# Resource Guide

2024-25



THE UNIVERSITY OF WINNIPEG



## Greetings from the President

#### Welcome to The University of Winnipeg!

Our campus is situated on ancestral lands, on Treaty One Territory. These lands are the heartland of the Métis people. We acknowledge that our water is sourced from Shoal Lake 40 First Nation.

We are looking forward to having you join our campus community this fall. Whatever your major, your university experience will guide you to be the kind of decision-maker and leader our world needs. We have brilliant professors who will go above and beyond to help you achieve your goals.

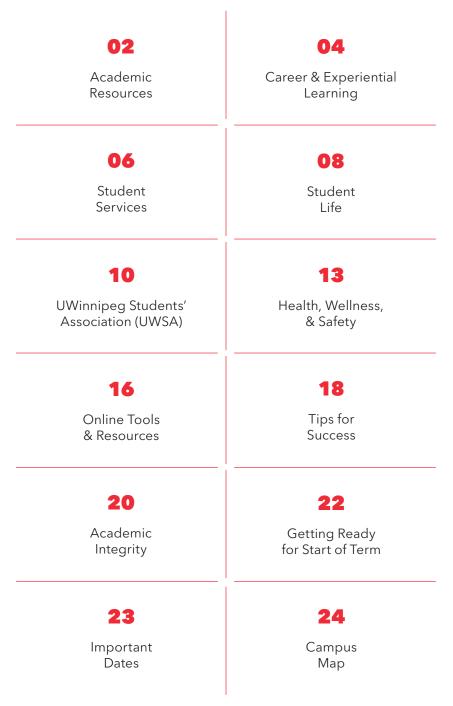
We are committed to providing you with exceptional learning opportunities, networking, peer support, and mentorship. We provide many exciting hands-on learning opportunities, from research to co-op work placements, that will prepare you for a rewarding career and successful future.

Our advice to you is simple: approach the unknown with courage and curiosity. Step outside of your comfort zone and harness all the opportunities available to you. This is your time to stretch your mind and broaden your horizons. Consider joining a student group – there are many to choose from – and be open to opportunities for connecting, growing, and learning. As you explore all UWinnipeg has to offer, you will develop your ability to collaborate with a variety of people, strengthen your leadership skills, and make lifelong friends.

This university holds a special place in the city, province, and beyond for its academic excellence, Indigenous inclusion, environmental commitment, small class sizes, and campus diversity. We are excited to welcome you to our close-knit community.

**Dr. Todd A. Mondor** President and Vice-Chancellor





### **Academic Resources**

#### **Academic Advising**

Academic advisors can provide information about major, degree, and University requirements; offer feedback on your course selection; and help you with appeal processes. Advisors can also help adult learners review their experience for Recognition of Prior Learning (RPL) credits.

Student Services Centre (1st floor, Rice Centre) 204.779.8946 advising@uwinnipeg.ca **uwinnipeg.ca/academic-advising** 

uwinnipeg.ca/adult-learner-services

#### Academic Calendar

Looking for information on your degree requirements? The Academic Calendar is an online catalogue for students to browse courses and explore different departments. Use it as a reference tool to check degree and major requirements, regulations, policies, and academic dates. Current and past Academic Calendars are available on the website.

uwinnipeg.ca/calendar

#### **The Bookstore**

The University of Winnipeg Bookstore meets all of your academic needs and helps you stay on budget by offering digital, rental, and used books, as well as price matching. All the textbooks and materials needed for courses can be found on the Bookstore's website. Enter your course and section number(s) and your required texts will be listed. Order online for delivery or in-store pickup. Shop for your course materials, clothing, supplies, and dorm needs.

1-471 Portage Ave (1st floor, The AnX) 204.258.2909 universityofwinnipeg@bkstr.com

uwinnipegstore.ca

#### Instructors

Want to connect with your professor? Have questions about an assignment? Visit your instructor during their office hours. Instructors' office hours and email addresses can be found on your course outlines. Staying in contact with your instructors will help you succeed in your courses and will make it easier to reach out if you have problems.

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#### Library

The Library offers a wide variety of academic resources in online, multimedia, and print formats. Research help is available at the reference desk or get quick answers to most questions using the online chat.

4th Floor, Centennial Hall Reference Desk **library.uwinnipeg.ca** 

reference@uwinnipeg.ca

#### Mentor Program

The Mentor Program links students with experienced students who provide information, connections, and support with the transition to university. The Mentor Program is available to all first-time, domestic, international, and refugee students. Upper-level students are encouraged to become a mentor.

491 Portage Ave (8th Floor, Rice Centre) 204.786.9469 iss@uwinnipeg.ca **uwinnipeg.ca/mentor** 

#### **Study Skills Workshops**

Study Skills Workshops provide practical advice and useful tips on essential study skills, such as note-taking, time management, and reading strategies. Sessions are offered during the first month of each term. Check the website for details on upcoming workshops.

