



Glen Bergeron

The Clarence Atchison Award for Community Service

Glen Bergeron is committed to making a difference.

In addition to a full schedule at The University of Winnipeg as a Physical Activity and Sport Studies professor and Athletic Therapist, and an active home life, Bergeron contributes countless hours to diverse volunteer endeavours.

"I believe it is very important to have a community commitment," says Bergeron, this year's recipient of the Clarence Atchison Award for Excellence in Community Service. "Without volunteers, so much would be lacking."

Whether it's providing support and treatment at international sporting events like the Sydney Olympics, leadership at a provincial association like the Manitoba Brain Injury Association, or volunteering locally with the Boy Scouts, Bergeron lives out his philosophy of giving back to the community.

"But I get out as much as I give," points out Bergeron. "For example, working with sports organizations has given me the opportunity to be involved with my son, coaching hockey, wrestling, soccer."

As an athletic therapist, Bergeron is well versed in the treatment and care of injuries. However, he is equally interested in harm reduction and prevention. A key member of the Manitoba Brain Injury Association (MBIA) for nearly a decade, Bergeron helped establish the Annual Helmet Auction, which both raises funds for the MBIA and promotes safety.

Manitoba schools have also benefited from Bergeron's expertise. Bergeron knows that simply informing teens about the dangers of alcohol abuse isn't nearly as effective as showing them. That's why Bergeron has set up mock-crashes to drive home the point about drinking and driver safety. Keeping in mind the principle that habits developed early in life form a foundation for later health, Bergeron has also dedicated time to younger school children. He is an active participant in curriculum development for the province of Manitoba in the areas of physical and health education.

"I want to make a difference in everything I do," says Bergeron. "In my work, family, and community."

The University of Winnipeg is proud to present Dr. Glen Bergeron with the Clarence Atchison Award for Excellence in Community Service.