



THE UNIVERSITY OF WINNIPEG

Master of Marriage & Family Therapy Program (MMFT)

Program Information for 2026 Fall Admissions



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As we get started...

- 3 questions for you:
 - What school/work do you currently do?
 - Where do you live?
 - What word means Couple/Family Therapy to you?
- Go to www.menti.com
- Enter code: **6573 9962**

Agenda

- Who are MFTs?
- MMFT Program
- Professional Association
- Graduate Employment
- Program requirements
- Class Structure
- Program Flow
- Practicum
- Practicum Sites
- Tuition Fees
- Admissions Requirements
- Admission Procedures
- Q & A

Who are MFTs?

- Mental Health Professionals
- Trained in Psychotherapy & Family Systems
- Work with families, couples, individuals
- Relationship specialists
- Not a regulated profession in Manitoba (degree portability)

MMFT Program

- MMFT Degree (professional degree, not M.A. or M.Sc)
- Mission
 - The Mission of the Marriage and Family Therapy program at the University of Winnipeg is to prepare ethical, effective and competent Marriage and Family Therapists who **work within a systemic/relational framework**. This includes training students to be able **to recognize the influence of their self-of-the-therapist in the therapeutic relationship, appropriately manage and integrate their “self”** in their clinical work, and **demonstrate an understanding of and an appreciation for diversity** in clinical settings as they serve the community.

MMFT Program (cont.)

- Our Philosophy and Diversity Statement
 - We embrace humans in their diversity, including various beliefs and values which underlie all life. The social and cultural context affects all participants in therapy and education, requiring attention to power and discrimination. Therefore faculty, staff and practicum therapists continually explore how our perceptions and reactivity impact our learning environment and our service provision to avoid injustice.
- Code of Ethics - Non-Discrimination
 - 1.8 Avoid discriminating against clients on the basis of race, colour, disability, ethnicity, culture, gender identity or expression, sexual orientation, social class, age, religious or political beliefs, or on any other grounds prohibited by the Human Rights Code of Canada.

MMFT Program (cont.)

- Faculty of Education

<https://www.uwinnipeg.ca/education/>

Dean: Dr. Laurie-Ann Hellsten

- Faculty of Graduate Studies

<http://www.uwinnipeg.ca/graduate-studies/>

Dean: Dr. Kyle Devine

- Faculty & Staff

- Faculty: Dr. Narumi Taniguchi (Director), Dr. Carl Heaman-Warne (Practicum Coordinator), Dr. Chi-Chun Lin, Charity Martin, MMFT
- Program Assistant: Kim O'Grady
- Sessional Instructors: 12+
- Students: 70