204.786.9257 studentsuccess@uwinnipeg.ca uwinnipeg.ca/study-skills

#### Tutoring

The Tutoring Centre offers free one-on-one and small-group assistance with writing and first-year math, statistics, science, and computer science courses. Academic departments, such as Business and Administration, Economics, Kinesiology and Applied Health, Neuroscience, Psychology, and Urban and Inner-City Studies, offer tutoring services. The Aboriginal Student Services Centre, Access Education, Immigrant and Refugee Student Services, and International Student Services provide tutoring to their students.

Tutoring Centre: Rooms 3G10 & 3G11 (3rd floor, Graham Hall)

tutoringcentre.uwinnipeg.ca uwinnipeg.ca/tutoring

#### Webinar Wednesdays

In weekly sessions, Student Services staff share some valuable strategies and tips to help you succeed at UWinnipeg. Check the website for topics and to register.

uwinnipeg.ca/webinar-wednesdays

## **Career & Experiential Learning**

#### **Career Services**

Career services for UWinnipeg students and alumni include career planning, job search strategies, feedback on resumes and cover letters, interview skills and preparation, and an annual Career Fair. There are a number of resources available to assist students with finding employment before and after graduation, including our online job board. Meet with a career advisor to learn more.

Student Services Centre (1st floor, Rice Centre) 204.779.8946 careers@uwinnipeg.ca

uwinnipeg.ca/career-services

#### **Co-operative Education Program**

The Co-operative Education Program (Co-op Program) provides students with professional development, networking opportunities, and the potential opportunity to gain full-time, meaningful, paid employment in their field of study. The professional development and work experience helps University of Winnipeg Co-op students learn about industries and organizations in their community and beyond. The Co-op Program is open to students who are pursuing degrees from these departments: Applied Computer Science, Business and Administration, and Economics.

4BC59 (4th floor, Buhler Centre) 204.982.1170 coop@uwinnipeg.ca uwinnipeg.ca/coop-program

#### **Working on Campus**

The University of Winnipeg hires students for various positions. UWinnipeg job postings can be found on Human Resources' Employment website. Employment and volunteer opportunities can also be found with the UWSA. Returning students can also apply for the Awards and Financial Aid Office's Work-Study Program.

uwinnipeg.ca/employment uwinnipeg.ca/awards theuwsa.ca/jobs theuwsa.ca/volunteer



## Study Abroad

The International Admissions Office coordinates exchange programs with numerous universities around the world. This gives students the opportunity to study abroad while retaining UWinnipeg student status. Check out the website for current information.

2Ri52 (2nd floor, Rice Centre) 204.258.3831 exchange@uwinnipeg.ca **uwinnipeg.ca/study-abroad**  "Participating in a student exchange in Norway offers a unique opportunity to immerse oneself in the stunning natural beauty of fjords, mountains, and northern lights. I've had the chance to learn in Norway's high-quality education system and gain new perspectives. Living in Norway has allowed me to learn about the country's rich cultural heritage that has formed the progressive society it is today. Additionally, the exchange has brought lifelong friendships with peers from around the world, enriching my global perspective."

Ella Russell Norwegian University of Science and Technology

## **Student Services**

#### **Aboriginal Student Services Centre**

The Aboriginal Student Services Centre (ASSC) offers a safe, friendly, and culturally-sensitive environment for all Indigenous students (First Nations, Métis, and Inuit) as they pursue their academic studies at The University of Winnipeg. A range of services, including academic advising and cultural supports, are available.

2L01A (2nd floor, Lockhart Hall) 204.779.8946 assc@uwinnipeg.ca **uwinnipeg.ca/assc** 

#### **Academic and Career Services**

Academic and Career Services provides academic information about degree requirements, assists with course selection, and supports students with problem solving, academic appeals, student success strategies, career planning, and referrals to additional services.

Student Services Centre (1st floor, Rice Centre)204.779.8946Academic Advisorsadvising@uwinnipeg.caCareer Advisorscareers@uwinnipeg.caStudent Success Advisorsstudentsuccess@uwinnipeg.ca

uwinnipeg.ca/academic-advising

#### **Accessibility Services**

Accessibility Services provides academic accommodations for students with a wide range of disabilities and medical conditions. Contact Accessibility Services for service and accommodation options.

1M35 (1st floor, Manitoba Hall) 204.779.8946 accessibility@uwinnipeg.ca uwinnipeg.ca/accessibility

#### **Awards and Financial Aid Office**

The Awards and Financial Aid Office supports the access and excellence mandate of The University of Winnipeg through a comprehensive program of scholarships, awards, prizes, and bursaries. Staff also offer support with government student aid applications. Check the website for the online application process and deadlines throughout the year.

2Ri06 (2nd floor, Rice Centre) 204.786.9459 awards@uwinnipeg.ca **uwinnipeg.ca/awards** 

#### **Deaf and Hard of Hearing Services**

Students who are Deaf or Hard of Hearing have access to American Sign Language-English Interpreting or transcribing (computerized note-taking) services for lectures, labs, course-related activities, student/professor meetings, and University-sponsored activities. Call or text to arrange services.

