



THE UNIVERSITY OF WINNIPEG

Services and Resources for Students

There are a variety of service options available for students. Some services are provided by University of Winnipeg Student Services and others are offered in the community. Please note, most services listed below are working remotely due to Covid-19.

The **UW SAFE App** includes emergency contacts and support resources on and off campus and is available for iPhone and Android devices. To download, visit the app store and type “UW Safe” in the search box. Students and Instructors are encouraged to download the app.

When responding to students in crisis, listening in a non-judgmental way and responding in a calm, compassionate manner is very helpful. It is not necessary to say exactly the “right” thing. What is more important is being a caring presence and then connecting students to the resources they need.

Weekday and 24/7 Services

Issue	Monday – Friday, 8:30 to 4:30	After Hours (24/7 Services)
Medical		
Medical Emergency	Emergency, 911	Emergency, 911
Online self-assessment of whether Covid-19 testing is needed	Covid-19 Screening Tool https://sharedhealthmb.ca/covid19/screening-tool/	Covid-19 Screening Tool https://sharedhealthmb.ca/covid19/screening-tool/
Covid-19 medical questions and other health issues	Health Links 204-788-8200	Health Links, 204-788-8200
Student may have Covid-19 or has been exposed	Refer to medical services above and also to Accessibility Services accessibility@uwinnipeg.ca	
Mental Health		
Suicide or mental health emergency where there is immediate risk to self or others	Emergency, 911 Manitoba Suicide Line, 1-877-435-7170 Klinik Crisis Line, 204-786-8686 Mobile Crisis Service, 204-940-1781 Crisis Response Centre, 204-940-1781 UW Student Counselling Services, 204-988-7611, studentwellness@uwinnipeg.ca	Emergency, 911 Manitoba Suicide Line, 1-877-435-7170 Klinik Crisis Line, 204-786-8686 Mobile Crisis Service, 204-940-1781 Crisis Response Centre, 204-940-1781

Issue	Monday – Friday, 8:30 to 4:30	After Hours (24/7 Services)
Mental Health <small>Continued</small>		
Mental Health Concerns related to Covid-19	Anxiety Disorders Association of Manitoba Support Line 204-925-0040 http://www.adam.mb.ca/blog/adam-s-telephone-support-line UW Student Counselling Services, 204-988-7611, studentwellness@uwinnipeg.ca	AbilitiCBT program https://www.gov.mb.ca/covid19/bewell/virtualtherapy.html
Student indicates they could benefit from speaking with a counsellor	UW Student Counselling Services, 204-988-7611, studentwellness@uwinnipeg.ca	Klinik Crisis Line, 204-786-8686 Mobile Crisis Service, 204-940-1781
Sexual Violence		
Sexual Violence	UW Sexual Violence Response Team, 204-230-6660	Klinik Sexual Assault Crisis Line, 204-786-8631
Disruptive or Threatening Student		
Threatening behaviour where there is immediate risk to self or others	Emergency, 911 Security Services, 6666	Emergency, 911 Security Services, 6666
Very disruptive or concerning student	Security Services, 6666 UW Campus Assessment and Support Team (CAST), c.russell@uwinnipeg.ca	Security Services, 6666
Student Services		
Student Need	Monday – Friday, 8:30 to 4:30	
Student needing to meet with a Counsellor	UW Student Counselling Services, 204-988-7611, studentwellness@uwinnipeg.ca	
Student with a disability needing supports	Accessibility Services, accessibility@uwinnipeg.ca	
Indigenous student needing supports	Aboriginal Student Services Centre (ASSC), j.booth@uwinnipeg.ca	
International or immigrant student needing supports	International, Immigrant and Refugee Student Services (IIRSS), iirss@uwinnipeg.ca	
Student needing academic support and appeals	Academic and Career Services, 204-786-9257 advising@uwinnipeg.ca	
Student needing financial supports	Awards and Financial Aid awards@uwinnipeg.ca	