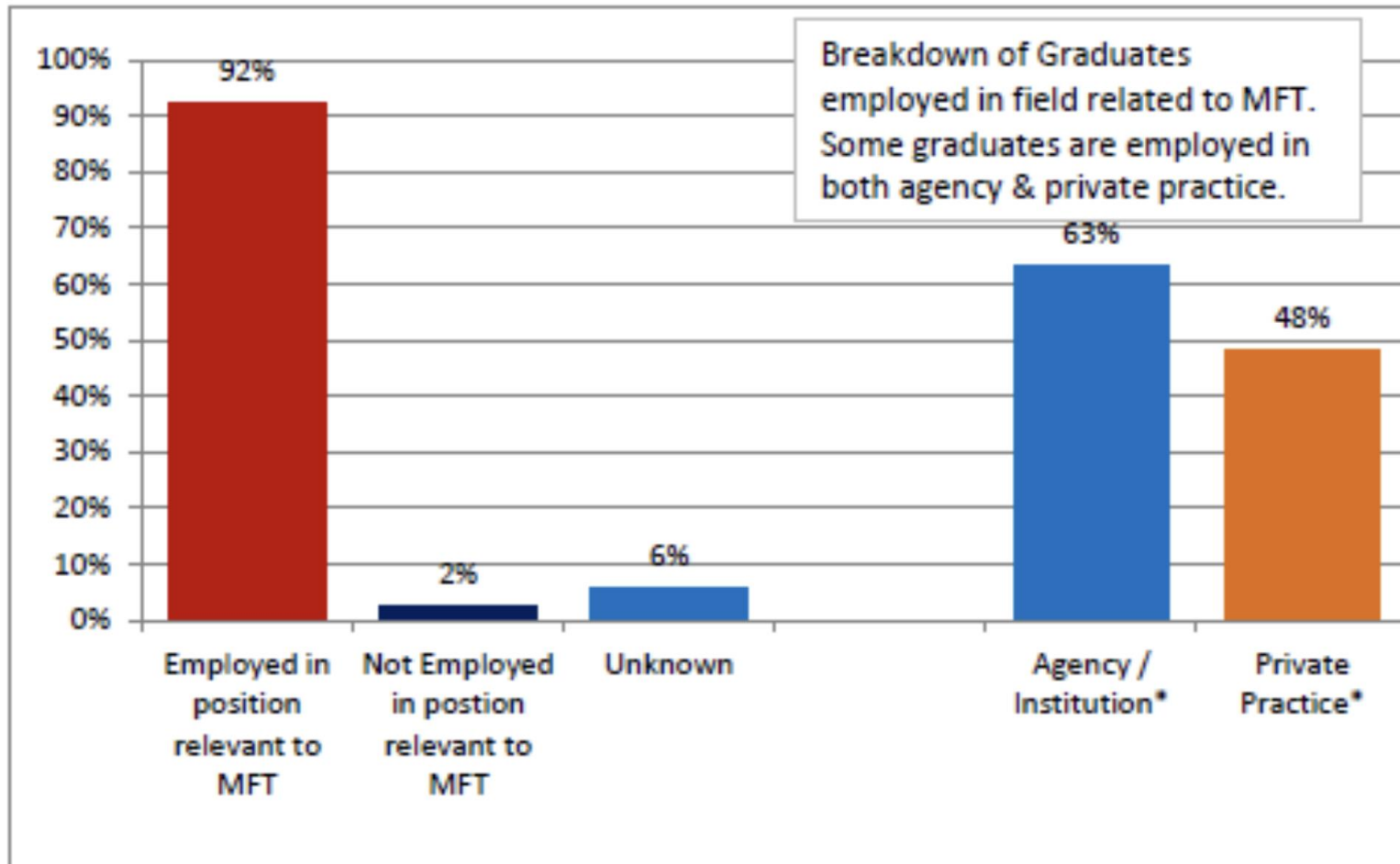
Professional Association

- **CACFT** (Canadian Association for Couple and Family Therapy) www.cacft.ca
 - RAFT-MB (Relational and Family Therapists of Manitoba)
 - CACFT Code of Ethics
 - Approved Supervisor
 - Registered Marriage and Family Therapist designation

CACFT Accreditation

- **Accrediting MFT/CFT graduate** and post-graduate programs in Canada
- **University of Winnipeg** (along with U of Guelph) were the first 2 programs fully accredited through CACFT in Spring 2025
- **Currently 5 other programs** across Canada are provisionally accredited
- **Education and clinical training obtained will be accepted** towards the RMFT (Registered Marriage and Family Therapist) designation

Graduate Employment (2000-2015 data)



