

**4-year BSc - Athletic Therapy (120 credit hours)**  
**Suggested Course Map for Students Following**  
**the U2024 Calendar (and earlier)**

Year One	Term
KIN-1101(3) Introduction to Kinesiology	F
RHET-1105(3) Academic Writing	F
Humanities (3)	F
Indigenous Course Requirement (3)*	F
BIOL-1112(6) Human Anatomy and Physiology	FW
KIN-1601 (3) Nutrition Health and Wellness	W
STAT-1301(3) Statistical Analysis** <b>OR</b> STAT-1501(3) Elementary Biological Statistics** <b>OR</b> SOC-2125 (3) Introduction to Quantitative Research Methods**	W
Humanities (3)	W
Humanities (3)	W
Year Two	
KIN-2105(3) Sport and Exercise Psychology	F
KIN-2204(3) Human Physiology	F
KIN-2301(3) Human Anatomy***	F
KIN-2304(3) Scientific Principles of Fitness and Conditioning***	F
Humanities (3)	F
KIN-2202(3) Prevention and Care of Sport Injuries**	W
KIN-3201(3) Biomechanics	W
KIN-3209(3) Motor Learning and Development	W
KIN-3505(3) Pathology in Sport Medicine	W
SOC-2126(3) Introduction to Research Design and Qualitative Research	W
Year Three	
KIN-3202(3) Musculoskeletal Support Techniques	F
KIN-3301(3) Applied Human Anatomy ***	F
KIN-3501(3) Assessment of Upper and Lower Limb Sport Injuries***	F
KIN-3504(3) Sport First Responder***	F
KIN-3500(6) Practicum I: Field/Clinical	FW
KIN-3106(3) Exercise Physiology	W
KIN-3107(3) Therapeutic Modalities in Sport Medicine	W
KIN-3502(3) Rehabilitation of Upper and Lower Limb Sport Injuries ***	W
KIN-3506(3) Soft Tissue Manual Therapy	W
Year Four	
KIN-4501(3) Sports Injuries of the Spine	F
KIN-4502(3) Drugs and Ergogenic Aids in Sports	F
BUS-2755(3) Business Planning Basics	F
Non-KIN elective (3)	F
KIN-4500(6) Practicum III: Field/Clinical	FW
KIN-3100(3) Professionalism in Applied Health	W
KIN-3305(3) Physical Activity: Promotion and Adherence	W
KIN-4106(3) Exercise Physiology in Chronic Disease	W
KIN-3304(3) Advanced Resistance Training	W

\* Can be a Non-Kin Elective if this requirement has been met by a humanities course

\*\* Courses in Year 1 with pre-requisites

\*\*\* Minimum B Grade required