

THE MASTER OF MARRIAGE AND FAMILY THERAPY PROGRAM

presents **1.5 Day WORKSHOP**

Couple and Family Therapy for Addiction: Using Congruence Couple Therapy

Addiction is a complex disorder that has now claimed its own classification in the Fifth Edition of the Diagnostic Statistical and Manual of Mental Disorders (2013). Although the impact of addiction on family members is well recognized, there remains a serious gap for skilled interventions within the family system.

Framing addiction as a relationship disorder disrupts an entrenched individual focus. This workshop will enable MFTs and other mental health professionals to apply an evidence-based, integrative systems model to use the couple relationship as a resource to create significant clinical outcomes.

Congruence Couple Therapy has been cited as one of the few systemic therapies for mental and addictive disorders with an experimental evidence-base with follow-up. The model draws from the humanistic legacy of Virginia Satir's work to bring a cogent conceptual framework and manualized application to work with couples. The systemic interventions of this model accelerates the process of change and transforms the impact of childhood trauma that is ubiquitous in addictive disorders.

Bonnie Lee, PhD, is a Board of Governors Research Chair (Tier II) in Healthy Futures and Associate Professor in Health Sciences (Addiction Counselling) at the University of Lethbridge. A Clinical Fellow of the American Association for Marriage and Family Therapy and a Registered Social Worker, she is the Principal Investigator in a decade of programmatic research that shows the efficacy of Congruence Couple Therapy for addiction and concurrent disorders. Integrating training, practice and research, she is currently conducting a multi-site randomized trial in Alberta Health Services comparing outcomes of Congruence Couple Therapy with treatment-as-usual for gambling and alcohol disorders.

Dr. Lee has been an invited keynote speaker and trainer at conferences and workshops internationally. Her articles on treatment outcomes, training evaluation, trauma and pathological gambling, and conceptualization of a relational framework for addiction and mental health are published in peer reviewed international journals.

REGISTRATION:

<https://events.eply.com/>

[CoupleFamilyTherapyforAddictionbyDrBonnieLee2649813](https://events.eply.com/CoupleFamilyTherapyforAddictionbyDrBonnieLee2649813)

Visa, MasterCard and cheques are accepted.



THE UNIVERSITY OF
WINNIPEG

DATES & TIMES

Date 1

Nov. 2, 2018 (Fri)
5—8:30pm

Date 2

Nov.3, 2018 (Sat)
9—4:30 pm

PLACE

Lockhart Hall 1L07
The University of
Winnipeg
515 Portage Avenue
Winnipeg, MB R3B 2E9

FEES*

Regular: \$250 (\$200
until Sept. 30, 2018)

Student: \$200 (\$150
until Sept. 30, 2018)

*Include snacks and
refreshments. Subject
to GST.

CONTACT

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