

Degree Requirement Checklist
4-year BSc. - Athletic Therapy (120 credit hours)
Kinesiology and Applied Health
Course Map

Year One	Term
KIN-1101(3) Introduction to Kinesiology	F
RHET-1105(3) Academic Writing	F
Humanities (3)	F
Indigenous Studies (3)*	F
BIOL-1112(6) Human Anatomy and Physiology	FW
KIN-1601 (3) Nutrition Health and Wellness	W
KIN-2105 (3) Sport and Exercise Psychology	W
PSYC-2101(3) Intro to Data Analysis	W
Humanities (3)	W
Year Two	
KIN-2204 (3) Human Physiology	F
KIN-2301(3) Human Anatomy**	F
KIN-3505(3) Pathology in Sport Medicine	F
Humanities (3)	F
Humanities (3)	F
KIN-2202(3) Prevention and Care of Sport Injuries**	W
KIN-2304(3) Scientific Principles of Fitness and Conditioning**	W
KIN-3201(3) Biomechanics	W
KIN-3209(3) Motor Learning and Development	W
PSYC-2102(3) Intro to Research Methods	W
Year Three	
KIN-3202(3) Musculoskeletal Support Techniques	F
KIN-3301(3) Applied Human Anatomy ***	F
KIN-3501(3) Assessment of Upper and Lower Limb Sport Injuries***	F
KIN-3504(3) Sport First Responder***	F
KIN-3500(6) Practicum I: Field/Clinical	FW
KIN-3106(3) Exercise Physiology	W
KIN-3107(3) Therapeutic Modalities in Sport Medicine	W
KIN-3502(3) Rehabilitation of Upper and Lower Limb Sport Injuries ***	W
KIN-3506(3) Soft Tissue Manual Therapy	W
Year Four	
KIN-4106(3) Exercise Physiology in Chronic Disease	F
KIN-4501(3) Sports Injuries of the Spine	F
KIN-4502(3) Drugs and Ergogenic Aids in Sports	F
BUS-2755(3) Business Planning Basics	F
KIN-4500(6) Practicum III: Field/Clinical	FW
KIN-3100(3) Professionalism in Applied Health	W
KIN-3304(3) Advanced Resistance Training	W
KIN-3305(3) Physical Activity: Promotion and Adherence	W
3 credit hours of Non-KIN elective	W

* Can be a Non-Kin Elective if this requirement has been met by a humanities course

** Minimum B grade required to apply to the AT Program in 3rd year

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