

MASTER OF MARRIAGE AND FAMILY THERAPY (MFT)

May 2024

Program Director: Associate Professor N. Taniguchi; **Practicum Coordinator:** Instructor C. Heaman-Warne
Faculty: Assistant Professor C. Lin, Instructor C. Martin

The Master of Marriage and Family Therapy (MMFT) program is designed for people who want a quality professional education in this field. School counselors, social workers, pastoral workers and other helping professionals may use this training to develop a specialty in relationship therapy, and mature persons with an unrelated undergraduate degree and work experience may choose this program as a vehicle for career change. The MMFT is a clinical (non-thesis) degree. Students complete the majority of their supervised clinical practice at Aurora Family Therapy Centre, located on the University of Winnipeg campus. Most students are part-time and complete the Master's degree requirements in 6 years. Full-time students complete the requirements in 3 years. The MMFT program is provisionally accredited by CAMFT (Canadian Association for Marriage and Family Therapy).

For more information, please visit our website: www.uwinnipeg.ca/marriage-family-therapy

REQUIREMENTS FOR THE MMFT DEGREE

The successful degree candidate completes 39 credit hours of theory courses and 24 credit hours of clinical training under supervision. It is important to note that there are only 4 elective hours in the Master's Program. The complete requirements by area are:

Area I: Theoretical Foundations. Students take 6 credit hours: GMFT-7551(2) Graduate Seminar in Marriage & Family Therapy Theory, and GMFT-7552(4) Survey of Family Therapy Theories.

Area II: Clinical Practice. Students take 24 credit hours. These must include GMFT-7553(3) Couple Therapy, GMFT-7554(3) Self in the Family Laboratory, GMFT-7555(3) Children and Adolescents in Family Therapy, GMFT-7560(3) Issues of Diversity in Family Therapy, GMFT-7566(1) Psychopathology and Therapeutics, GMFT-7565(1) Spirituality and Family Therapy, GMFT-7571(2) Abuse in the Family - Theory, GMFT-7577(1) Treating Relational Trauma and GMFT-7575(3) Family Therapy Plans and Interventions. The remaining 4 credit hours are electives.

Area III: Human Development and Family Studies

Students take 3 credit hours: GMFT-7569(3) Health, Aging and Work of Adulthood.

Area IV: Professional Identity and Ethics. Students take 3 credit hours: GMFT-7572(3) Marriage and Family Therapy as a Profession.

Area V: Research. Students take 3 credit hours: GMFT-7574(3) Family Therapy Research Methods.

Area VI: Supervised Clinical Training. Students take 24 credit hours: GMFT-7581/7591(6), GMFT-7582/7592(6), GMFT-7583/7593(6) and GMFT-7584/7594(6) Supervised Marriage and Family Therapy.

The Certificate Phase - Not applicable to students enrolled in fall 2019 or later

Two Certificates are sequentially offered: A Theory Certificate and a Therapy Certificate. Courses taken for the Certificate are creditable to the Masters.

The Core Courses

All students complete the following core courses: GMFT-7552(4 credits) Survey of Family Therapy Theories, GMFT-7553(3) Couple Therapy and GMFT-7574(3) Family Therapy Research Methods. Collectively, these courses count for 10 credit hours.

The Theory Certificate: In addition to 10 core credit hours, the successful student completes 14 credit hours from the Clinical Practice area (Area II), excluding GMFT-7566(1), GMFT-7577(1), and GMFT-7564(1) (if the topic is Working with Families and Serious Mental Illness), for a total of 24 credit hours. Those who wish to continue are advised to choose the required courses for the Therapy Certificate as the electives in the Theory Certificate.

The Therapy Certificate: In addition to 10 core credit hours, the successful student completes: GMFT-7554(3) Self in the Family Laboratory, GMFT-7560(3) Issues of Diversity in Family Therapy, GMFT-7575(3) Family Therapy Plans and Interventions, GMFT-7571(2) Abuse in the Family: Theory GMFT-7581(6) Supervised Marriage and Family Therapy, and 3 elective credit hours from the Clinical Practice area (Area II) for a total of 30 credit hours. Students are advised to complete the required courses before applying for GMFT-7581/7591(6) Supervised Marriage and Family Therapy. Those who wish to continue on to the Master's Degree phase are advised to choose the required courses for the Master's Degree as electives in the Therapy Certificate.