

Degree Requirement Checklist - Prior to March 2019

4 year BSc. - Athletic Therapy (120 credit hours) Kinesiology and Applied Health

Suggested Course Map:

Year One - 30 Credit Hours

KIN-1101(3) Introduction to Kinesiology
 BIOL-1112(6) Human Anatomy and Physiology
 PSYC-1000(6) Introductory Psychology
 RHET-1105(3) Academic Writing: Links with the Disciplines-KIN or any other section of Academic Writing (if required) or Non-KIN elective*
 6 credit hours Humanities Requirement (may use course that also fulfills Indigenous Requirement)*
 BUS-1201(3) Introduction to Business I
 KIN 1601(3) Nutrition for Health and Wellness

Year Two - 30 Credit Hours

KIN-2301(3) Human Anatomy
 KIN-2202(3) Prevention and Care of Sport Injuries
 KIN-3201(3) Biomechanics
 KIN-3505(3) Pathology in Sport Medicine
 KIN-2304(3) Scientific Principles of Fitness and Conditioning
 KIN-2204 (3) Human Physiology (Pre-requisite to KIN 3106 Exercise Physiology)
 KIN-XXXX(3) KIN elective **Choose one of:** KIN-2305(3) Issues in Health, KIN-3105(3) Psychological Skills in Sport and Life
 PSYC-2101(3) Intro to Data Analysis **OR**
 STAT-1501(3) Elementary Biological Statistics I **OR** STAT-1302(3) Statistical Analysis II

PSYC-2102(3) Intro to Research Methods **OR**
 SOC-2126(3) Introduction to Research Design and Qualitative Research
 3 credit hours of Non-KIN elective *

Year Three - 30 Credit Hours

KIN-2500(3) Practicum I: Field/Clinical
 KIN-2503(3) Athletic Taping and Splinting Techniques
 KIN-3106(3) Exercise Physiology
 KIN-3107(3) Therapeutic Modalities in Sport Medicine
 KIN-3304(3) Advanced Resistance Training
 KIN-3501(3) Assessment of Upper and Lower Limb Sport Injuries
 KIN-3502(3) Rehabilitation of Upper and Lower Limb Sport Injuries
 KIN-3503(3) Massage Techniques in Sport
 KIN-3504(3) Sport First Responder
 KIN-XXXX(3) KIN elective **Choose one of:** KIN-3103(3) Adapted Physical Activity, KIN-3208(3) Physical Activity and Aging, KIN-4207(3) Motor Learning and Control

Year Four - 30 Credit Hours

KIN-3500(6) Practicum II: Field
 KIN-4301(3) Applied Human Anatomy
 KIN-4500(6) Practicum III: Clinical
 KIN-4501(3) Sports Injuries of the Spine
 KIN-4502(3) Drugs and Ergogenic Aids in Sports
 3 credit hours of Non-KIN elective*
 6 credit hours Humanities (may use course that also fulfills Indigenous Requirement)*

*Any course(s) not from Kinesiology and Applied Health

Humanities:	12 credit hours in Humanities
Writing:	Minimum 3 credit hours of Academic Writing.
Indigenous:	3 credit hours in designated Indigenous requirement courses
Maximum Introductory Courses:	Students may use a maximum of 42 credit hours at the 1000 level. Of these, a maximum of 6 credit hours may be below the 1000 level.
Distribution:	Minimum three (3) credit hours from each of five (5) different subjects

MAJOR REQUIREMENT

Major: Minimum 75 credit hours/Maximum 78 credit hours.

Note: Must complete 12 credit hours of Non-Kin electives
 KIN-2204 will be used towards the 12 credit hours of Non-KIN electives

It is recommended you check the **Academic Calendar** to ensure you complete all required courses for your degree.