of ideas, and adherence to essay structure.
  - Grammar and Mechanics (10%): Proper grammar, punctuation, and spelling.
8. Submission:
  - Submit your essay via Nexus by **Jun 17<sup>th</sup>, 2024 before 16:00** for part 1 essay and **Aug 5<sup>th</sup>, 2024 before 16:00** for part 2 essay for spring term 2024.
  - Late submissions will incur a penalty of 20% per day after the deadline and submission will NOT be graded after 5 days beyond the deadline (Jun 20<sup>th</sup>, 2024 for part 1 essay and Aug 8<sup>th</sup> 2024 for part 2 essay).
9. Additional Resources:
  - For assistance with essay writing or APA formatting, consider visiting the university's writing center: <https://www.uwinnipeg.ca/writing-centre/resources-for-writers.html>

### **Research requirement**

All students are expected to fulfil the research requirement by completing six credits worth of psychology experiments, or article review alternatives. The research requirement is worth 5% of the grade in the course and is based on a PASS or INCOMPLETE basis. "PASS" means you'll receive the 5% and INCOMPLETE means you'll receive 0%. In other words, when you earn 6.0 research credits in SONA, you PASS and receive the full 5% as your mark for the research requirement. If you have fewer than 6.0 credits at the end of the course, you receive 0% as your mark for the research requirement. Please review the Research Requirement document posted on Nexus along with this syllabus.

**Note that the overall grade for PSYC 1000-001 = 95% x (course assessment grade: exams 1-6 and reflection essays (parts 1 and 2)) + 5% (Research requirement) = 100%**

### **Questions? Contact info below:**

Subject Pool Coordinator: Nadya Alahakoon Office 4L41A, (204)786-9744,  
n.alahakoon@uwinnipeg.ca

### **Expectations for students:**

1. Students are expected to attend all lectures, ask and answer questions, be actively involved in group exercises and in-class activities and complete the all the assessments (three midterms and one reflection paper individually).
2. All students, faculty, and staff have the right to participate, learn, and work in an environment that is free of harassment and discrimination. The UW Respectful Working and Learning Environment Policy may be found online at [www.uwinnipeg.ca/respect](http://www.uwinnipeg.ca/respect)
3. Be kind, respectful and cooperative to your classmates and me. Let's enjoy this learning journey with me!
4. Please check Nexus regularly.
5. You are reminded that you have a responsibility to regularly check their University of Winnipeg email address ([Name@webmail.uwinnipeg.ca](mailto:Name@webmail.uwinnipeg.ca)) to ensure timely receipt of correspondence from the University and/or your course instructors
6. You are also expected to check your grades regularly and report any typos/concerns within 2 weeks of that posting.
7. **You are responsible for reading and understanding the university's regulations regarding plagiarism, cheating, duplicate submission, and test/examination impersonation.** It is strongly recommended that you reference the University of Winnipeg library's video tutorial, "Avoiding Plagiarism"

- <https://www.youtube.com/watch?v=UvFdxRU9a8g>. Students are expected to uphold the highest standard of academic integrity. Academic dishonesty will not be tolerated.
8. Students may choose not to attend classes or write examinations on holy days of their religion, but they must notify their instructors at least two weeks in advance. Instructors will then provide an opportunity for students to make-up work and/or examinations without penalty. A list of religious holidays can be found in the Academic Calendar, in the section, **Important Notes** (<https://www.uwinnipeg.ca/academics/calendar/docs/important-notes.pdf>).
  9. Students with documented disabilities, temporary or chronic medical conditions, requiring academic accommodations for tests/exams or during lectures/laboratories are encouraged to contact Accessibility Services (AS) to discuss appropriate options. All information about a student's disability or medical condition remains confidential:  
Phone 204.786.9771 or <https://www.uwinnipeg.ca/accessibility-services/>
  10. Students should be reminded of their rights in relation to the collecting of personal data by the University (<https://www.uwinnipeg.ca/privacy/admissions-privacy-notice.html>), especially if Zoom is being used for remote teaching (<https://www.uwinnipeg.ca/privacy/zoom-privacy-notice.html>) and testing/proctoring (<https://www.uwinnipeg.ca/privacy/zoom-test-and-exam-proctoring.html>).
  11. Students are encouraged to familiarize themselves with the Regulations and Policies found in the University Academic Calendar at <https://www.uwinnipeg.ca/academics/calendar/docs/regulationsandpolicies.pdf>. Particular attention should be given to subsections 8 (Student Discipline), 9 (Senate Appeals), and 10 (Grade Appeals).

