



## Athletic Therapy Program Changes:

All students planning to pursue the 4 year BSc - Athletic Therapy degree must submit an **Enhanced Major Form** after successful completion of 60 credit hours of prescribed courses (2 years of full-time study).

---

**Space in the Athletic Therapy program is limited and not all eligible students may be admitted.**

---

### NEW 1<sup>st</sup> year students applying to the University of Winnipeg

1) First apply to the University of Winnipeg through the online application.

<https://www.uwinnipeg.ca/future-student/admissions-req.html> for **General Admission Requirements** to the University of Winnipeg.

**Required High School Pre-Requisites:** Pre-Calculus (40S) or Applied Mathematics (40S)

**Recommended:** Biology (40S) and one of Chemistry (40S) or Physics (40S).

2) When choosing a major on the online application, select the **4-year Bachelor of Kinesiology**.

---

**Admission to the University of Winnipeg does not guarantee admission to the Athletic Therapy program.**

---

3) Once accepted to the University of Winnipeg, complete the following 60 credit hours of courses *prior to* completing the AT Enhanced Major Application Form:

#### Year One - 30 Credit Hours

KIN-1101(3) Introduction to Kinesiology  
KIN 1601(3) Nutrition Health and Wellness  
KIN-2105(3) Sport & Exercise Psychology  
BIOL-1112(6) Human Anatomy and Physiology  
RHET-XXXX(3) Academic Writing <sup>a</sup>  
Statistic requirement <sup>b</sup>  
6 credit hours Humanities Requirement  
3 credit hours Indigenous Requirement

#### Year Two - 30 Credit Hours

KIN-2202(3) Prevention and Care of Sport Injuries – **minimum B grade required**  
KIN-2204 (3) Human Physiology <sup>c</sup>  
KIN-2301(3) Human Anatomy – **minimum B grade required**  
KIN-2304(3) Scientific Principles of Fitness and Conditioning – **minimum B grade required**  
KIN-3201(3) Biomechanics  
KIN-3209(3) Motor Learning & Development  
KIN-3505(3) Pathology in Sport Medicine  
Research methods requirement <sup>d</sup>  
6 credit hours Humanities Requirement

<sup>a</sup>Students who have the Academic Writing Requirement waived will need to take a NON-KIN elective in its place.

<sup>b</sup>STAT-1301(3) Statistical Analysis I OR STAT-1501(3) Elementary Biological Statistics I OR PSYC-2101(3) Intro to Data Analysis.

<sup>c</sup>Pre-requisite to KIN 3106 Exercise Physiology.

<sup>d</sup>PSYC-2102(3) Intro to Research Methods OR SOC-2126(3) Introduction to Research Design and Qualitative Research.



### Enhanced Major Requirements

For Fall admission, the Enhanced Major Form must be submitted by **April 1** of the intake year. Required courses should be completed prior to the April 1 deadline. Courses completed in the Winter term prior to Fall admission are eligible, but Spring/Summer are not. Once admitted to the Athletic Therapy program, students will change their major to the 4 year BSc - Athletic Therapy. Students who do not receive admittance to the Athletic Therapy program are free to continue with the Bachelor of Kinesiology degree.

---

**Completion of the Athletic Therapy program can only be pursued on a full-time basis.**

---

The Enhanced Major Application Form will be available in late fall and can be found here: <https://www.uwinnipeg.ca/dept-kinesiology/degrees/4-yr-bsc-athletictherapy.html>

Along with the Enhanced Major Application Form, the applicant needs to have completed the following:

1. **Course Assessment** - Successful completion of the prescribed 60 credits hours (see A-3).
2. Minimum GPA of 3.0 with a regular status admission.

3. **Personal Submission** - Students must indicate in their personal submission why they want to become an Athletic Therapist and what they feel the profession entails.

4. **Experience and Abilities** - Students must indicate in their personal submission letter why they want to pursue athletic therapy. They should also indicate that they have investigated the profession of Athletic Therapy. This may include interviewing/observing/shadowing an AT in their workplace; volunteering in sport first aid with a sport team under the supervision of an AT at a university/college or other level as well as other skills that may be relevant to a career in athletic therapy.

5. **Reference Letter** - Submit one professional letter of support.

---

6. **Valid certification** - Standard First Aid -Red Cross or equivalent, and Basic Life Support must be completed prior to beginning classes in the Athletic Therapy program.

---

**Previous practical experience is considered in the admissions process but is not credited towards the practical hours required in the program.**

Inquiries can be sent to:  
[kinesiology@uwinnipeg.ca](mailto:kinesiology@uwinnipeg.ca)