1M35 (1st floor, Manitoba Hall) Phone: 204.786.9704 Text: 204.228.0187 accessibility@uwinnipeg.ca

uwinnipeg.ca/accessibility

#### **International Student Services (ISS)**

International Student Services (ISS) provides a wide range of services, including academic advising; airport reception; information about UWinnipeg, Winnipeg, and Canada; immigration advising; and health insurance support. Students have access to the Mentor Program for first-time students, the Tutor Program (first-language and English-language tutoring), and the ISS Student Lounge. Social activities are also offered for international students.

491 Portage Ave (8th Floor, Rice Centre) 204.779.8946 iss@uwinnipeg.ca

uwinnipeg.ca/iss

#### **Immigrant and Refugee Student Services (IRSS)**

IRSS supports immigrant and refugee students during their journey to UWinnipeg and beyond. Some of the services offered by IRSS include personalized counselling on admission requirements, the application process, regulations and policies, and selecting a program of interest; transition support; and fun activities and events.

491 Portage Ave (8th Floor, Rice Centre) 204.258.2910 irss@uwinnipeg.ca **uwinnipeg.ca/irss** 

#### **Student Central**

Student Central offers many services, including providing answers to questions about fees/payments, student ID cards, WebAdvisor assistance, and confirmation of enrolment letters, as well as processing major declarations and transcript orders, renting lockers, and more. Use the myVisit app to join the queue for drop-in sessions.

Student Services Centre (1st floor, Rice Centre) 204.779.UWIN (8946) or 1.800.956.1824 (toll-free) studentcentral@uwinnipeg.ca

uwinnipeg.ca/student-central

## **Student Life**

#### **Campus Living**

Campus Living offers a variety of housing and meal plan options for students who are living on their own, married, or with families. Living in residence connects you to the heart of student life on campus and the convenience of being minutes away from class.

Student Services Centre (1st floor, Rice Centre) 204.779.UWIN (8946) or 1.800.956.1824 (toll-free) housing@uwinnipeg.ca

uwinnipeg.ca/campus-living

#### **Campus Sustainability Office**

Sustainability at UWinnipeg is a collaborative effort between students, faculty, and staff to make the University more environmentally and socially responsible in its physical operations, its governance, and its academic life. The Campus Sustainability Office works to improve our carbon footprint, indoor air quality, water conservation, alternative transportation options, waste reduction, and more.

3RC069 (3rd floor, Richardson College for the Environment) 204.988.7618 sustainability@uwinnipeg.ca

#### uwinnipeg.ca/sustainability

#### Restaurants

Diversity Food Services, our campus food service provider, strives to provide excellent food services to the students and staff of The University of Winnipeg. Goals include offering wholesome, fairly-priced, ethnically-diverse food options, creating an attractive menu, and providing excellent customer service. They operate Pangea's Kitchen, Café Bodhi, Elements, Tony's Canteen, Bevvies, and Dash.

In addition, the first floor of the Buhler Centre is home to Stella's Café & Bakery. uwinnipeg.ca/campus-restaurants

#### Wesmen

Go and cheer on the University men's and women's Wesmen volleyball, basketball and women's soccer teams when they take on other universities from around Canada. Students get free admission, and games are a great place to show your school spirit, make friends, and enjoy a fun night out!

Dr. David F. Anderson Gymnasium (1st floor, Duckworth Centre) Ralph Cantafio Soccer Complex (900 Waverley St)

#### wesmen.ca



"What I love [about living in residence] is the sense of community and unconditional support felt within the dorms. Living in residence at UW has been a great experience and an awesome way to meet new people."

Shasta Kettles, Resident Advisor

### UWSA

Established in 1972, The University of Winnipeg Students' Association (UWSA) represents students at The University of Winnipeg. They provide advocacy, services, and support to UWinnipeg students. For more information on student rights and governance, visit theuwsa.ca or follow @theuwsa on social media.

#### **Academic Advocacy**

The UWSA's academic advocacy ensures that students are treated with respect and dignity and that the appropriate policies are followed. Your Vice-President Student Affairs can provide guidance to students through the process of academic misconduct appeals, coursework and final-grade appeals, non-academic misconduct allegations, and residence incident reports.

0R30 (Concourse Level, Bulman Student Centre) 204.786.9780 vpsa@theuwsa.ca **theuwsa.ca/academic-advocacy** 

#### **Access Lounge**

The Access Lounge is a space on campus dedicated to students who face barriers as a result of a disability. This space is for students to study, hang out, or complete course work.

0RM06 (Mezzanine Level, Bulman Student Centre) 204.789.4244 accesslounge@theuwsa.ca theuwsa.ca/access-lounge

#### **Bike Lab**

The UWSA Bike Lab is used for on-campus bike maintenance.

Marsha Hanen Way 204.789.4244

theuwsa.ca/uwsa-bike-lab

#### **BIPoC Lounge**

The BIPoC Lounge is a dedicated space for Black, Indigenous, and People of Colour to gather and find community. It is a place for students to learn and heal through their understandings and experiences as a BIPoC. It is a library, study, and hang-out space.

0R14 (Concourse Level, Bulman Student Centre) 204.786.9781 bipoclounge@theuwsa.ca

theuwsa.ca/bipoc-lounge

#### Foodbank

The volunteer-driven UWSA Foodbank offers food assistance to students and community members on Friday afternoons. To register, contact Harvest Manitoba. To volunteer, visit the UWSA website.

