



THE UNIVERSITY OF WINNIPEG

For more information visit www.uwinnipeg.ca or contact a student recruitment officer at welcome@uwinnipeg.ca or 204.786.9844. In any case where The University of Winnipeg Course Calendar and this fact sheet differ, the current Calendar takes precedence.

Psychology

Psychology is the scientific study of the mind, human experience, and behaviour, ranging from the basic mechanisms of the nervous system to principles governing social relations.

Psychology seeks to understand scientifically such diverse topics as aggression, attachment between infants and caregivers, reading, psychological disorders, romantic relationships, and effective behaviour in organizations. These and numerous other topics are examined from multiple perspectives, including: basic biological processes, early environment, impact of poverty and other stressors, social context, and culture.

Given the richness of psychology, students are encouraged to select courses from various areas that make up its core. These are physiological psychology, perception, learning, cognition, developmental psychology, personality, social psychology, and clinical psychology. Students also take courses on the methods by which psychologists try to understand human behaviour and experience, from observations and surveys to biological procedures. Outside of class, students have opportunities to participate in psychological research, and to work with Psychology faculty on specific research projects. Students emerge with a sound understanding of the richness and complexity of human beings, and with an appreciation of how they can be understood scientifically.

Our program leads to a **Bachelor of Arts degree (3-year, or 4-year Honours)**. The 4-year Honours degree is recommended for anyone planning graduate studies in the field.

PERSONAL AND PROFESSIONAL BENEFITS

The study of psychology has many benefits, both personal and professional. At a personal level, students learn more about themselves and other people, how science helps to separate fact from fiction about human psychology (e.g., the myth that people only use 10% of their brains), and critical thinking skills relevant to many contemporary issues (e.g., global warming, early childhood education). Courses also provide much specific information relevant to being students, partners, parents, and other important personal roles in life.

Professional benefits are similarly diverse. Although not designed to provide preparation for specific careers, other than the practice of psychology following further graduate study, undergraduate psychology programs contain content that is fundamental to numerous occupations, as many work settings value knowledge of human motivation, perception, learning, social behaviour, and data analysis. Psychology courses are often part of training programs or are prerequisites for degrees in areas such as nursing or medicine, education, speech pathology, law enforcement, social services, business, and public administration.

SAMPLE COURSES

Introductory Psychology provides an overview of the scientific analysis of behaviour and mental activity from biological, social, and personal perspectives. The course surveys diverse psychological topics, including perception, learning, memory, intelligence, personality, developmental processes, and abnormal behaviour.

Social Psychology I is a second-year course that explores the behaviour and cognition of the individual in social contexts. Topics include social perception and impression formation, attitudes, beliefs and values, prejudice and discrimination, and the formation and function of the social self.

Perception I is a second-year course that examines how the senses gather information about the physical world and how our minds make sense of that information. Topics include the nativist-empiricist conflict, psychophysics, perceptual constancy, and the perception of movement and depth.

Biological Considerations in Clinical Psychology is an Honours course that deals with the biological bases of several psychological disorders. In the course, students also discuss and compare various psychotherapeutic and pharmacological treatments. Topics include such disorders as anorexia nervosa, alcoholism, mania, depression, phobias, obsessive-compulsive disorder, schizophrenia, Parkinsonism, and Alzheimer's disease.

MORE SAMPLE COURSES

Abnormal Behaviour in Adults, Cognitive Processes, Developmental Psychology, Drugs and Behaviour, Attention and Memory, Personality, Physiological Psychology, Culture and Psychology, Psycholinguistics

WHAT OUR STUDENTS SAY

"The relationship we have with our professors is an invaluable asset to us. To be able to interact directly with them, and with so much accessibility allows us to not only to maximize our undergraduate experience, but also to prepare us for graduate school, our careers and life in general." - *Kris Merrells (BAH Student)*

"The smaller size of the Psychology Department at the U of W facilitates building relationships with not only your professors, but with others in the department as well. The amount of support I have received throughout my studies here is wonderful. My professors have invested their time and resources in me and allowed me to take on ambitious pursuits, encouraging me along the way. Because of the opportunities I have received through my studies in Psychology, I am confident I will be a successful grad school applicant. When it comes to an undergraduate degree in Psychology, U of W is the place to be in Manitoba." - *Harrison Oakes (BAH Student)*

"The Psychology department at The University of Winnipeg is unlike any other. You get to know your professors and fellow students, and you really feel like part of a community." - *David Willoughby (BAH '10 Psychology)*

"...the Psychology department maintains an atmosphere of warmth and camaraderie. The Psychology Students' Association (PSA) is an easy way to get involved with goings on in the department and make new friends! Come by our lounge (4L17) anytime — it's always buzzing with happy faces! - *Ivanna Lukie (BAH '11 Psychology)*

PSYCHOLOGY STUDENTS' ASSOCIATION

Psychology has an active and large students' association. Every year the Psychology Students' Association (PSA) holds a membership drive, and students can join for a nominal fee. The PSA provides a meeting place (4L17), study space, a research library, and a spot to find free tutors. The PSA also organizes talks and other events of interest to students, providing opportunities for students and faculty to interact.

SAMPLE FIRST YEAR

PSYC-1000(6) Introductory Psychology plus **24 credit hours of Electives** selected because they either are required for obtaining a Degree (e.g., RHET-1102(3) Academic Writing: Social Sciences or any other section of Academic Writing (if required)) or are entry level courses in areas of student interest (many departments have an introductory course as a prerequisite to upper level courses). Possible areas of study include: Social Sciences (e.g. Anthropology, Politics, Sociology), Natural Sciences (e.g. Biology, Chemistry), and Humanities (e.g. English, History, Philosophy).

*NOTE: This sample first year is only representative of courses students **might** take. For many of our programs, students may choose another set of courses and still be well on their way to a degree. Also, for most programs students do not have to take 30 credit hours (five full courses) in first year.*

REQUIRED HIGH SCHOOL COURSES

Students must meet The University of Winnipeg's general admission requirements. No specific courses are required for registration in Introductory Psychology.

HOW TO APPLY – Domestic Student

Apply online at uwinnipeg.ca or pick up an Application for Admission from your high school counsellor's office or the Admissions Office at The University of Winnipeg. To meet Scholarship deadline submit your application and \$80 application fee by **March 1st**.

HOW TO APPLY – International Student

Apply online at uwinnipeg.ca/index/intl-apply and submit all official documents by mail. To meet Scholarship deadline submit application, fee, and documents by **March 1st**. International application fee is \$100, which includes a one-time courier fee.

CONTACT US

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<http://www.uwinnipeg.ca/index/psychology-index>



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