**Class Schedule**  
**Spring Term 2024**

<b>Week</b>	<b>References Chapter</b>	<b>Content</b>	<b>Date (reference chapter modules/ readings)</b>
1-2	1	Introducing Psychological Science	May 6
	2	Reading and Evaluating Scientific Research	May 8
	3	Biological Psychology	May 10, 13
<b>Exam 1</b>			<b>May 22</b>
University is closed: May 20 (Victoria Day)			
3-4	4	Sensation and Perception	May 15
	5	Consciousness	May 17
	6	Learning	May 24, 27, 29
<b>Exam 2</b>			<b>May 31</b>
5-6	7	Memory	Jun 3, 5
	8	Thought and Language	Jun 7, 10
Revision			Jun 12
<b>Exam 3</b>			<b>Jun 14</b>
<b>Reflection Essay (part 1) Due</b>			<b>Jun 17</b>
No class			Jun 17-20
7-8	9	Intelligence Testing	Jun 21, 24
	10	Lifespan Development	Jun 26, 28
University is closed: July 1 (Canada Day)			
<b>Exam 4</b>			<b>Jul 3</b>
No class			Jul 5
9-10	11	Motivation and Emotion	Jul 8
	12	Personality	Jul 10, 12
	13	Social Psychology	Jul 15, 17
<b>Exam 5</b>			<b>Jul 19</b>
11-12	14	Health, Stress, and Coping	Jul 22
	15	Psychological Disorders	Jul 24, 26
	16	Therapies	Jul 26, 29
Revision			Jul 31
<b>Exam 6</b>			<b>Aug 2</b>
<b>Reflection Essay (part 2) Due</b>			<b>Aug 5</b>
University is closed: August 5 (Terry Fox Day)			

## Course Policies

### **Copyright and intellectual property:**

No audio or video recording of class materials, lectures, or presentations (including group work) are allowed in any format, openly or surreptitiously, in whole or in part without prior permission of Dr Veronica Lai. Course materials (lecture slides, lecture content, midterm test, and assignment content - irrespective of format) are the property of the instructor who developed them. Course materials are for the use of students registered in the present section of this course and must not be shared. Violations of these and other Academic Integrity principles, will lead to serious disciplinary action. **All course materials (lecture audio and slides, assignments, tests) are copyrighted by Veronica Lai.** Students who upload these materials to file sharing sites, or in any other way share these materials with others outside the class without prior permission of the instructor/presenter, are in violation of copyright law and University policy. Students must also seek prior permission of the instructor/presenter before, for example, photographing, recording, or taking screenshots of slides, presentations, lectures, and notes on the board. Students found to be in violation of an instructor's intellectual property rights could face serious consequences pursuant to the Academic Misconduct or Non-Academic Misconduct Policy; such consequences could possibly involve legal sanction under the Copyright Policy <https://www.uwinnipeg.ca/academics/calendar/docs/regulationsandpolicies.pdf>.

### **Missing Course Work (examinations or assignments):**

Students who are unable to meet a course requirement due to medical circumstances are currently required to submit medical notes as proof. However, if you miss course work due to medical circumstances you are required to do the following:

- Email me (Dr. Veronica Lai) **within 48 hours** of the assessment date/ deadline of the missed work.
- Email me from a **U of W email address**, and include your full name, student number, course number, and the academic work that was/will be missed.
- Students may choose not to attend classes or write examinations on holy days of their religion, but they must notify their instructors at least two weeks in advance. Instructors will then provide an opportunity for students to make-up work and/or examinations without penalty. A list of religious holidays can be found in the 2023-2024 Academic Calendar, in the section, Important Notes (<https://www.uwinnipeg.ca/academics/calendar/docs/important-notes.pdf>).
- You must contact me to arrange any arrangement of any make-up assessment of missed work, otherwise you receive zero on the missing component(s). It is your own responsibility to contact the instructor for the missed course assessment work.

### **Regulations, Policies, and Academic Integrity:**

Please emphasize the importance of maintaining academic integrity and the potential consequences of engaging in plagiarism, cheating, and other forms of academic misconduct. Even unintentional plagiarism, as described in the UW Library video tutorial "Avoiding Plagiarism"

(<https://www.youtube.com/watch?v=UvFdxRU9a8g>), is a form of academic misconduct. Similarly, uploading essays and other assignments to essay vendor or trader sites (filesharing sites that are known providers of essays for use by others who submit them to instructors as their own work) is a form of misconduct, as it involves aiding and abetting plagiarism. Important information is outlined in the Academic Misconduct Policy and Procedures:

<https://www.uwinnipeg.ca/academics/calendar/docs/regulationsandpolicies.pdf> and

<https://www.uwinnipeg.ca/institutional-analysis/docs/policies/academic-misconduct-procedures.pdf>.