Concourse Level, Bulman Sudent Centre foodbank@theuwsa.ca

theuwsa.ca/foodbank

Harvest Manitoba Registration Line: 204.982.3660

#### **Health Plan**

The UWSA Health Plan is an extended healthcare plan provided through Manitoba Blue Cross. Students taking nine (or more) credit hours in a single term and all international students are automatically enrolled in the plan. Part-time and selfdeclared Indigenous students are able to opt in. For more information about your health plan number, benefits or change of coverage, please visit the website or email.

#### Change of Coverage Deadlines:

Fall Term 2024: September 16, 2024 / Winter Term 2025: January 17, 2025 / Spring Term 2025: May 16, 2025

1C19 (first floor, Centennial Hall) 431.374.6801 health@theuwsa.ca

theuwsa.ca/healthplan

#### Info Booth

The UWSA's Info Booth answers general questions, sells Peggo cards, offers printing services, approves posters, and sells lab materials such as lab coats or manuals. You can pick up your U-Pass at the Info Booth once you have your student card. The Info Booth is a full-service Canada Post Outlet.

1C19 (first floor, Centennial Hall) 204.786.9787 infobooth@theuwsa.ca theuwsa.ca/infobooth

#### **Rainbow Lounge**

The Rainbow Lounge is a safe, social space for 2SLGBTQIA\* and allies. The centre offers free resources and acts as a referral network to the larger Queer community.

0R13 (Concourse Level, Bulman Student Centre) 204.789.4244

#### theuwsa.ca/rainbow-lounge

#### **Student Groups**

Being a part of a student group is a great way to get involved on your university campus. You can connect with students in your major or join a group based on your hobbies or interests. You can join an existing student group or start your own. Check out the UWSA's website for more info.

#### theuwsa.ca/student-groups

#### **U-Pass**

The UWSA U-Pass is a program in which students receive a bus pass at a highly-reduced rate. In Fall and Winter Terms, undergraduate students taking nine credit hours or more are automatically charged a U-Pass fee. Students pay this fee with their other tuition fees. The U-Pass program is mandatory for applicable students. Transit Plus accepts the U-Pass. Once registered for classes, students can pick-up their U-Pass from the UWSA's Info Booth. Students will need their UWinnipeg student ID. Students should register their U-Pass card on Winnipeg Transit's website. For information about opt-outs, appeals, and questions, please visit the UWSA Info Booth, see the website, or email.

#### **Opt-Out Deadlines:**

Fall Term 2024: September 16 / Winter Term 2025: January 17 / Spring Term 2025: May 16

1C19 (first floor, Centennial Hall) 204.786.9787 u-pass@theuwsa.ca

theuwsa.ca/u-pass

#### **Women-Trans Spectrum Centre**

The Women-Trans Spectrum Centre is an accessible and inclusive resource centre for women and trans students. The centre offers free resources, including condoms (male and female), lubricant, dental dams, pads, tampons, pregnancy tests, and a lending library.

0R12 (Concourse Level, Bulman Student Centre) 204.789.4244 wtsc@theuwsa.ca

theuwsa.ca/women-trans-spectrum-centre



"Being a student at U of W [has] been some of the best years of my life. Get involved in student organizations, talk to the person beside you (or on Zoom), and don't be afraid to put yourself out there!"

Quiana Kumar, BSc (4-Year) 2022

## Health, Wellness, & Safety

#### **Athletic Therapy Centre**

The Athletic Therapy Centre offers athletic therapy and massage therapy services to all students. Athletic therapists are experts in injuries to muscles, bones, ligaments, tendons, and joints, and offer assessment and individualized rehabilitation for a wide variety of injuries. Some insurance plans, including the Manitoba Blue Cross health plan, provide coverage for athletic therapy and massage therapy appointments.

0D50 (Lower level, Duckworth Centre) 204.786.9250 athletictherapy@uwinnipeg.ca uwinnipeg.ca/athletic-therapy-centre

#### **Bill Wedlake Fitness Centre**

Facilities include a gym, weight room, cardio equipment, squash/racquetball/handball courts, and saunas. Fitness classes are tailored to all skill levels. Go to the front desk of the fitness centre to activate your membership once you have received your student ID card.

1st floor, Duckworth Centre 204.786.9349 duckworth@uwinnipeg.ca

#### recreationservices.uwinnipeg.ca

#### **Counselling Services**

Personal counselling is available to any student currently registered at The University of Winnipeg. Counselling at UWinnipeg is a collaborative, conversational process where students can address any concern, difficulty, or dilemma. Services are free of charge and confidential.

1D24 (1st floor, Duckworth Centre) 204.779.8946 studentwellness@uwinnipeg.ca

uwinnipeg.ca/student-wellness

#### **Human Rights and Diversity Office**

The University of Winnipeg has a Respectful Working and Learning Environment Policy. This means that all members of the University, including faculty, staff, and students, are expected to maintain an environment that is free of discrimination and harassment. If you feel you have encountered any type of discrimination or harassment, please call the Human Rights and Diversity Office's confidential voicemail.

