Sept17_20

UPDATE: for prospective students winter 2020 CHEM-4703

Hello,

If you are interested in doing a 4000-level Health-Enhancement course (*without a lab component*), there is a good opportunity for you to do so this coming winter 2021 (Jan-Apr 2021): CHEM-4703(3) "Topics in Chemistry" – UNIQUE CHEMICAL SPECIES IN HEALTH AND DISEASE.

- 1. This course is online. So, the issue of timing can be easily resolved to suit. To register (if Webadvisor presents a problem), just email Dr. Athar Ata (<u>a.ata@uwinnipeg.ca</u>) the Chemistry Chair who is Coordinator of the course.
- 2. A lot of the delivery will be geared towards satisfying the student's needs and aspirations (i.e., what interests you, the student). This is because of the rather broad and extensive sub-themes and course content. So, when we meet for the first lecture, every student will participate in the decision-making regarding what main aspects of the course to focus on. Thus, each individual student's wishes and needs will be accommodated within the context of the overall class.
- 3. In addition, the major essay to be written by the student will be on a topic that the student loves, and chooses with my advice/approval as the Instructor. I am sure that (*just as was the case with past students of the course*) you will find this course rewarding and exciting, if you decide to take it.

The students are motivated because they are interested. Therefore, they work hard and perform well in the course.

- 4. FOR THE SAKE OF CLARITY: Please NOTE that the questions on the Mid-Term Test and the Final Exam for this course are derived from material covered in class lectures. This therefore delineates the focus for the students, as they study, and prepare for the Test/Exam.
- Consider the following –
 Why should you eat fresh fruits and vegetables?
 Why are health foods good for you?
 The "Father of Medicine" ancient Greek physician Hippocrates advised:
 "Let food be thy medicine and medicine be thy food"

Get to build up and understand the rationale for this dictum.

6. Attached hereto, please find the poster (two slides), and the Course Outline/Syllabus.

Let me know if there are any questions or concerns.

Best regards.

Dr. M. O. Eze