



THE UNIVERSITY OF WINNIPEG

Department of Kinesiology and Applied Health

Our mission is to provide an environment where students in Kinesiology and Applied Health can pursue their potential through our commitment to excellence in teaching, research, and community service.

4 Year Bachelor of Science (Exercise Science)

Frequently Asked Questions:

1. When did the 4 year BSc degree come into effect?

The four year BSc in Kinesiology and Applied Health was approved by Senate October 27, 2006. It will take effect with the printing of the 2007–08 university calendar. Students who have completed all of the requirements can graduate as early as June 2007.

2. Will you still be offering a three year degree BSc as well as the four year degree?

There is no 3-year BSc degree in Kinesiology. The only three year degree available in the Department of Kinesiology and Applied Health is a three year BPHE which is designed particularly for students who are pursuing an Education degree.

3. How will my degree be designated on my parchment?

The diploma will indicate Bachelor of Science

4. If I am currently enrolled in a three year degree can I extend my studies one more year and be granted a 4 year degree?

Yes, you can continue with your present studies into a fourth year to earn a four year degree providing you complete all of the requirements.

5. What are the benefits of having a four year BSc degree as opposed to a three year degree?

Having a four year degree will make you competitive with graduates from other Kinesiology or similar degree programs as most Canadian programs are now four years. A four year degree also allows you to apply directly to Master's programs without having to do a pre-masters year. This makes you more competitive in applying for graduate studies. If you are seeking to become a Certified Exercise Physiologist through the Canadian Society for Exercise Physiology, you must have a 4-year degree.

6. What if I have already been awarded a three year BA or BSc degree, can I still pursue a 4 year BSc degree?

Yes, you can return to complete a fourth year of study. You would have to relinquish your 3 year degree before you are awarded your four year degree. And you must meet all of the 4-year BSc requirements.

7. If I get a 4 year Arts degree in Kinesiology and Applied Health or 4 year Bachelor of Kinesiology degree, will I be able to convert to a science degree?

You may not hold both a BA or BKin and a BSc with the same major (Kinesiology). However, you may relinquish your 4-year BA or BKin and obtain the 4-year BSc if you acquire all of the necessary courses for the 4-year BSc.

8. What if I have more Kinesiology credits than I need?

If you have more than the maximum 78 credits allowed, they can not be used towards your degree.

9. Do I have to declare a specific degree when I register with student records?

When you apply to the University, you would indicate that you are applying for a 4 year BSc. (Exercise Science). Those who are in the midst of taking courses and wish to change to a 4 year BSc will need to declare their major(Declaration of major forms are in 3D09). You must have completed a minimum of 30 credits before you can declare a major.

10. Can I get a four year degree in something other than Exercise Science?

Yes you can get a 4 year Science degree (Athletic Therapy) and you can also receive a 4 year Bachelor of Kinesiology(General) or a 4 year Bachelor of Kinesiology (Sport Coaching)

11. Where can I get a program planner for the new four year BSc degree?

Coming Soon: Student Degree Planner through WebAdvisor

12. Who can I talk to for more information?

You can contact the Department Assistant, Meaghan Michaluk at 204.786.9024 or by email at m.michaluk@uwinnipeg.ca in Kinesiology and Applied Health