5Ri57 (5th floor, Rice Centre) 204.786.9161 hrdo@uwinnipeg.ca uwinnipeg.ca/respect

#### **Klinic Health Services**

Klinic provides free and confidential health services, including medical appointments and examinations, health information, birth control information, unplanned pregnancy counselling, and referrals to other services.

1D24 (1st floor, Duckworth Centre) klinic.mb.ca 204.779.8946

#### **Security Services**

Security Services provides a safe, secure learning, living, and working environment for University students, faculty, staff, and visitors. Services such as SafeWalk and SafeRide are offered to escort students to their bus stop, car, or home near The University of Winnipeg.

1C33 (1st floor, Centennial Hall) 204.786.9272 (non-emergency) security@uwinnipeg.ca

uwinnipeg.ca/security

#### **Security Services - Emergency Communications**

During an emergency on campus such as a health pandemic, power outage, blizzard, campus closure, fire, or threat of any kind, instructions will be posted on social media and the UW Safe app. Follow @UWinnipeg on Facebook, Twitter, Instagram; check uwinnipeg.ca; and download the UW Safe app. Familiarize yourself with emergency procedures on the website.

Fire, Police, and Ambulance 911 Security Services 204.786.6666

uwinnipeg.ca/emergency-guidelines

#### Sexual Violence Response Team

The University of Winnipeg's Sexual Violence Response Team (SVRT) coordinates services for students who have experienced or are impacted by sexual violence. The SVRT will work with students to provide information about options and connect them with a range of services, including counselling, academic supports, and other on-and-off campus resources and reporting options.

The University of Winnipeg's Sexual Violence Policy defines sexual violence as any sexual act or act targeting a person's sexuality, gender identity, or gender expression - whether that act is physical or psychological in nature - that is committed, threatened, or attempted against a person without that person's consent.

Sexual Violence Response Team (SVRT)	204.230.6660 (daytime hours)
Sexual Violence & Human Rights Advisor	204.789.4288
Campus Security	204.786.6666 (emergency 24/7)
Campus Security	204.786.9272 (non-emergency 24/7)
Klinic Sexual Assault Crisis Program	204.786.8631 (24/7)
uwinnipeg.ca/askfirst	

#### **Axworthy Health & RecPlex**

The RecPlex houses a four-lane, 60-metre sprint track, a community gym, retractable batting cages, the Thomas Sill Community Multi-Purpose Room, a large, artificial turf field, and an underground parkade. Attend drop-in intramurals and community programs like yoga and soccer leagues. Visit in person or online for the schedule.

350 Spence Street 204.988.7634

recreationservices.uwinnipeg.ca

## **Online Tools & Resources**

#### **Mobile Apps**



#### **MyVisit**

Manage your time with MyVisit! You can add yourself to the queue for drop-in services with Student Central, Campus Living, and Academic and Career Services.

#### **Recreation Services Member App**



The Recreation Services Member App enables students, faculty, and staff to conveniently access information and services related to the University's Recreation Services. Users can sign up for various activities and book courts; access information including hours and amenities; present their barcode membership ID to enter the Fitness Centre; view scheduled activities and events; and view live attendance in the Fitness Centre.



#### UW Safe

UW Safe is an essential tool that will send you important safety alerts and provide instant access to campus safety resources.

#### **MyCreds**

The University of Winnipeg has partnered with a national online portal called MyCreds<sup>™</sup>. This is an online credential wallet that contains official documents you receive from UWinnipeg. MyCreds<sup>™</sup> provides quick access to official, digitized documents and credentials. It allows you to easily send documents to employers, government offices, funders, post-secondary institutions, and others.

At UWinnipeg, the following documents are provided through MyCreds™:

- Transcripts
- Confirmation of enrolment or graduation letter
- Degree parchments

#### mycreds.ca

#### Nexus

You can access course materials, such as handouts, assignments, and more using your Nexus account. Go to nexus.uwinnipeg.ca and log in with your WebAdvisor username and password. For assistance, introductory videos, and FAQs, visit the website below.

nexus@uwinnipeg.ca uwinnipeg.ca/student-learning-technologies

#### **Remote Learning Hub**

The Remote Learning Hub provides advice, resources, and tips to help students navigate online courses and succeed in their studies at UWinnipeg.

#### uwinnipeg.ca/remote-hub

#### **Technology Service Desk**

The Technology Service Desk offers advice and support on student-related technology questions.

4C32B (4th floor, Centennial Hall) 204.786.9149 servicedesk@uwinnipeg.ca uwinnipeg.ca/tech-sector

#### WebAdvisor

Use WebAdvisor to register for courses, update your personal contact information, access your T2202 tax forms, and check your (unofficial) transcript. To change your address (or phone number or email), log in to WebAdvisor, click on your username, select "User Profile", and then click on the pencil icon to edit the applicable information. If you forget your WebAdvisor username or password, select "Username" or "Password" on the sign-in page and follow the prompts.

