



FACULTY OF ARTS

## PSYCHOLOGY

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**Psychology is the scientific study of the mind, human experience, and behaviour, ranging from the basic mechanisms of the nervous system to principles governing social relations.**

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Psychology seeks to understand scientifically such diverse topics as aggression, attachment between infants and caregivers, reading, psychological disorders, romantic relationships, and effective behaviour in organizations. These and other topics are examined from multiple perspectives, including basic biological processes, early environment, the impact of poverty and other stressors, social context, and culture.

Students are encouraged to select courses from various areas that make up its core: physiological psychology, perception, learning, cognition, developmental psychology, personality, social psychology, and abnormal psychology. Students also take courses on the scientific methods that psychologists use to understand human behaviour and experience, from observations and surveys to biological procedures. Outside of class, students have opportunities to participate in psychological research, to work with faculty on specific research projects, and to attend interesting talks.

This program leads to a **Bachelor of Arts degree (3-year, 4-year, or Honours)**. The 4-year Honours degree is recommended for anyone planning to go on to graduate studies in the field.

*Also, please see related fact sheet on “Biopsychology.”*

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### SAMPLE CAREERS

A background in Psychology is useful in most workplaces, as knowledge about motivation, perception, learning, social behavior and data analysis can be applied on a regular basis. Psychology courses are often part of training programs or are prerequisites for degrees in areas such as nursing or medicine, education, speech pathology, law enforcement, social services, business, and public administration. The 4-year Honours degree in Psychology provides excellent preparation for graduate programs, which can lead to careers in research, academia or clinical practice.

### SAMPLE COURSES

**Introductory Psychology** provides an overview of the scientific analysis of behaviour and mental activity from biological, social, and personal perspectives. The course surveys diverse psychological topics, including perception, learning, memory, intelligence, personality, developmental processes, and abnormal behaviour.

**Social Psychology I** is a second-year course that explores the behaviour and cognition of the individual in social contexts. Topics include social perception and impression formation, attitudes, beliefs and values, prejudice and discrimination, and the formation and function of the social self.

**Biological Considerations in Clinical Psychology** is an Honours course that deals with the biological bases of several psychological disorders. In the course, students also discuss and compare

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various psychotherapeutic and pharmacological treatments. Topics include such disorders as anorexia nervosa, alcoholism, mania, depression, phobias, obsessive-compulsive disorder, schizophrenia, Parkinsonism, and Alzheimer's disease.

### **MORE SAMPLE COURSES**

- Abnormal Behaviour in Adults
  - Developmental Psychology
  - Drugs and Behaviour
  - Forensic Psychology
  - Perception
  - Introduction to Clinical Psychology
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### **SAMPLE FIRST YEAR**

**PSYC-1000(6) Introductory Psychology**

**RHET-1102(3) Academic Writing: Social Sciences or any other section of Academic Writing (if required)**

**21-24 credit hours of Electives, depending on interests**

***NOTE:** This sample first year is only representative of courses students might take. For many programs, students may choose an alternative set of courses and still be well on their way to a degree. Also, most programs do not require that students take 30 credit hours (five full courses) in first year.*

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***The University of Winnipeg Psychology Department is a program that punches well above its weight. After finishing my BA Honours in Psychology I was accepted to the PhD Psychology program at the University College London which is the best Psychology program in Europe. I believe what gave me a competitive application was the rigorous approach to training us in research methods as well as fostering in us a deep sense of curiosity so that we never stop learning. Even now that I run a Human Factors Lab for Gamin International, I still find that the training I had in statistics and quantitative research methods is invaluable on a day to day basis.***

- Dr. Stephen Hassard, B.A. Honours, 2003

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### **REQUIRED HIGH SCHOOL COURSES**

Students must meet The University of Winnipeg's general admission requirements. No specific courses are required for registration in Introductory Psychology.

### **HOW TO APPLY**

For details on application requirements, deadlines, and to apply online, please visit:  
**[uwinnipeg.ca/apply](http://uwinnipeg.ca/apply)**

For more information contact a student recruitment officer at [welcome@uwinnipeg.ca](mailto:welcome@uwinnipeg.ca) or 204.786.9844. In any case where the University's Academic Calendar and this fact sheet differ, the current Calendar takes precedence.

### **CONTACT US**

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**<https://www.uwinnipeg.ca/psychology/index.html>**

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