Fitness Professional (Multiple Positions)

The Rady Jewish Community Centre (RJCC) is currently seeking a dynamic and certified individual to join its team as a Fitness Professional.

This person will provide excellent customer service, educate members, and inspire people to achieve their fitness goals. Successful candidates will be able to demonstrate excellent communication skills, be a strong team player, and motivate members.

There are three primary components to this role:

> **Fitness Staff** – In this role you will you monitor the fitness center and spend time engaging with members. Tasks include new member orientations, tours, and various duties around the facility.
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> **Personal Trainer –** In this role you will engage in one-on-one training sessions with clients. Trainers are responsible for managing their appointment bookings and designing safe and effective workouts for their clients. Trainers may also engage in partner and small group training sessions.
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> **Fitness Instructor –** Fitness classes include a variety of strength and cardio based classes such as TRX, circuit, and bootcamp style classes delivered in a group setting. Further opportunity in group fitness may be explored, depending on the candidates experience and qualifications.

The ideal candidate will possess the following:

- Professional, friendly, and organized
- Completion of an undergraduate degree in Kinesiology or equivalent
- Demonstrated experience in designing appropriate exercise programs for a variety of populations including athletes, youth, those living with chronic illness and general population
- Ability to prescribe corrective exercises to improve posture and movement

Why Choose Rady?

The Rady Jewish Community Centre aspires to be a vibrant and welcoming community where Jewish culture and values flourish, where families and friendships are strengthened, where healthy and active lifestyles are encouraged, and where we contribute to the well-being of the entire community by ensuring our programs and services are available to all.

We offer great amenities and more to our staff.

How to Apply

If interested, please submit your resume and cover letter, to:

Rady JCC
c/o Manager, Fitness & Health
123 Doncaster Street
Winnipeg, MB R3N 2B3
Email: radyhr@radyjcc.com

Please note that this posting will remain open until Wednesday, June 1.

We thank all applicants for their interest. Only those selected for an interview will be contacted.