



THE UNIVERSITY OF WINNIPEG

## Master of Marriage & Family Therapy Program (MMFT)

Program Information for 2022 Fall Admissions



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## Agenda

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## Who are MFTs?

- Mental Health Professionals
- Trained in Psychotherapy & Family Systems
- Work with families, couples, individuals
- Relationship experts
- Not a regulated profession in Manitoba (degree portability)

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## MMFT Program

- MMFT Degree (professional degree, not M.A. or M.Sc)
- Mission
  - The Mission of the Marriage and Family Therapy program at the University of Winnipeg is to prepare ethical, effective and competent Marriage and Family Therapists who **work within a systemic/relational framework**. This includes training students to be able **to recognize the influence of their self-of-the-therapist in the therapeutic relationship, appropriately manage and integrate their “self”** in their clinical work, and **demonstrate an understanding of and an appreciation for diversity** in clinical settings as they serve the community.

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## MMFT Program (cont.)

- Our Philosophy and Diversity Statement
  - We embrace humans in their diversity, including various beliefs and values which underlie all life. The social and cultural context affects all participants in therapy and education, requiring attention to power and discrimination. Therefore faculty, staff and practicum therapists continually explore how our perceptions and reactivity impact our learning environment and our service provision to avoid injustice.
- Code of Ethics
  - 1.1 Non-Discrimination.**
  - Marriage and family therapists provide professional assistance to persons without discrimination on the basis of race, age, ethnicity, socioeconomic status, disability, gender, health status, religion, national origin, sexual orientation, gender identity or relationship status.

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## MMFT Program (cont.)

- Faculty of Education
  - <https://www.uwinnipeg.ca/education/>
  - Dean: Dr. Laurie-Ann Hellsten
- Faculty of Graduate Studies
  - <http://www.uwinnipeg.ca/graduate-studies/>
  - Dean: Dr. Mavis Reimer
- Faculty & Staff
  - Director & Core-faculty: Dr. Narumi Taniguchi
  - Practicum Coordinator & Core-faculty: Carl Heaman-Warne
  - Program Assistant: Kim O’Grady
  - Sessional Instructors: 12+
  - Students: 100+

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## Professional Associations

- **AAMFT** (American Association for Marriage & Family Therapy) [www.aamft.org](http://www.aamft.org)
  - Practicum sites follow current AAMFT Code of Ethics  
[http://www.aamft.org/IMIS15/AAMFT/Content/Legal\\_Ethics/Code\\_of\\_Ethics.aspx](http://www.aamft.org/IMIS15/AAMFT/Content/Legal_Ethics/Code_of_Ethics.aspx)
  - Approved Supervisor
- **CAMFT** (Canadian Association for Marriage and Family Therapy) [camft.ca](http://camft.ca)
  - RAFT-MB (Relational and Family Therapists of Manitoba)
  - CAMFT Code of Ethics
  - Approved Supervisor

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## COAMFTE Accreditation

- Commission on Accreditation for Marriage and Family Therapy Education
  - Accrediting agency for marriage and family therapy education and training in the U.S. and Canada
    - Ensure you will receive, a quality education in marriage and family therapy that has been evaluated and has met accepted standards established by the profession.
  - Affiliated with AAMFT (American Association for Marriage and Family Therapy)
    - Client contact hours (360+) obtained while in the program are accepted toward the AAMFT Clinical Fellow designation requirement (1000 hours)
  - Only two COAMFTE accredited master's programs in Canada
  - Expires: Nov 1, 2023

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## CAMFT Accreditation (provisional)

- Accrediting MFT/CFT graduate and post-graduate programs in Canada
- Currently 8 programs are provisionally accredited
- Education and clinical training obtained will be accepted towards RMFT (Registered Marriage and Family Therapist) designation

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## Graduate Employment

- <https://www.uwinnipeg.ca/marriage-family-therapy/alumni.html>

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## Program Requirements

- Program Requirements
  - 63 Credit Hours including:
    - Regular courses (39 credits: 16-18 courses)
    - Practicum (24 credits)
  - Normal time to complete:
    - PT- 6 years (18 terms)
    - FT- 3 years (9 terms)
  - Maximum time to complete:
    - 7 years (21 terms)

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## Class Structure

- Small Class Sizes (8-18 students per course)
- Evenings (some daytime ones)
- Part Time program
  - Designed for professionals currently working in the field to specialize in Marriage & Family Therapy
- Small practicum group sizes (4-6) to maximize therapist development

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## Program Flow

- Students take core courses prior to acceptance into practicum.
- Students begin supervised clinical training (i.e., practicum) (2<sup>nd</sup> year for FT students, 3<sup>rd</sup> year for PT students) and take remaining courses simultaneously.
- More details:  
<http://www.uwinnipeg.ca/academics/graduate-calendar/index.html>

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## GMFT 7554 Self in the Family Lab

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## GMFT 7581-4 / 7591-4 Supervised Marriage and Family Therapy (Practicum)

- 4 practicum courses required (6 x 4 = 24 credits)
- 2 kinds of practicum
  - Regular practicum: 10 months
  - Condensed practicum: 2 terms
- 500 hours of therapy hours
- Min of 200 hours of supervision by AAMFT approved supervisor/candidate
- Based on Observable Data (Live and video)

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## Practicum Sites

- Aurora Family Therapy Centre (on campus)
  - Satellite office:
    - Interlake Eastern RHA (Selkirk, Gimli)
  - Affiliated sites:
    - U of W Student Counselling Centre
    - St. Amant
- New Directions
- Klinik Community Health
- Women's Health Clinic
- Big Brothers Big Sisters of Winnipeg

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## Tuition Fees

- <https://www.uwinnipeg.ca/graduate-studies/fees/index.html>
- Domestic Tuition (2021-22)
  - Full-Time Student: **\$4,950.96** per year
  - Part-Time Student: **\$2,475.48** per year
- International Tuition (2021-22)
  - Full-Time Student: **\$10,193.40** per year
  - Part-Time Student: **\$5,096.70** per year
- Small bursaries available
- Funding (see Faculty of Graduate Studies website)

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## Admissions Requirements

1. MMFT Program Online Application
  2. Transcripts
  3. Application Fee
  4. Resume
  5. Essay (3-5 pgs., double spaced)
  6. Three reference forms and letters of recommendation
  7. An official TOEFL or IELTS score (If English is not your first/primary language and you are not from an English Exempt Country - <https://www.uwinnipeg.ca/future-student/docs/English-language-requirements-policy.pdf>)
    - Duolingo English Test score is accepted for the 2022 fall intake
- Deadline: February 1 (by 4:30 pm)

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## Admissions Procedures

- Initial screening
  - Previous academic performance as shown on transcripts
  - Employment and volunteer experiences, especially in the field
  - Letters of reference endorsing the applicant
  - Ability demonstrated through an autobiography to reflect on self, identify family patterns and dynamics, and recognize family-of-origin and cultural influences
- In-person or Zoom interview in April
- Criminal Records Check
  - Successful applicants will need to submit and be cleared on a formal Criminal Records Search Certificate (must include a Vulnerable Sector Search), and a formal Child Abuse Registry check before admission can be finalized.

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## Questions?

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