204.779.8946 registration@uwinnipeg.ca uwinnipeg.ca/webadvisor

#### Webmail

Check your University webmail account regularly; it's your WebAdvisor username @webmail.uwinnipeg.ca with your WebAdvisor password. This is how the University will notify you about important information such as fees owing, openings on waitlists, new sections/labs, cancellations or other changes to courses. Use your webmail account for all correspondence with your professors and other University staff.

#### outlook.office.com

#### Wi-Fi

To log in to the eduroam wireless network, use your UWinnipeg webmail address and password. See set-up instructions: **uwinnipeg.ca/wireless** 



Are you on a waitlist? Remember to check your University webmail every day for permission to register. Emails are sent out if a seat becomes available, but you have a limited time in which to register off of the waitlist once you are sent the notification.

## **Tips for Success**

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#### **Keep Your Course Outline**

The course outline or syllabus contains all of the important details about your classes, including when your assignments are due, your reading schedule for the week, and your instructor's office hours.



#### **Note Important Dates**

Familiarize yourself with important UWinnipeg dates and deadlines. Put date reminders in your phone and agenda to keep track of assignments, papers, and exams.

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#### **Declare Your Major**

You are able to declare and/or change your major and/or degree by submitting a new, signed major form to Student Central. Forms are available at Student Central or on the website–go to "Current Students" and click on the "Forms" red button.



#### **Plan Ahead**

Planning out time to work on your assignments and papers will reduce your stress levels and help you achieve higher grades. There are free workshops available on effective time mapping, note-taking techniques, test/exam-taking strategies, and more: uwinnipeg.ca/studyskills

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#### Go to Class and Review the Class Materials

Success in university involves working hard and being diligent. Going to class is super important. Skipping class is often a reason students fail. In addition to attending class, students need to spend time outside of class reading, working on assignments, and researching and writing papers. Review class materials each week to make preparing for exams at the end of term that much easier.



#### **Carry Your Student Card**

Your student card is used as ID to enter campus buildings after hours, during exams, for Wesmen games, and more. To request your student card, email your photo to Student Central. For photo tips and pick-up dates, see Student Central's website:

uwinnipeg.ca/student-id-card



#### Never Miss an Email

UWinnipeg uses your webmail account as our primary mode of communication. Check your email regularly so that you do not miss any important information.



#### Visit the UWinnipeg Website

To find student-related information and resources on the University's website, go to **uwinnipeg.ca** and in the upper, left-hand corner, click the link called "Current Students".

#### Check the Withdrawal Schedules



A withdrawal schedule is posted before each term begins highlighting both the dates that you can get a full refund when dropping a course and the final date to withdraw from a class (without refund). You cannot drop a class after the final voluntary withdrawal date, so look up these dates before classes begin.

uwinnipeg.ca/withdrawal-schedules



#### Take Care of Yourself

Take care of all aspects of your health and well-being. Try to find a balance between academics and your personal life. Remember to set aside time for self-care, get a good night's sleep, and spend time with people who care about you. If you feel stressed or overwhelmed, don't be afraid to ask for help from our Counselling Services! Also, keep in mind the support services listed in this resource guide.

## **Academic Integrity**

The University of Winnipeg upholds principles of academic integrity and seeks to ensure that students do not commit acts of academic misconduct. We strive to maintain an environment in which academic integrity is understood and valued and serves as the basis for student learning. It doesn't matter whether you're in a chemistry lab, working on an English essay in the library, or working online with a group to complete an assignment, academic integrity is important in all academic departments and methods of learning.

Academic misconduct includes, but is not limited to, plagiarism and cheating.

## Acts of plagiarism may include, but are not limited to, one or more of the following:

- Not giving recognition to the author for phrases, sentences, thoughts, or arguments incorporated into student work
- > Not using quotation marks or referencing appropriately
- Submitting the same work for evaluation to more than one course without the consent of each instructor to do so
- Two or more students submitting identical or virtually identical work for evaluation when the work was intended to be completed individually

## Acts of cheating may include, but are not limited to, one or more of the following:

- Copying another person's answer
- Communicating with others at a test/exam with the purpose of obtaining, exchanging, or imparting information related to the test
- Consulting with unauthorized sources to obtain assistance, including, but not limited to, written, digital AI, and/or other aids not approved by the instructor
- Obtaining a copy of the exam or test or questions from the exam or test before they are officially available
- Purchasing essays, or other assignments in whole or in part, and submitting these works for evaluation as one's own

We expect appropriate student conduct and, when necessary, we identify and discipline student academic misconduct as it infringes on the culture of academic integrity upon which the University is built.

The University of Winnipeg takes academic misconduct seriously and has tools and policies ensuring that academic integrity is maintained throughout the institution. Consequences for academic misconduct may include loss of marks on an assignment/test/exam and/or loss of marks in a course, suspension, and/or expulsion from the University.

library.uwinnipeg.ca/use-the-library/help-with-research/academic-integrity.html

#### Tips to maintain academic integrity:

- > Don't wait until the last minute to complete assignments
- Properly cite your sources
- Express original ideas and opinions
- Speak with your professors regarding expectations and requirements
- Know University policies and regulations (Academic Calendar, Regulations & Policies, 8a.)
- Document your resources during the research and writing process in order to properly cite them
- > Contact the Writing Centre for assistance
- Don't assume all available technologies, including AI tools, are permitted. Ask your professor for guidance before starting your assignment.

