



THE UNIVERSITY OF WINNIPEG

Department of Kinesiology and Applied Health

Our mission is to provide an environment where students in Kinesiology and Applied Health can pursue their potential through our commitment to excellence in teaching, research, and community service.

4 Year Bachelor of Kinesiology Degree (Sport Coaching)

Frequently Asked Questions:

1. When does this 4 year Bachelor of Kinesiology (Sport Coaching) degree come into effect?

The four year BKin. (Sport Coaching) in Kinesiology and Applied Health was approved by Senate June 6, 2013. It will take effect with the printing of the 2014-2015 university calendar.

2. Will you still be offering a three year degree BKin. as well as the four year degree?

The only three year degree available in the Department of Kinesiology and Applied Health is a three year BPHE which is designed particularly for students who are pursuing an Education Degree.

3. How will my degree be designated on my parchment?

The diploma will indicate Bachelor of Kinesiology

4. If I am currently enrolled in a three year degree can I extend my studies one more year and be granted a 4 year degree?

Yes, you can continue with your present studies into a fourth year to earn a four year degree providing you complete all of the requirements of the 4 year BKin (Sport Coaching) degree.

5. What are the benefits of having a four year BKin degree as opposed to a three year degree?

Having a four year degree will make you competitive with graduates from other Kinesiology or similar degree programs as most Canadian programs are now four years. A four year degree also allows you to apply directly to Master's programs without having to do a pre-masters year. This makes you more competitive in applying for graduate studies. If you are seeking the Chartered Professional Coach (ChPC) designation through Coaches of Canada you will require a four year degree.

6. What if I have already been awarded a three year BA or BSc degree, can I still pursue a 4 year degree?

Yes, you can return to complete a fourth year of study. You would have to relinquish your 3 year degree before you are awarded your four year degree.

7. If I get a 4 year BKin degree in Kinesiology and Applied Health, will I be able to convert to a science degree?

You may not hold both a BKin. and a BSc with the same major (Kinesiology). However, you may relinquish your 4-year BA and obtain the 4-year BSc if you acquire all of the necessary courses for the 4-year BSc.

8. Can I get a 4 year BSc (Coaching Studies)

Many of the required courses for the 4 year BKin (Sport Coaching) degree are included in the 4 year BSc (Exercise Science) degree. Provided you met the course requirements for the Coaches of Canada PAC you can receive a BSc Exercise Science and a ChPC designation.

9. If I am registered under the previous regulations, do I have to comply with the new regulations?

You can continue under the old rules providing you have completed a minimum of 60 credits towards your degree. You would be granted a 3 year BA as per the previous requirements.

10. If I have one or two of the other Motor Behaviour courses (Adapted Physical Activity, Physical Growth and Motor Development, Physical Activity and Aging) can I use them as one of the required courses instead of Motor Learning and Control?

Motor Learning and Control has been identified as a core course for the four year degree. Substitutions with other Motor Behaviour courses will not be accepted.

11. What if I have more Kinesiology credits than I need?

If you have more than the maximum 78 credits allowed, they can not be used towards your degree.

12. Do I have to declare a specific degree when I register with student records?

When you apply to the University, you would indicate that you are applying for a 4 year-Bachelor of Kinesiology (Sport Coaching) degree. Those who are in the midst of taking courses and wish to change to a 4 year BSc must declare their major (Declaration of major forms are in 3D09). You must have completed a minimum of 30 credits before you can declare a major.

13. Can I get a four year degree in something other than Sport Coaching?

Yes you can get a 4 year Kinesiology degree in Kinesiology and Applied Health – General and you can also get a 4 year Science degree in Exercise Science and a 4 year Science degree in Kinesiology and Applied Health – Athletic Therapy.

14. Where can I get a program planner for the new four year BKin degree?

Coming soon: Student planning option through WebAdvisor

15. Who can I talk to get more information?

You can contact Meaghan Michaluk, Department Assistant in the Department of Kinesiology and Applied Health at 204.786.9024