- <https://www.uwinnipeg.ca/marriage-family-therapy/alumni.html>

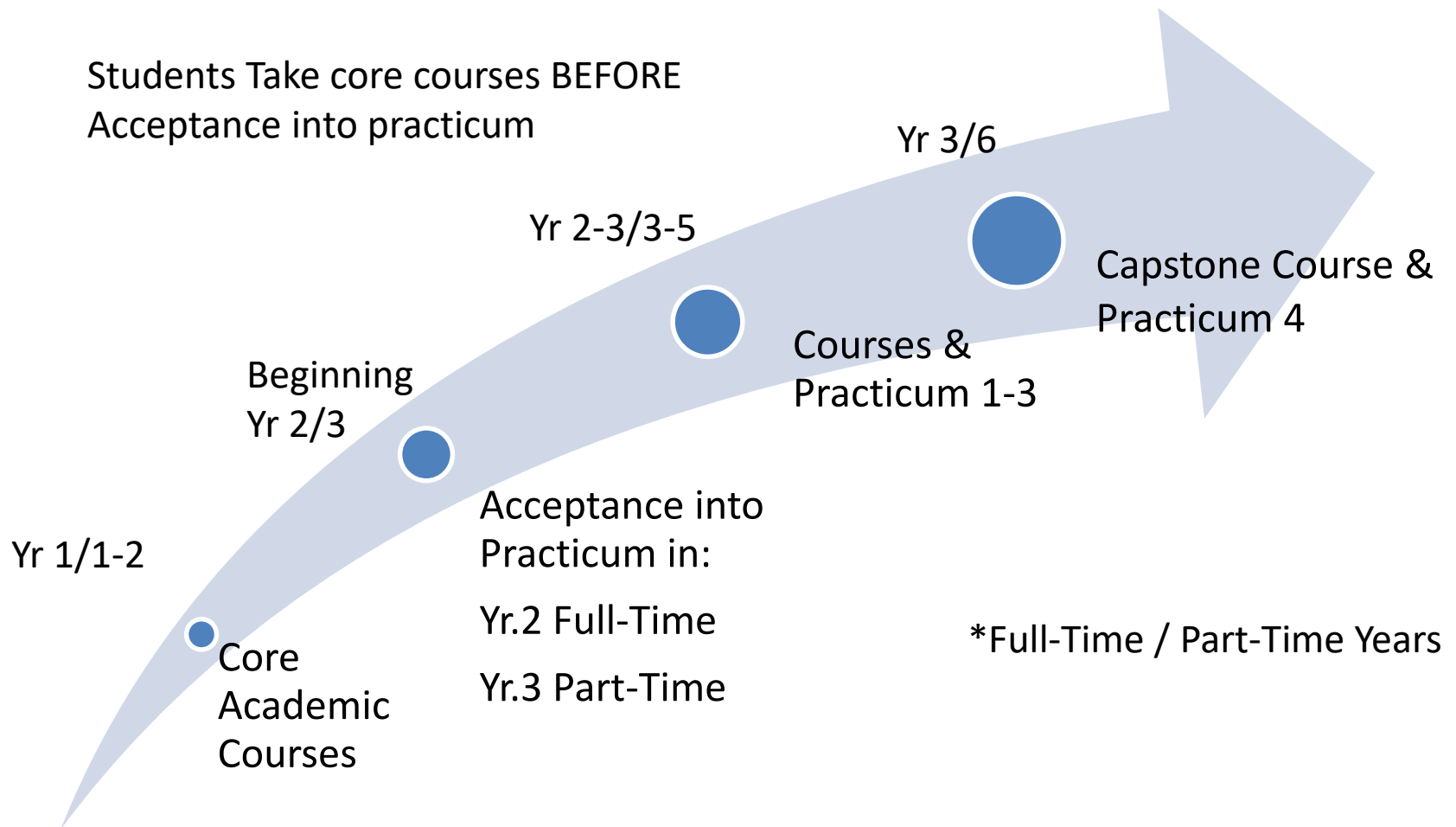
Program Requirements

- Program Requirements
 - 63 Credit Hours including:
 - Regular courses (39 credits: 16-18 courses)
 - Practicum (24 credits)
 - Normal time to complete:
 - PT- 6 years (18 terms)
 - FT- 3 years (9 terms)
 - Maximum time to complete:
 - 7 years (21 terms)

Class Structure

- **Small Class Sizes** (8-16 students per course)
- **Mainly Evening Classes** (some daytime sections)
- **Part Time program**
 - Designed for professionals currently working in the field to specialize in Marriage & Family Therapy
- **Small practicum group sizes** (up to 6) to maximize therapist development

Program Flow



Program Flow

More details:

- Graduate Studies Academic Calendar:
<http://www.uwinnipeg.ca/academics/graduate-calendar/index.html>
- MMFT Program Handbook, Practicum Handbook:
<https://www.uwinnipeg.ca/marriage-family-therapy/current-students/resources.html>

GMFT 7554

Self in the Family Lab

GMFT 7581-4 / 7591-4

Supervised Marriage and Family Therapy (Practicum)

- **4 practicum courses required** (6 x 4 = 24 credits)
- 2 kinds of practicum
 - **Extended practicum:** Sept-June or Jan-October (38 wks)
 - **Condensed practicum:** Sept-April or Jan-August (28 wks)
- **500 therapy hours** (minimums for Direct Contact & relational work)
- **Ongoing supervision in small groups**
- **Based on Observable Data** (Live and video)

Practicum Sites

- Students apply to us for where they would like to be considered. We find & assign the sites.
- Sites have included:
 - Resilia Community Wellness Centre (Formerly Aurora Family Therapy Centre)
 - On Campus Clinic
 - Affiliated sites:
 - U of W Student Counselling Centre
 - St. Amant
 - New Directions, Klinik Community Health, Heartwood Healing Centre, Blue Cross – EAP, UManitoba, and many others...

Tuition Fees

- <https://www.uwinnipeg.ca/graduate-studies/fees/index.html>
- Domestic Tuition (2025-26)
 - Full-Time Student: **appx. \$6,930** per year (3 payments)
 - Part-Time Student: **appx. \$3,460** per year (3 payments)
- International Tuition (2025-26)
 - Full-Time Student: **appx. \$14,430** per year
- Small bursaries available
- Funding (see Faculty of Graduate Studies website)

Admissions Requirements

1. **MMFT Program Online Application**

<https://www.uwinnipeg.ca/marriage-family-therapy/future-students/applying-for-admission.html>

2. **Transcripts**

3. **Application Fee**

4. **Resume**

5. **Essay (3-5 pgs., double spaced)**

6. **Three reference forms and letters of recommendation**

7. **An official TOEFL, IELTS or Duolingo score (If English is not your first/primary language and you are not from an English Exempt Country**

- <https://www.uwinnipeg.ca/future-student/docs/English-language-requirements-policy.pdf>

- **Deadline: February 1 (by 4:30 pm)**

Admissions Procedures

- **Initial screening**
 - Previous academic performance as shown on transcripts
 - Employment and volunteer experiences, especially in the field
 - Letters of reference endorsing the applicant
 - Ability demonstrated through an autobiography to reflect on self, identify family patterns and dynamics, and recognize family-of-origin and cultural influences
- **In-person or Zoom interview in late March or early April**
- **Criminal Records Check**
 - Successful applicants will need to submit and be cleared on a formal Criminal Records Search Certificate (must include a Vulnerable Sector Search), and a formal Child Abuse Registry check.

Questions?

- Carl: c.heaman-warne@uwinnipeg.ca
- Chi-Chun: ch.lin@uwinnipeg.ca
- Charity: ch.martin@uwinnipeg.ca
- Kim / general program: mftinfo@uwinnipeg.ca



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Thank-you!



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