Rules may be different, or even contradictory, to your past experiences – always double check!

## **Getting Ready for Start of Term**

Email your photo to studentcard@uwinnipeg.ca to order your student ID card	Apply for government student aid edu.gov.mb.ca/msa
Pick up your student ID card from Student Central	Sign up for Study Skills Workshops uwinnipeg.ca/study-skills
Pick up your U-Pass at the Info Booth	Register for Webinar Wednesdays uwinnipeg.ca/webinar-wednesdays
Activate your fitness centre membership	Look at the UWSA's website and connect with a student group theuwsa.ca/student-groups
Buy or rent your textbooks from the Bookstore	Review Manitoba Blue Cross health plan coverage theuwsa.ca/healthplan
Find your classrooms	Attend start-of-term activities, Roll Call / Snowed In, hosted by the UWSA
Order a letter of enrolment (if needed) at Student Central	Pay your tuition fees online by the fee deadline
Rent a locker from Student Central	Book an appointment with an academic advisor for a mid-term check in
Download your financial	

statements from WebAdvisor

## **Important Dates**

<b>2024</b> Sept 3	Fall Term Lectures begin
Sept 3-16	Add/Drop Period for Fall and Fall/Winter Terms
Sept 16	Last day to drop Fall or Fall/Winter Term courses and receive full tuition refund
Sept 16	Opt-out deadline for the UWSA's health plan and U-Pass
Sept 19	Fall and Fall/Winter Term fees are due (see Sept. 16 for refund deadline)
Sept 30	National Day for Truth and Reconciliation - University closed
Oct 1	In-Course Awards, Scholarships, and Bursaries Fall Term application deadline
Oct 13-19	Fall Reading Week - no classes
Oct 14	Thanksgiving Day - University is closed
Nov 11	Remembrance Day - University is closed
Nov 13	Last day to withdraw from a Fall Term course (without academic penalty)
Dec 2	Last day of regular class schedule
Dec 3	Make-up day for National Day for Truth and Reconciliation - Monday schedule
Dec 4	Make-up day for Remembrance Day - Monday schedule
Dec 7-20	Fall Term exam period
Dec 23	Winter Break - University is closed through January 1, 2025
2025	Winter Term
Jan 2	University re-opens
Jan 6	Lectures begin for Winter Term
Jan 6-17	Add/Drop Period for Winter Term courses
Jan 17	Last day to drop a Winter Term course and receive a full tuition refund
Jan 17	Opt-out deadline for the UWSA's health plan
Jan 22	Winter Term fees are due (see Jan. 17 for refund deadline)
Feb 1	In-Course Awards, Scholarships, and Bursaries Winter Term application deadline
Feb 14	
	Last day to withdraw from Fall/Winter Term course (without academic penalty)
Feb 16-22	Winter Reading Week - no classes
Feb 16-22 Feb 17	Winter Reading Week - no classes Louis Riel Day - University closed
Feb 16-22 Feb 17 Feb 28	Winter Reading Week - no classes Louis Riel Day - University closed Access your 2024 T2202 tax form through WebAdvisor
Feb 16-22 Feb 17 Feb 28 Mar 11	Winter Reading Week - no classes Louis Riel Day - University closed Access your 2024 T2202 tax form through WebAdvisor Check your Webmail / WebAdvisor for registration date/time for Spring Term
Feb 16-22 Feb 17 Feb 28 Mar 11 Mar 14	Winter Reading Week - no classes Louis Riel Day - University closed Access your 2024 T2202 tax form through WebAdvisor Check your Webmail / WebAdvisor for registration date/time for Spring Term Last day to withdraw from a Winter Term course (without academic penalty)
Feb 16-22 Feb 17 Feb 28 Mar 11 Mar 14 Apr 4	Winter Reading Week - no classes Louis Riel Day - University closed Access your 2024 T2202 tax form through WebAdvisor Check your Webmail / WebAdvisor for registration date/time for Spring Term Last day to withdraw from a Winter Term course (without academic penalty) Last day of regular class schedule
Feb 16-22 Feb 17 Feb 28 Mar 11 Mar 14 Apr 4 Apr 9-23	Winter Reading Week - no classes Louis Riel Day - University closed Access your 2024 T2202 tax form through WebAdvisor Check your Webmail / WebAdvisor for registration date/time for Spring Term Last day to withdraw from a Winter Term course (without academic penalty) Last day of regular class schedule Fall/Winter and Winter Term exam period
Feb 16-22 Feb 17 Feb 28 Mar 11 Mar 14 Apr 4	Winter Reading Week - no classes Louis Riel Day - University closed Access your 2024 T2202 tax form through WebAdvisor Check your Webmail / WebAdvisor for registration date/time for Spring Term Last day to withdraw from a Winter Term course (without academic penalty) Last day of regular class schedule
Feb 16-22 Feb 17 Feb 28 Mar 11 Mar 14 Apr 4 Apr 9-23	Winter Reading Week - no classes Louis Riel Day - University closed Access your 2024 T2202 tax form through WebAdvisor Check your Webmail / WebAdvisor for registration date/time for Spring Term Last day to withdraw from a Winter Term course (without academic penalty) Last day of regular class schedule Fall/Winter and Winter Term exam period
Feb 16-22 Feb 17 Feb 28 Mar 11 Mar 14 Apr 4 Apr 9-23 Apr 18	Winter Reading Week - no classes Louis Riel Day - University closed Access your 2024 T2202 tax form through WebAdvisor Check your Webmail / WebAdvisor for registration date/time for Spring Term Last day to withdraw from a Winter Term course (without academic penalty) Last day of regular class schedule Fall/Winter and Winter Term exam period Good Friday - University closed

