

2017/2018 Degree Requirement Checklist

4 year BSc. - Athletic Therapy (120 credit hours)

Kinesiology and Applied Health

Year One - 30 Credit Hours

KIN-1101(3) Introduction to Kinesiology
 BIOL-1112(6) Human Anatomy and Physiology
 PSYC-1000(6) Introductory Psychology
 RHET-1105(3) Academic Writing: Links with the Disciplines-KIN or any other section of Academic Writing (if required) or Non-KIN Elective*
 6 credit hours Humanities Requirement
 BUS-1201(3) Introduction to Business I
 KIN 2501(3) Nutrition Health and Wellness

Year Two - 30 Credit Hours

KIN-2301(3) Human Anatomy
 KIN-2202(3) Prevention and Care of Sport Injuries
 KIN-3201(3) Biomechanics
 KIN-3505(3) Pathology in Sport Medicine
 KIN-2304(3) Scientific Principles of Fitness and Conditioning
 KIN-2204 (3) Human Physiology (Pre-requisite to KIN 3106 Exercise Physiology)
 KIN-XXXX(3) KIN Elective** KIN 2503 or KIN 3105
 PSYC-2101(3) Intro to Data Analysis OR STAT-1501(3) Elementary Biological Statistics I
 PSYC-2102(3) Intro to Research Methods OR SOC-2126(3) Introduction to Research Design and Qualitative Research
 3 credit hours of Non-KIN Elective *

Year Three - 30 Credit Hours

KIN-2500(3) Practicum I: Field/Clinical
 KIN-2503(3) Athletic Taping and Splinting Techniques
 KIN-3106(3) Exercise Physiology
 KIN-3107(3) Therapeutic Modalities in Sport Medicine
 KIN-3304(3) Advanced Resistance Training
 KIN-3501(3) Assessment of Upper and Lower Limb Sport Injuries
 KIN-3502(3) Rehabilitation of Upper and Lower Limb Sport Injuries
 KIN-3503(3) Massage Techniques in Sport
 KIN-3504(3) Sport First Responder
 KIN-XXXX(3) KIN Elective** KIN 3103 or KIN 3208 or KIN 4207

Year Four - 30 Credit Hours

KIN-3500(6) Practicum II: Field
 KIN-4301(3) Applied Human Anatomy
 KIN-4500(6) Practicum III: Clinical
 KIN-4501(3) Sports Injuries of the Spine
 KIN-4502(3) Drugs and Ergogenic Aids in Sports
 3 credit hours of Non-KIN Electives *
 6 credit hours of Humanities

*Any course(s) not from Kinesiology and Applied Health

**KIN Electives:

At least one of: KIN-2305(3) Issues in Health, KIN-3105(3) Psychological Skills in Sport and Life
At least one of: KIN-3103(3) Adapted Physical Activity, KIN-3208(3) Physical Activity and Aging, KIN-4207(3) Motor Learning and Control

CATA requires all athletic therapy certification candidates to have completed 1200 hours of internship.
 The three practicum courses (KIN-2500, KIN-3500, KIN-4500) will account for approximately 600 internship hours.

GENERAL DEGREE REQUIREMENT

Humanities: 12 credit hours in Humanities
 Writing: Minimum 3 credit hours of Academic Writing.
 Indigenous: 3 credit hours in designated Indigenous requirement courses
 Maximum Introductory Courses: Students may use a maximum of 42 credit hours at the 1000 level. Of these, a maximum of 6 credit hours may be below the 1000 level.
 Distribution: Minimum 4 subjects.

MAJOR REQUIREMENT

Major: Minimum 75 credit hours/Maximum 78 credit hours.

Note: KIN 2204 will be used towards the 12 credit hours of Non-KIN electives