

Name: \_\_\_\_\_ Student Number: \_\_\_\_\_

Date: \_\_\_\_\_

Identify one long term goal.

---

---

Why is this goal important to you?

---

---

---

---

How would achieving this goal impact your life?

---

---

---

Identify three steps that you could take to get you closer to that goal.

---

---

---

---

Academic Plan

	Goal	Tasks	Deadline	Completed	Reward
One					
Two					
Three					