- May 19 Victoria Day University closed
- May 22 Spring Term fees are due. (Refund deadlines may be prior to this date.)
- June Check your Webmail / WebAdvisor for registration date/time for 2025 / 2026

#### Ashdown Hall

English Language Program (ELP)

#### N) AnX

Balmoral Rapid Transit Hub Brandon University Psychiatric Nursing Campus Store Annabelle and Herb Mays Education Commons Professional, Applied and Continuing Education (PACE) Classrooms

#### Axworthy Community Stage

#### Axworthy Health & RecPlex

#### Bryce Hall

Canada's History Society Carl Ridd Sanctuary H. Sanford Riley Centre for Canadian History Manitoba Conservatory of Music and Arts Oral History Centre Parking Services Printing Services



#### Buhler Centre

Faculty of Business and Economics Plug In Institute of Contemporary Art Professional, Applied and Continuing Education (PACE) Stella's Café and Bakery



#### UWSA Bike Lab

#### Centennial Hall

Centre for Forest Interdisciplinary Research Centre for Research in Young People's Texts and Cultures (CRYTC) CKUW Campus Radio Station EG Hall English Language Program (ELP) Registration Office Faculty of Arts Gallery 1C03 Library Map Library Security Office / Information / Lost and Found Bevvies Technology Solutions Centre Uplink / TSC Service Desk UWSA Info Booth



#### Duckworth Centre

Athletic Therapy Clinic Bill Wedlake Fitness Centre Concessions Dr. David F. Anderson Gymnasium Gupta Faculty of Kinesiology and Applied Health Manitoba Basketball Hall of Fame Wellness Centre Klinic Health Services Student Counselling Services

#### Downtown Commons

#### UWSA Daycare

Helen Betty Osborne Building

Access Education Wii Chiiwaakanak Learning Centre

Graham Hall Faculty of Education Tutoring Centre

#### Lockhart Hall

Aboriginal Student Services Centre (ASSC) dash Café UWSA HIVE

Leatherdale Hall Tony's Canteen

Langside Learning Garden



#### Manitoba Hall Accessibility Services Deaf and Hard of Hearing Services



Menno Simons College Global College

United Centre for Theological Studies

#### Riddell Hall

Bulman Student Centre Pangea's Kitchen University of Winnipeg Students' Association (UWSA)



#### Richardson College for the Environment and Science Complex

Aabijijwan New Media Lab Elements-The Restaurant Faculty of Science Graduate Studies Institute of Urban Studies Joro Consultants Inc. Kishadigeh Collaborative Research Centre Prairie Climate Centre Sustainability Office

**Rice Centre** 

Alumni Association Aurora Family Therapy Centre Immigrant and Refugee Student Services (IRSS) International Student Services (ISS) Student Services Centre Academic and Career Services Admissions Adult Learner Services Awards and Financial Aid Campus Living Registrar's Office Student Central Student Financial Services Student Records Student Recruitment The University of Winnipeg **Community Renewal Corporation** The University of Winnipeg Foundation

#### Sparling Hall



#### Asper Centre for Theatre and Film

Wesley Hall

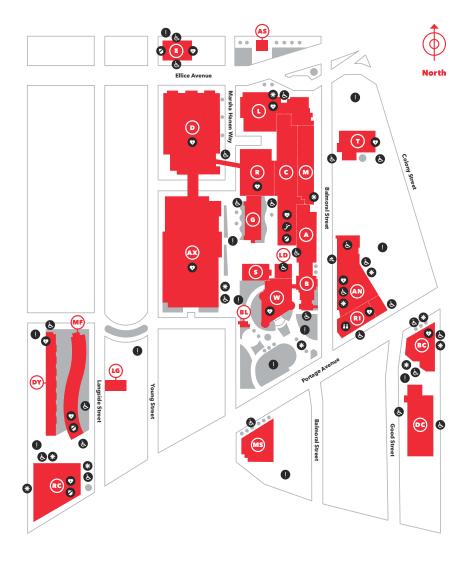
Convocation Hall Model School Muslim Prayer Space The Collegiate

#### **Satellite Locations**

Urban and Inner-City Studies (541 Selkirk Ave) Legal Help Centre (Portage Place Mall)

MF









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