

## **Human Rights Practicum Program**

### **List of Local Organizations**

#### **1JustCity**

1JustCity is an organization founded to strengthen and sustain social justice work in Winnipeg. They support three drop-in community centres in three core neighbourhoods: West Broadway, the West End, and Osborne Village. Their services include daily meals, senior's programs, laundry, showers, art, Indigenous programming, health-care support, seasonal clothing, and more. During the winter months, they operate an overnight warming shelter, Just a Warm Sleep, at the Osborne Village location.

Website: [1justcity.ca](http://1justcity.ca)

Contact: [info@1justcity.ca](mailto:info@1justcity.ca)

#### **Art City**

Art City is a not-for-profit community centre run by artists, dedicated to providing people of all ages with innovative and professional art programming, free of charge. Art City's primary purpose is to provide access and support for anyone wishing to express themselves creatively.

Website: [artcityinc.com](http://artcityinc.com)

Contact: Albyn Carias, Studio Programs Manager, [albyn@artcityinc.com](mailto:albyn@artcityinc.com)

#### **Canadian Museum for Human Rights**

As the world's first museum dedicated to human rights, the CMHR is centred around the idea that respect and understanding of human rights can serve as a positive force for change in the world. Their mandate is to explore the subject of human rights, with special but not exclusive reference to Canada, in order to enhance the public's understanding of human rights, to promote respect for others, and to encourage reflection and dialogue.

Website: [humanrights.ca](http://humanrights.ca)

Contact: [volunteer.services@humanrights.ca](mailto:volunteer.services@humanrights.ca)

#### **IRCOM (Immigrant and Refugee Community Organization of Manitoba)**

The Immigrant and Refugee Community Organization of Manitoba (IRCOM) Inc. is a non-profit that empowers newcomer families to integrate into the wider community through affordable transitional housing, programs, and services.

Website: [ircm.ca](http://ircm.ca)

Contact: Fill out the [Application Form for Practicum Students](#) on their website; for questions, please contact Nahla Abdelwahab

Phone: 204-306-9874 | Email: [nahlaa@irc.com.ca](mailto:nahlaa@irc.com.ca)

### **Legal Help Centre**

Legal Help Centre is a non-profit organization that offers free legal information, support, and referrals to low-income individuals, using an interdisciplinary approach to help people navigate complex legal and social issues.

Website: [legalhelpcentre.ca](http://legalhelpcentre.ca)

Contact: Daniel Hildebrand, Staff Lawyer, [daniel@legalhelpcentre.ca](mailto:daniel@legalhelpcentre.ca)

### **Manitoba Association for Rights and Liberties (MARL)**

MARL is a non-profit organization that provides human rights education and advocacy training to youth and adults.

Website: [marl.mb.ca](http://marl.mb.ca)

Contact: [connect@marl.mb.ca](mailto:connect@marl.mb.ca)

### **N.E.E.D.S. Inc. (Newcomer Employment and Education Development Services, Inc.)**

N.E.E.D.S. Inc. offers newcomer children, youth, and their families programming that makes integrating into Canadian life easier. They offer psychosocial supports and education, employment, mentorship, and recreation programs to help their participants develop the life skills and confidence they need to succeed.

Website: [needsinc.ca](http://needsinc.ca)

Contact: [volunteers@needsinc.ca](mailto:volunteers@needsinc.ca)

### **New Directions for Children, Youth, Adults and Families**

New Directions is a Winnipeg-based non-profit organization committed to supporting people of all ages and backgrounds with a variety of needs. They provide a wide range of services and supports. These include everything from day programs to 24/7 staffed residential settings for both adults and children. They also offer cultural and educational programs, job training, therapy, and clinical and counselling services.

Website: [newdirectionsmb.ca](http://newdirectionsmb.ca)

Contact: [studentsandvolunteers@newdirections.mb.ca](mailto:studentsandvolunteers@newdirections.mb.ca)

### **North Point Douglas Women's Centre**

The North Point Douglas Women's Centre (NPDWC) is a community hub offering a safe, welcoming space for women and families, providing basic needs, support, health programs, and

fostering community engagement through initiatives like the Mama Bear Clan and connecting women to healing and traditional teachings.

Website: [npdwc.org](http://npdwc.org)

Contact: Phone: 204-947-0321 | Email: [info@npdwc.org](mailto:info@npdwc.org)

### **Onashowewin Justice Circle**

Onashowewin is an Ojibway word that means "the way we see justice." Onashowewin Justice Circle's mission is to provide culturally based restorative justice practices for those in conflict with the law, support for those harmed, and promotion of reconciliation, with the goal of restoring balance and safety to our communities.

Website: [onashowewin.com](http://onashowewin.com)

Contact: Stephanie Sinclair, Program Coordinator

Phone: 204-336-3600 ext. 106 | Email: [ssinclair@onashowewin.com](mailto:ssinclair@onashowewin.com)

### **Rainbow Resource Centre**

Rainbow Resource Centre is Canada's longest-serving 2SLGBTQ+ centre, creating responsive programs and resources to support Manitoba's 2SLGBTQ+ communities for over 50 years.

They offer a range of programs for 2SLGBTQ+ individuals and families at all ages and stages of life, including a youth program, summer camps for youth, 55+ programming, a variety of community-led social support groups, and free short-term counselling.

Website: [rainbowresourcecentre.org](http://rainbowresourcecentre.org)

Contact: Volunteer Coordinator, [programming@rainbowresourcecentre.org](mailto:programming@rainbowresourcecentre.org)

### **Spence Neighbourhood Association**

The Spence Neighbourhood Association Inc. (SNA) is a non-profit organization that offers free community programming to residents of the Spence Neighbourhood.

The Spence Neighbourhood is a vibrant community located within a 25-block area of Winnipeg's Inner City, bordered by Balmoral Street to the east, Agnes Street to the west, Portage Avenue to the south, and Notre Dame Avenue to the north.

Website: [spenceneighbourhood.org](http://spenceneighbourhood.org)

Contact: Community Liaison

Phone: 204-783-5000 ext. 107 | Email: [liaison@spenceneighbourhood.org](mailto:liaison@spenceneighbourhood.org)

## **West Broadway Community Organization**

West Broadway Community Organization (WBCO) is a not-for-profit, charitable organization working to coordinate and support social, economic, and environmental development efforts in Winnipeg's West Broadway neighbourhood. WBCO is both a residents' association and a Neighbourhood Renewal Corporation, working with neighbours, community-based organizations, businesses, government, and other stakeholders to achieve community goals prioritized through regular, intensive consultation and planning efforts.

Website: [westbroadway.mb.ca](http://westbroadway.mb.ca)

Contact: Phone: 204-774-7201 | Email: [info@westbroadway.mb.ca](mailto:info@westbroadway.mb.ca)

## **West Central Women's Resource Centre**

West Central Women's Resource Centre empowers women, gender diverse people and their community, to move from where they are to where they want to be, by providing responsive programming, facilitating knowledge sharing and connection, and contributing to culture shift and policy transformation.

Website: [wcwrc.ca](http://wcwrc.ca)

Contact: Debra McKay, Program Admin & Volunteer Coordinator

Phone: 204-775-8974 ext. 248 | Email: [Debra@wcwrc.ca](mailto:Debra@wcwrc.ca)