



THE UNIVERSITY OF WINNIPEG

KEEP YOUR BODY ACTIVE WITH GROUP FITNESS CLASSES!

January 4th - April 23rd, 2010

Duckworth Centre - Auxiliary Gym

Class Schedule (CLASSES ALTERNATE WEEKLY)

MON	TUES	WED	THURS	FRI
12:30-1:15	12:05-12:50	12:30-1:15	12:05-12:50	12:30-1:15
CARDIO INTERVAL (HI/LO)	ZUMBA	CORE TRAINING	HI/LO STEP INTERVAL	BODY SCULPT
HI/LO STEP INTERVAL	NEW! CORE FUSION	LOW IMPACT	BODY SCULPT	CARDIO INTERVAL (STEP)

(SCHEDULE IS SUBJECT TO CHANGE WITHOUT NOTICE)

Cost

Term Pass...\$130.00
Student Term Pass...\$99.00
12 Class Pass...\$75.00
Drop In...\$10.00

Registration

Customer Service Desk in the
Duckworth Centre

Information

Call 786-9349 or email
duckworth@uwinnipeg.ca

For a list of Class Descriptions visit
Duckworth Centre Customer Service or

www.wesmen.ca