

Social networks, trust, and relationships contribute to the safety and overall wellbeing of a community. As reciprocity increases between and within communities, there is increased ability to make change.

How Neighbourhoods Nurture Social Capital

- Asset mapping
- Organizing events that bring together multiple organizations or groups
- Leading support groups, community kitchens, or other bonding activities
- Inviting residents to participate directly in events and safety strategies
- Art-based programs and approaches to community development



Usable and accessible greenspaces such as parks and gardens contribute to safety. Well-maintained green spaces can positively impact both the perceived and actual safety within a neighbourhood.

How Neighbourhoods Cultivate Good Greenspace

- Redeveloping vacant lots into parks, gardens, or other public spaces
- Campaigning to increase municipal spending on greenspace within the neighbourhood or across the city
- Advocating to protect or renew the tree canopy
- Organizing and maintaining community gardens



As the amount of outdoor activities and public socialization happening in a community grows, so does the sense of safety. Knowing and seeing your neighbours is an important piece of feeling safe.

How Neighbourhoods Practice Seeing Your Neighbours

- Developing diverse public spaces used at various times and by various groups
- Advocating to increase access to public spaces and free facilities
- Promoting local institutions, shops, and other important spaces
- Public discussions and forums on how to shift from watching to seeing each other



A spectrum of responses to crisis and harm can support de-escalation rather than criminalization of people in distress. This is important to ensure everyone feels they belong, are cared for, and can be safe.

How Neighbourhoods De-escalate Crisis Situations

- Raising awareness of crisis response lines
- Raising awareness of outreach supports
- Raising awareness of safe spaces
- Compiling lists of alternative resources and making them publicly accessible
- Advocating to expand social supports and noncriminal emergency response services



Providing supplies, supports, and spaces to ensure risky activities can be done safely or with minimal harm. Harm reduction has improved community quality of life and may also help reduce crime.

How Neighbourhoods Promote Harm Reduction

- Distributing clean injection and inhalation supplies, condoms and other safer sex supplies
- Distributing Naloxone kits and training people to use them
- Training residents in overdose prevention
- Supporting the creation of safe injection sites
- Creating support groups that are not based on an abstinence model



Communities engaged in doing street outreach can bring people together and provide an accessible point of support and safety for people who otherwise might not feel connected to the community.

How Neighbourhoods Do Street Outreach

- Doing neighbourhood walks that offer support rather than surveillance
- Offering food, water, clothing, or other supplies
- Providing safe transportation through a mobile van or a safe walk
- Ensuring community
 ownership and
 involvement of the full
 diversity of the
 community

Read the full report online

Perrott, D. & Chamberlain, J. (2022). Grassroots and antioppressive approaches to safety. Winnipeg, MB: South Valour Residents Association & Urban and Inner-City Studies, University of Winnipeg. mra-mb.ca/publication/grassroots-anti-oppressiveapproaches-to-safety.

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